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COVER PHOTO: GRACE BROWN OAM – VIS AWARD OF EXCELLENCE WINNER 2024



VIS MOTTO
 "Success in Sport and Life"



ACKNOWLEDGEMENT OF COUNTRY

The Victorian Institute of Sport acknowledges the Traditional Custodians of the land we live and work on, the people of the Kulin Nation and recognise their continuing connection to this land and waterways.

We pay our respects to their Elders, past and present and extend this to all Aboriginal and Torres Strait Islander People.

PHOTO: DAVNA CREES

ABOUT VIS

BOARD OF DIRECTORS

BOARD MEMBERS	PROFILE	START DATE ON VIS BOARD
 Nataly Matijevec Chair (until March 2025)	Nataly has extensive expertise in government, politics, communications and stakeholder engagement across a range of sectors including sport, large scale infrastructure and major events. She was previously the senior adviser in the Office of the Minister for the Melbourne 2006 Commonwealth Games and Chief of Staff to the Minister for Planning. She is a Board Member of the Royal Melbourne Showgrounds Redevelopment Joint Venture.	2016
 Dr Lauren Burns OAM Interim Chair (from May 2025)	Lauren is a past VIS Scholarship holder and won Australia's first Olympic gold medal for Taekwondo at the Sydney 2000 Games. She completed her PhD on athlete lifestyle and mindset where her work won both the Vice Chancellor's Prize and the Deputy Vice Chancellor's Prize for Research Impact. Lauren is the Wellbeing and Engagement Manager at CombataUS and an Adjunct Fellow at Southern Cross University. In 2025, Lauren joined the Board as the Interim Chair.	2025
 Tina De Young	Tina brings considerable corporate advisory experience within a range of sectors including health, resources, infrastructure & agriculture. Her previous role was Associate Director at Grant Samuel and she is currently a Director at the Richmond Football Club, a member of the Finance Audit & Risk Committee and a Consultant to the Bendigo and Adelaide Bank. Tina is also the Chair of the VIS Finance Committee.	2016
 Prof. David Bishop	David is a Professor of Exercise Physiology and Research Leader (Sport) and Professorial Research Fellow at the Institute of Health & Sport, Victoria University, with a research focus on exercise as mitochondrial medicine and human performance. He is also an Adjunct Professor, School of Medical and Health Sciences, Edith Cowan University, a Research Fellow at the Institute of Advanced Studies, Loughborough University and Special Visiting Professor at the Universidade Federal de Pernambuco. David is also the Chair of the VIS Performance Committee.	2019
 Shelley Ware	Shelley is a proud Yankanjatjara and Wirangu woman from Adelaide, South Australia, an Australian Aboriginal media and TV personality, corporate speaker and educator. Shelley has 25 years of experience as a teacher and is an Educational Consultant, highlighting the history and culture of First Nations people. She is passionate about espousing her personal journey, perspectives on females in sports, Aboriginal issues and childhood education.	2019
 Greg Lee	Greg brings to the Board the skills and experience gained from being involved in a large range of businesses and organisations at senior management and board level. His experience encompasses tertiary education, professional recruitment & labour hire, advertising & marketing, elite sport, disadvantaged youth programs, and disruptive technology. Greg is a Fellow of the Australian Institute of Company Directors and currently holds board positions with the Judicial College of Victoria and Headstart Capital.	2020
 Nicole Pratt (Until June 2025)	Nicole is a former professional tennis player who was Australia's No. 1 ranked female player in January 2001. Nicole made the Australian Olympic team in 2000 and 2004 and was a professional player on the WTA tour for 19 years. Nicole is currently the Women's Coach Lead and National Teams Coach at Tennis Australia. She was a Player Council representative from 2000-2008 and WTA Board Director Player Representative from 2008-2012.	2021
 Julie Ryan	Julie holds a Bachelor of Applied Science (Coaching and Sport Administration) and a Diploma in Business (Governance). She holds roles in Football (Soccer), including governance, coaching and coach educator. Julie was previously the goalkeeper coach for the VIS tier 2 women's soccer program, a founding director for women's football advocacy group Women Onside and president of LGBTIQ+ group Proud 2 Play.	2022
 Azmeena Hussain OAM	Azmeena Hussain OAM is a Principal Lawyer at Maurice Blackburn Lawyers and Chairperson of the Islamic Museum of Australia. She has extensive experience in workplace law and has a particular interest in the power of sport and social impact. In addition, she is Deputy Chair of the SBS Advisory Committee and was previously a non-Executive Director of Football Victoria.	2022
 Mark Coughlin (from May 2025)	Mark Coughlin has over 35 years' experience as an executive and strategic advisor to utility and infrastructure businesses in Australia and internationally. His experience includes commercial management, CFO, general management and CEO roles in large Australian utility corporations. He is currently Managing Director and Founder of his Energy Transition advisory firm, and he has also sat on the VIS Finance Committee as an independent member since 2015.	2025
 Veronica Clark (Board Observership Program)	Veronica is an effective, outcomes focused in-house lawyer and business operator, with experience in professional services, health and energy sectors. She is currently Special Counsel at Energy Australia and an Associate Director Legal at Novotech. She has broad experience advising on corporate, commercial and dispute matters. Veronica is an affiliated member of the Governance Institution of Australia, with a keen interest in governance. In 2024, Veronica was the VIS Board Observer through the Observership Program and she has now been extended as an Observer through 2025.	2024
COMMITTEE MEMBERS		
 Tim Matthews OAM (Independent Member – Performance Committee)	Tim Matthews is a past VIS scholarship holder and an Australian athlete who competed at three Paralympic Games between 1996-2004. He won three Paralympic gold medals in the 4x100m T42-46 and 4x400m T46 relays, and two bronze medals in the Men's 100m and 200m T46 athletics events. He received an Order of Australia medal for his achievements following the 1996 Atlanta Olympics. He currently holds the role of Senior Performance & Talent Advisor at Paralympics Australia and sits on the VIS Performance Committee as an independent member.	2020
 Dr Machar Reid (Independent Member – Performance Committee)	Dr Machar Reid is currently the Director of Innovation at Tennis Australia and previously served as the Innovation Catalyst, the High Performance Manager and the Sport Science & Medicine Manager at Tennis Australia. His interests lie in sports technology, science, health, media and innovation that challenges the status quo. He is currently an Adjunct Professor at Victoria University, an Associate Professor at the University of Western Australia and a General Partner at Wildcard Ventures. He has sat as an independent member on the VIS Performance Committee since 2023.	2023

2024/2025

MINISTER'S MESSAGE



STEVE DIMOPOULOS MP
Minister for Tourism, Sport and Major Events

It's been another exciting 12 months for the Victorian Institute of Sport with our state's best athletes representing Victoria with pride on the world stage, excelling across all sports.

We witnessed some inspirational performances at last year's Paris 2024 Olympic and Paralympic Games which saw VIS athletes win 23 medals across both Games.

Four-time Paralympian, Qian Yang OAM, won table tennis gold in the W510 singles and the doubles, with partner Lina Lei OAM.

The golden performance from VIS athletes continued in cycling with Kelland O'Brien OAM winning Olympic gold on the track and Emily Petricola OAM winning Para-cycling gold and claiming a world record in the Individual Pursuit along the way.

VIS athletes also won medals in athletics, basketball, boxing, shooting, rowing, swimming and wheelchair rugby.

For others, Paris was a goodbye to the global sporting stage. Opals captain Tess Madgen, who led the team to a bronze medal, announced her retirement. As did Grace Brown OAM, after winning the women's Olympic Individual Time Trial event.

Paris is now a wonderful memory, and the VIS is already humming again with the ambition, drive and effort required for a long march to LA in 2028.

The VIS is also working with our partners in the Australian Sport Commission and Paralympics Australia (PA) to create even more pathways for Victorians with disability to realise their potential on the elite sporting stage, with the VIS currently supporting approximately 76 Para athletes with scholarships.

Led by Paralympian and former VIS scholarship holder Jack Swift, the Para Sport Unit will help us excel as Australian leaders in supporting Paralympic athletes, aligning perfectly with the National 2032+ Win Well Strategy.

To ensure these amazing achievements continue, more Victorians have their chance to shine on the world stage and to support

the recent expansion of VIS programs and services, the Victorian Government is providing \$58.2 million to support the VIS over four years (2024-28).

I would also like to thank Nataly Matijevec on her eight years of incredible service during her tenure both as a board member and Chair of the VIS and wish her the best of luck for the future. I look forward to working with incoming Chair, Olympic gold medallist Dr Lauren Burns OAM and the entire VIS team to continue the organisation's proud legacy of supporting Victoria's elite athletes.

We're backing our athletes to reach their potential. Thank you to all the VIS athletes and support staff for your continued commitment to success, improvement and professionalism. I look forward to the next 12 months ahead as you all continue to inspire greatness and make history.

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PARA ATHLETES ON SCHOLARSHIPS

L-R: LINA LEI OAM, MELISSA TAPPER, NICOLE LIVINGSTONE AO, CAMERON MURRAY, STEVE DIMOPOULOS MP, COL PEARSE, NINA TAYLOR MP, AHMED KELLY, JACK SWIFT
FRONT: ISABEL MARTIN



CREDIT: JEFF CROW

CHAIR & CEO REPORT



DR LAUREN BURNS OAM
Interim Chair



NICOLE LIVINGSTONE AO
Chief Executive Officer

The 2024–25 year has been one of extraordinary pride, achievement, and momentum for the Victorian Institute of Sport (VIS). It was a year where the impact of our work was felt on the world stage, most notably through the 122 VIS-supported athletes who represented Australia at the Paris Olympic and Paralympic Games. 31 VIS staff supported the Australian team across both Games, which saw VIS athletes bring home 23 medals. These achievements have renewed our ambitions for the Los Angeles 2028 Games and beyond.

Across both Games, our athletes delivered inspiring performances. We celebrated five gold, four silver, and 14 bronze medals, with another 23 athletes finishing between fourth and eighth place. Perhaps equally inspiring were the 54 athletes who made their Olympic or Paralympic debuts, showcasing the emerging generation of talent we are proud to support on the runway to the Brisbane 2032 Games.

Beyond the Games, our athletes continued to shine on the world stage. We saw 13 World Championship podium results, including three athletes winning four world titles. An additional 37 athletes delivered top-eight performances. Throughout the year, the VIS supported 492 athletes across 47 sport disciplines, and we saw the increased presence of VIS staff on national teams at pinnacle events.

We look ahead with excitement to the 2026 Milano-Cortina Winter Games on the horizon. Our winter athletes are already delivering standout results. Some notable achievements include Scotty James securing a Snowboarding Halfpipe World Championship title, Laura Peel earning her third Crystal Globe Title, and Dean Hewitt and partner Tahlil Gill's World Championship

bronze medal, an Australian first in curling. These milestones set the tone for what promises to be an exciting start to 2026.

As we reached the conclusion of our 2021–2024 Strategic Plan, we turn our focus towards the future, with the development of a bold eight-year strategy (2025–2032) that will not only target the Brisbane 2032 Olympic and Paralympic Games but capture the legacy that follows. We were proud to align strongly with national priorities through our ongoing engagement with the HP2032+ strategy, including signing new the "Win Well" public pledge wall at the Australian Institute of Sport (AIS) in Canberra.

In a year of powerful leadership moments, we were proud to appoint, Rebekah Webster as our new Director, High Performance, the first woman to hold this position in our history. We also welcomed Jamie McPherson, a proud Wadawurrung man, as our inaugural Connection to Country Officer, a vital role that will help embed cultural knowledge and First Nations perspectives across our organisation. We launched the inaugural VIS Athlete Advisory, giving eight selected athletes a voice in shaping the VIS experience and appointed three outstanding athlete mentors - Melissa Tapper, Anabelle Smith and Carol Cooke

AM - to provide guidance, perspective and lived experience to our scholarship holders.

The strength of our community and the pride in Victoria's athletes was on full display at the 2024 VIS Open Day, where around 1500 attendees had the opportunity to meet their VIS heroes and take photos with their Olympic and Paralympic medals. Participants could try their hand at a range of sports and learn about the science and strategy behind elite preparation, from nutrition and physiology to strength and conditioning. We were proud to welcome 29 sport partners, including a strong presence from State Sporting Organisations. We were especially honoured to host Minister Dimopoulos, who witnessed first-hand the energy and inspiration that defined the day.

We continued the celebrations of our incredible athletes at the 2024 Award of Excellence. The pinnacle award of the night was presented to Grace Brown OAM, recognising her outstanding achievements as a gold medal Olympian and World Champion. The evening also acknowledged the remarkable success of Paralympic gold medallists Qian Yang OAM and Emily Petricola OAM jointly took out the Para Athlete Award.



PHOTO (L TO R): CATHRYN PRUSCINO, BELINDA KLEVERLAAN, GREG LEE, TINA DE YOUNG, NATALY MATIJEVIC, JULIE RYAN, SIMON GARDAM, NICOLE LIVINGSTONE AO

A major milestone for the VIS was the launch of the VIS Para Sport Unit in March, marking a bold step forward in uncovering and developing a new generation of Paralympic athletes in Victoria. Backed by strong partnerships with the AIS and PA, the Para Sport Unit will work with National Sporting Organisations to identify potential pathway athletes and support their transition into sport.

We continued to place a focus on projects and made significant strides in data and systems innovation, with new insights developed to better track and support athlete progression across disciplines. Our performance support continues to be underpinned by ongoing research and innovation projects as part of the VIS's status as an International Olympic Committee (IOC) Research Centre.

Our governance, risk, and operations systems were strengthened, with the creation and adoption of a Critical Incident Management Plan, and comprehensive reviews of key risk areas across governance, IT, and health and safety. We continued to invest in professional development, offering cultural awareness training, bystander training, and CPR and first aid certification. We proudly launched our inaugural VIS Climate Action Plan established by our Sustainability Squad and championed by Sylvie Withers, marking a new chapter in our environmental and social responsibility as a sport leader.

Our dedicated VIS Board Chair Nataly Matijevic stepped down from her role in March, concluding eight years of significant leadership and strategic contributions to the organisation. During her time at the VIS, she supported the 2021 State Budget outcome of increased funding, the development of a new strategic plan, values and mission and guided the VIS through the challenges of the COVID-19 pandemic. The VIS Board, athletes and staff

extend our thanks to Ms. Matijevic for her service and dedication to Victorian sport and wish her continued success in the future.

From a governance perspective, the organisation experienced a period of positive transition. During the year, the Board supported the successful recruitment and induction of the new CEO, ensuring a smooth handover and continued momentum in delivering on our strategic priorities. We were also pleased to welcome Dr Lauren Burns OAM as our interim Chair, a former VIS athlete and Olympic gold medallist whose lived experience, and doctoral research in high performance brings valuable insight to our leadership. We also welcomed Mark Coughlin as a new Director and were delighted to extend Board Observer Veronica Clark for a further 12 months. In June we farewelled Director Nicole Pratt after four years on the VIS Board and Performance Committee. We thank her for her expertise and insightful contributions. Meanwhile, the focus on strengthening partnerships continued, with ongoing work to finalise sport agreements for the upcoming four-year cycle.

This year also brought significant leadership transitions across the organisation. We marked several heartfelt farewells. Sylvie Withers departed after 18 years, having progressed from trainee to Research and Innovation Manager, and Nerissa Byrne concluded her remarkable 20-year contribution, having supported generations of athletes through her work. We also farewelled Dave Crosbee, who led the high performance program with dedication and insight for over a decade.

Our most significant farewell was to Anne Marie Harrison, who retired after 18 years as CEO. Anne Marie led the VIS through multiple eras with a steadfast commitment to an

athlete-first philosophy and a lasting focus on success in sport and life. Her legacy is deeply embedded in the culture and values of the VIS, and we thank her for her extraordinary service.

In November, we were proud to welcome our new CEO, Nicole Livingstone AO, a former VIS athlete, multiple Olympic medallist, and highly respected sports administrator. Nicole brings a deep understanding of high performance sport and a clear vision for the future of the VIS.

As we begin the LA 2028 cycle and edge closer to Brisbane 2032, we are more focused than ever on ensuring that our VIS athletes have the tools, support and environment they need to succeed, on the big stage and beyond.

Appreciation is expressed to our National and State Sporting Organisation partners, together with the Australian Olympic Committee (AOC), Commonwealth Games Australia (CGA), PA, AIS and State and Territory Institute colleagues. We thank and acknowledge the Department of Education, School Sport Victoria, the Carbine Club, 2XU, Open Universities Australia, and Maribyrnong Sports Academy along with the Victorian Regional Academies of Sport (VRAS). Our thanks to all these organisations and their staff for their interest and commitment to our athletes and programs. To the Board and independent members of our committees, we express our gratitude for your continued counsel and guidance to ensure we are an organisation that puts our athletes at the heart of our decision, along with our staff who support them. Finally, we thank the Victorian Government and Minister for Tourism, Sport and Major Events, Steve Dimopoulos MP, who is an engaged and enthusiastic supporter of the VIS, along with the ongoing guidance from Sport and Recreation Victoria within the Department of Jobs, Skills, Industry and Regions.

LEFT PHOTO (L TO R): VIS CEO NICOLE LIVINGSTONE AO AND CHAIR NATALY MATIJEVIC
RIGHT PHOTO (L TO R): VIS CEO NICOLE LIVINGSTONE AO AND VIS SWIMMER COL PEARSE



ABOUT VIS WHO WE ARE

The Victorian Institute of Sport is funded by the Victorian State Government and is responsible for enabling Victoria's best athletes to thrive and deliver their best results at benchmark events, such as Olympics, Paralympics and Commonwealth Games.

The VIS is unlike any other organisation in high performance sport in Victoria, focused on our mission of delivering outstanding holistic support that enables sports and athletes to excel in both sport and life. The VIS also provides inspiration for Victorians to be fit and well in their own lives, using our athletes as their inspiration and motivation.

Our proven ability to develop some of Australia's most talented athletes is exemplified in our 35-year history of producing 37 Olympic champions, 42 Paralympic champions, 121 Commonwealth champions and 107 World Champions at the senior level.

The organisation is made up of over 115 employees who form an unrivalled network of expertise across coaching, physical preparation, sport science, medicine, psychology, nutrition and career and education, delivering support and solutions to over 400 athletes across 45 sports.

31 VIS performance services staff were selected to the Australian Olympic and Paralympic Teams for Paris 2024.

Based within a refurbished 146-year-old red-brick grandstand in Lakeside Stadium in Melbourne's Albert Park, the VIS is an internationally recognised Olympic & Paralympic training facility that houses state-of-the-art equipment and innovative, world-leading technology for Victoria's best athletes to thrive on the world stage.

SCHOLARSHIP PROGRAMS

Tier 1 Scholarship Program

Athletes with scholarships compete in sports that have a Tier 1 sports program with the VIS. AIS sport categorisation guides the VIS Tier 1 sports selection, based on the identified role of the VIS within the National Sporting Organisation (NSO) plan. Tier 1 sports during the 2024-25 period include: aerial skiing, archery, athletics, combat, cycling, diving, hockey, netball, sailing, shooting, swimming, triathlon and wheelchair basketball. Tier 1 sports programs have tri-partisan agreements with the National and State sporting organisations and are coordinated by a Head Coach or Program Manager.

Individual Scholarship Program

Individual scholarships are offered annually to athletes from sports who compete in the Olympic, Paralympic, and Commonwealth Games. The National Athlete Categorisation Framework (NACF) identifies athletes who are eligible for Individual VIS Scholarships covering Emerging through to Podium.

Future Talent Scholarship Program

Future Talent scholarships are for talented athletes who show outstanding potential for future success but are not yet eligible for a full VIS scholarship due to their age or selection criteria restrictions; once identified, they are provided with VIS support services to "fast-track" their development. The Future Talent scholarship program is supported by the Carbine Club.

The VIS acknowledges the Australian Olympic and Paralympic Committees for their endorsement of the VIS as an Olympic and Paralympic Training Centre.

VIS STRATEGIC PLAN

DEFINITION OF SUCCESS

The aspirations of the VIS are consistent with the National High Performance Sports Strategy (NHPSS).

Podium Success

- ✓ All our athletes and staff strive to be world's best in sport and are supported in their journey
- ✓ Victorian athletes' representation and performance progressively increases at each major Games
- ✓ Victorian athletes are well-positioned to contribute to Australia's 2032 Olympic and Paralympic ambitions

World Leading Systems

- ✓ We lead, influence and collaborate to drive high performance sport
- ✓ We are the experts in talent development
- ✓ Sport daily training environments optimise athlete talent

Pride and Inspiration

- ✓ Our community engagement contributes to "Get Active Victoria"
- ✓ Our athletes are a positive influence on the Victorian community

VIS MOTTO

Success in Sport and Life.

VISION

Victorians are proud and inspired by our national and international sporting success.

MISSION

To provide leadership that enables talented Victorian athletes to excel in sport and life.

STRATEGIC PRIORITIES

- ✓ Drive high performance outcomes with sports
- ✓ Stay ahead of the game
- ✓ Tell our story

VALUES



We lead by example and strive to be ahead of the game



We bring energy and excitement to everything we do



We work on small things each day which allow us to reach our goals



We are relentless in facing challenges head on



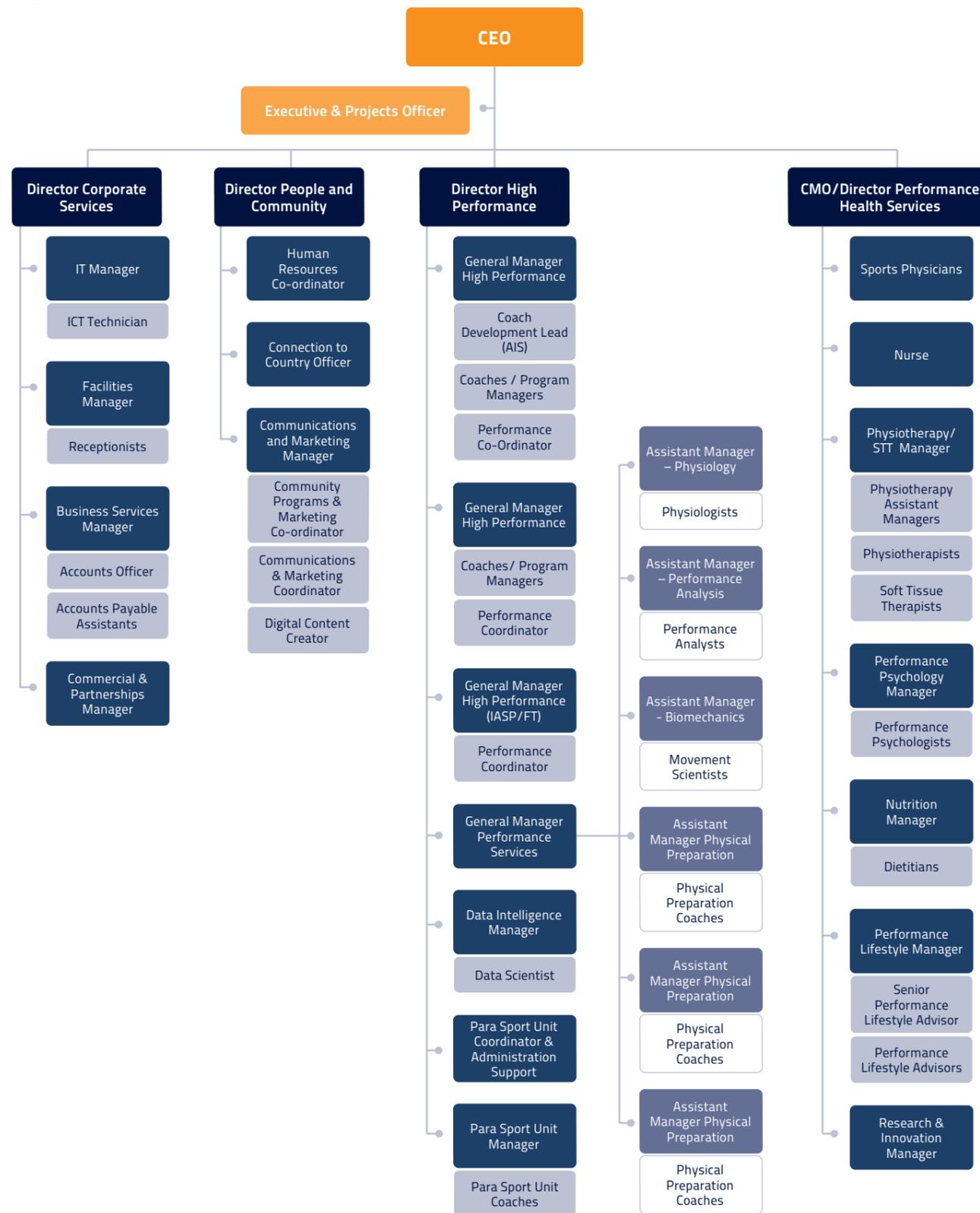
We see the potential in everyone and support each other to collectively do amazing things



We strive for greatness and celebrate success

PHOTO CREDITS: GETTY IMAGES AND MARK DADSWELL PHOTOGRAPHY

ABOUT VIS ORGANISATIONAL CHART



FIRST NATIONS



PHOTO: JAMIE MCPHERSON

The appointment of Jamie McPherson as Our Connection to Country officer, through the Win Well 2032+ Connection to Country Action Plan, has provided the opportunity for staff and athletes to participate in First Nations events. The role is believed to be the first of its kind in the world of high performance sport.

Our strategic plan is being delivered in conjunction with the Win Well 2032+ Connection to Country Action Plan and involves increasing First Nations representation at the VIS, creating meaningful engagements with tangible outcomes and celebrating First Nations culture in our ways of knowing, being, and doing.

An event of significance was the inaugural reconciliation week yarning circle that brought together key representatives from both First Nations and sporting organisations. The event was an intimate, open and free-flowing discussion about reconciliation and how the theme of 'Bridging Now to Next' resonates with the people in the circle and the roles they play in their communities and is guiding the VIS on future endeavours.

The VIS is currently undertaking research in collaboration with the University of Melbourne, looking at First Nations pathways into high performance coaching and reinforces our commitment to being leaders in this space.

Currently, the VIS has four First Nations athletes who continue to excel, and we are very proud of their achievements and are looking forward to what the future holds for them.



ARTWORK: KATIE BUGDEN ART, KAMILAROI WOMAN

MEET THE MEMBERS OF THE FIRST VIS ATHLETE ADVISORY

In May 2025, the inaugural members of the Victorian Institute of Sport's Athlete Advisory (VAA) were announced, comprising Olympic, Paralympic, and Commonwealth Games athletes.

Eight VIS athletes will play a crucial role in representing the interests and perspectives of VIS athletes, helping to further cultivate an athlete-centric environment within high performance sport in Victoria.

The advisory members demonstrate the uniqueness of the VIS athlete cohort, representing sports across the Summer and Winter Games, individual and team sports.

The group comprises four females and four males, representing athletes at various stages of their careers, ranging from the youngest member, Ben Ross (canoe), to eight-time Paralympian Danni Di Toro (Para-table tennis).

Four-time Olympian and Commonwealth Games Champion Anabelle Smith (diving) has called VIS home for over 15 years before announcing her retirement at the end of last year. She will now use her experiences to build a strong future for the athletes as Chair of the Advisory.

The group includes dual Paralympian Alexandra Viney (Para-rowing), two-time Olympian and Paris bronze medallist Caitlin Parker (boxing), Commonwealth Games Champion Johan Durst (hockey), World Championship bronze medallist Dean Hewitt (curling) and Paris bronze medallist Rhydian Cowley (athletics – race walking).

VIS CEO Nicole Livingstone AO is incredibly passionate about the creation of the VAA and, since day one, has emphasised the importance of hearing from our athletes on how we shape the future of the VIS.

Selection of members for the VAA was a difficult process due to the quality of applications, which speaks to the incredible breadth and depth of talent amongst the VIS athletes. The successful candidates all have a strong motivation to apply their experience, knowledge and input to ensure that VIS athletes are heard.

The uniting factor for the members of the VAA is their genuine interest in the VIS and their passion for shaping the future of the institute and the broader high performance sport environment.

The VAA will meet twice a year, with additional meetings convened as necessary.

VIS ATHLETE ADVISORY MEMBERS



ANABELLE SMITH
- CHAIR
Diving



RHYDIAN COWLEY
Athletics, Race walking



DANNI DI TORO
Para-table tennis



JOHAN DURST
Hockey



DEAN HEWITT
Curling



CAITLIN PARKER
Boxing



BEN ROSS
Canoe



ALEXANDRA VINEY
Para-rowing

ATHLETE RESULTS SUMMARY

PODIUM LEVEL RESULTS AT MAJOR EVENTS

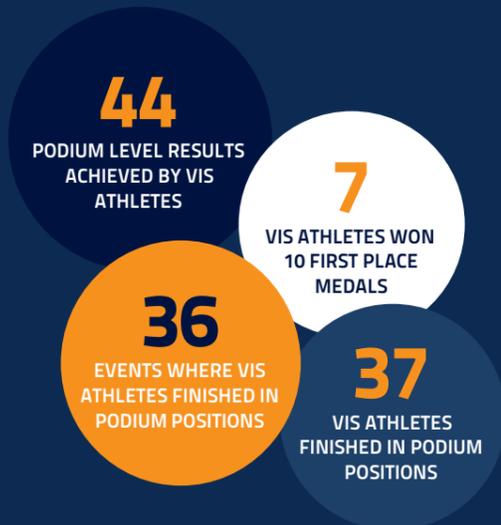


PHOTO: COL PEARSE
CREDIT: GETTY IMAGES

AUSTRALIAN MEDALS WON BY VIS ATHLETES

ATHLETE	SPORT	EVENT/DISCIPLINE	EVENT
1 Grace Brown OAM	Cycling	Road Individual time trial - Women	2024 Olympic Games
Kelland O'Brien OAM	Cycling	Team Pursuit (4km) - Men	2024 Olympic Games
Emily Petricola OAM	Para-cycling	C4 - 3km Pursuit - Women	2024 Paralympic Games
Lina Lei OAM	Para-table tennis	Doubles Class 20 - Women	2024 Paralympic Games
Qian Yang OAM	Para-table tennis	Doubles Class 20 - Women	2024 Paralympic Games
Qian Yang OAM	Para-table tennis	Singles Class 10 - Women	2024 Paralympic Games
Grace Brown OAM	Cycling	Road Individual time trial - Women	2024 UCI Road World Championships
Grace Brown OAM	Cycling	Road Team time trial - Mixed	2024 UCI Road World Championships
Ruby Roseman-Gannon	Cycling	Road Team time trial - Mixed	2024 UCI Road World Championships
Scott James	Snowboard	Snowboard Halfpipe - Men	2025 Freestyle Ski & Snowboarding World Championships

2 Austin Reinehr	Rowing	U23 Four - Men	2024 World Rowing Senior, Under 23 and Under 19 Championships
Dominic Frederico	Rowing	U23 Double Sculls - Men	2024 World Rowing Senior, Under 23 and Under 19 Championships
Lilyth Jones	Cycling	2km Individual Pursuit - Women	2024 UCI Junior Track World Championships
Claudia Hollingsworth	Athletics	800m - Women	2024 World Athletics U20 Championships
Jessica Gallagher	Para-cycling	Tandem B - 1000m Time Trial -	2024 Paralympic Games
Alistair Donohoe	Para-cycling	C5 - Time Trial - Men	2024 Paralympic Games
Ahmed Kelly	Para-swimming	150m Individual Medley SM3 - Men	2024 Paralympic Games
Col Pearse	Para-swimming	200m Individual Medley SM10 - Men	2024 Paralympic Games
Neve Bradbury	Cycling	Road Race U23 - Women	2024 UCI Road World Championships
Benjamin Wilson	Diving	Mixed 3m & 10m Team - Group A/B	2024 World Aquatics Junior Diving Championships
Jonah Mercieca	Diving	Mixed 3m & 10m Team - Group A/B	2024 World Aquatics Junior Diving Championships
Lucy Dovison	Diving	Mixed 3m & 10m Team - Group A/B	2024 World Aquatics Junior Diving Championships

3 Jemima Montag	Athletics	20km Walk - Women	2024 Olympic Games
Jemima Montag	Athletics	Marathon Walk Relay - Mixed Team	2024 Olympic Games
Rhydian Cowley	Athletics	Marathon Walk Relay - Mixed Team	2024 Olympic Games
Kristy Wallace	Basketball	Team - Women	2024 Olympic Games
Tess Madgen	Basketball	Team - Women	2024 Olympic Games
Caitlin Parker	Boxing	75kg - Women	2024 Olympic Games
Jessica Morrison	Rowing	Pair - Women	2024 Olympic Games
Penny Smith	Shooting	Trap - Women	2024 Olympic Games
Dayna Crees	Para-athletics	Javelin Throw F34 - Women	2024 Paralympic Games
Michal Burian	Para-athletics	Javelin Throw F64 - Men	2024 Paralympic Games
Reece Langdon	Para-athletics	1500m T38 - Men	2024 Paralympic Games
Alana Forster	Para-cycling	C5 - Time Trial - Women	2024 Paralympic Games
Alistair Donohoe	Para-cycling	C1-5 Team Sprint - Open	2024 Paralympic Games
Lin Ma	Para-table tennis	Singles Class 9 - Men	2024 Paralympic Games
Lina Lei OAM	Para-table tennis	Singles Class 9 - Women	2024 Paralympic Games
Ben Fawcett	Wheelchair Rugby	Team - Mixed	2024 Paralympic Games
James McQuillan	Wheelchair Rugby	Team - Mixed	2024 Paralympic Games
Shae Graham	Wheelchair Rugby	Team - Mixed	2024 Paralympic Games
Alana Forster	Para-cycling	C5 Road Race - Women	2024 UCI Para Road World Championships
Alessia McCaig	Cycling	Team Sprint - Women	2024 UCI Track World Championships
Danielle Scott	Aerial Skiing	Aerials - Women	2025 Freestyle Ski & Snowboarding World Championships
Dean Hewitt	Curling	Curling Doubles - Mixed	2025 World Mixed Doubles Curling Championship



CAMPBELL HARRISON (SPORT CLIMBING)



KELLAND O'BRIEN OAM (CYCLING), FAR RIGHT



RHYDIAN COWLEY & JEMIMA MONTAG (ATHLETICS - RACE WALKING)



(RHS) AHMED KELLY (PARA SWIMMING)



ALISTAIR DONOHOE (PARA CYCLING)



EMILY PETRICOLA OAM (PARA CYCLING)



LIN MA (PARA TABLE TENNIS)



TRISTAN CARTER (CANOE)



KRISTY WALLACE (BASKETBALL)



(L-R) LINA LEI OAM AND QIAN YANG OAM (PARA TABLE TENNIS)



JEMIMA MONTAG (ATHLETICS - RACE WALKING)

2024/2025

PARIS 2024 OLYMPIC & PARALYMPIC RESULTS

23  **TOTAL MEDALS**

5 **GOLD** **4** **SILVER** **14** **BRONZE**

122 VIS ATHLETES IN PARIS



 **37** OLYMPIANS
17 PARALYMPIANS

VIS DEBUTANTS

83 OLYMPIANS COMPETED ACROSS
39 PARALYMPIANS COMPETED ACROSS

21 SPORTS
11 SPORTS

57 MALE **65** FEMALE

17 YOUNGEST ATHLETE
66 OLDEST ATHLETE



31 VIS STAFF SUPPORTED AUSTRALIAN OLY/PLY TEAMS



AERIAL SKIING

In partnership with the Olympic Winter Institute of Australia (OWIA) and Snow Australia, the aerial skiing program aims to identify, recruit and develop athletes with an acrobatic background, into World Cup and Olympic-level aerial skiers. Athletes train and compete both domestically and internationally year-round. Training programs include ski camps at Mt Buller and water ramping at the Geoff Henke Olympic Winter Training Centre (Brisbane) and the Wandin Water Ramp Training Facility.

KEY ACHIEVEMENTS

2025 World Cup – Lake Placid, United States of America

- Danielle Scott-2nd Aerials - Women
- Reilly Flanagan-3rd Aerials Team - Mixed
- Laura Peel-3rd Aerials Team - Mixed
- Abbey Willcox-3rd Aerials Team - Mixed

2025 World Cup – Lac Beauport, Canada

- Laura Peel-1st Aerials - Women #1, 1st Aerials - Women #2
- Airleigh Frigo-3rd Aerials - Women #2

2025 World Cup – Deer Valley, United States of America

- Laura Peel-1st Aerials - Women
- Danielle Scott-2nd Aerials - Women
- Abbey Willcox-3rd Aerials - Women

2025 World Cup – Beidahu, China

- Danielle Scott-1st Aerials - Women

2025 World Cup – Almaty, Kazakhstan

- Danielle Scott-3rd Aerials - Women

2025 World Cup – Livigno, Italy

- Laura Peel-1st Aerials - Women

24/25 World Cup Series

- Laura Peel - Crystal Globe Winner

Australian Team Representation:

- Elise Coleiro
- Sidney Stephens

2025 FIS Freestyle Ski World Championships - Engadin, Switzerland

- Danielle Scott-3rd Aerials - Women, 4th Aerials Team - Mixed
- Reilly Flanagan-4th Aerials Team - Mixed
- Laura Peel-4th Aerials Team - Mixed, 7th Aerials - Women
- Airleigh Frigo-8th Aerials - Women

Australian Team Representation:

- Abbey Willcox

PROGRAM STAFF

Hannah Kennedy
Sport Performance Manager - OWIA/VIS

Dr Harry Brennan
General Manager High Performance

Nicole Tumblety
Performance Coordinator

COACHES

Dmitri Daschinski
Aerial Skiing Head Coach - OWIA

Danny Geiger
Aerial Skiing Program Ski Lead - OWIA

Renee McElduff
Aerial Skiing Technical Jump Coach & Camp Coordinator - OWIA

PERFORMANCE SUPPORT STAFF

Grace Claringbold
Performance Lifestyle Advisor
(from January 2025)

Cate Gifford
Physical Preparation Coach
(from January 2025)

Farhan Juhari
Physical Preparation Coach
(until December 2024)

Tamara Lidums
Physiotherapist

Kate Macdermid
Physiotherapist

Regan Molyneaux
Aerial Skiing Talent Transfer Coordinator - OWIA

Barbara Meyer
Sport Psychology Consultant - OWIA

Will Morgan
Physical Preparation Manager

Dr Anik Shawdon
Sports Physician

Rachel Stentiford
Sports Dietitian

Sarah Thompson
Performance Lifestyle Advisor
(until January 2025)

ATHLETES

Sara Butko
Elise Coleiro
Jessica Erni
Reilly Flanagan
Sian Francis
Airleigh Frigo
Laura Peel
Miriana Perkins
Danielle Scott
Sidney Stephens
Sophie Treloar
Abbey Willcox

TRAINING VENUES

VIS Gymnasium
Ski Training and Aerial Skiing
- Mt Buller, Victoria

Water Ramp Training Facility
- Wandin, Victoria

Geoff Henke Olympic Winter Training Centre - Brisbane, Queensland

SPONSORS

Karbon
Mt Buller Resort
XTM

PARTNERS

Olympic Winter Institute of Australia (OWIA)
Snow Australia

INTERESTING FACT

At the 2025 World Cup in Deer Valley, Australia achieved a historical clean sweep, taking out not just the podium but the top four places in the event. This was a unifying and proud moment for the team and program. The significance of these results demonstrates Australia's longstanding and continued success in the sport. The results included Laura Peel 1st, Danielle Scott 2nd, Abbey Willcox 3rd and Airleigh Frigo 4th.

PHOTO: LAURA PEEL
CREDIT: OWIA - CHRIS HOCKING



AERIAL SKIING



PHOTO: PATRICK FRENCH

VIS SPORTS ARCHERY

The VIS archery program aimed to create an optimal training environment for athletes competing at an international level, along with supporting emerging junior athletes with the potential to achieve success on the world stage. Working in partnership with Archery Australia, VIS archers were provided with elite coaching and support services to achieve this.

Following a post Paris review conducted by Archery Australia of its high performance programs and pathways, the VIS program formally ceased at the end of March, with Archery Australia establishing a National Training Centre in Canberra, which supports world-class archers in Australia. The VIS continues to support eligible athletes through the Individual Athlete Scholarship program.

KEY ACHIEVEMENTS

2024 Olympic Games – Paris, France

Australian Team Representation:
• Laura Paeglis (Women's Individual Recurve)

2024 Paralympic Games – Paris, France

Australian Team Representation:
• Patrick French (Men's Individual Compound)

2024 Australian National Championships – Canberra, Australia

• Laura Paeglis – 1st Women's Individual Recurve, 1st Women's Team Recurve
• Jai Crawley – 1st Men's Team Recurve

2025 Australian Team Selection Trials 1 – Canberra, Australia

• Jai Crawley – 1st Overall Men's

2025 World Archery World Cup 1 – Auburndale, United States of America

Australian Team Representation:
• Jai Crawley (Men's Individual Recurve, Men's Team Recurve)

2025 Australian National Youth Championships – Canberra, Australia

• Jai Crawley – 1st Individual Recurve (U21)

2025 World Archery World Cup 2 – Shanghai, China

Australian Team Representation:
• Jai Crawley (Men's Individual Recurve, Men's Team Recurve, Mixed Team Recurve)

PROGRAM STAFF

Rebekah Webster
General Manager High Performance
Adam Hosking
Archery Program Manager
Matthew Thompson
Performance Coordinator

COACHES

Alice Ingley
VIS Archery Coach

PERFORMANCE SUPPORT STAFF

Dean Cooper
Performance Psychologist
Jacqueline Gurr
Sports & Exercise Physiotherapist
Sarina Lococo
Sports Dietitian
Dr Alice McNamara
Sports Physician
Pippa Temperley
Performance Lifestyle Adviser (until January 2025)
Jarrod Vos
Physical Preparation Coach

ATHLETES

Madeline Boyle
Jai Crawley
Patrick French
Imogen Grzemski
Markus Kuhrau
Amelie Lu
Laura Paeglis
Zachary Tonizzo

TRAINING VENUES

Cricket Victoria
Lakeside Stadium
VIS Gymnasium

PARTNERS

Archery Australia

"It was a great experience to lead and establish the archery program during this cycle with the guidance of the VIS support team and Archery Australia. This ultimately led to Laura being selected for the Olympics and Pat for the Paralympics, both of whom represented their country and the VIS with distinction. I look forward to watching the Victorian athletes continue to develop and seeing what they will achieve over the next cycle from afar."

—Adam Hosking (VIS Archery Program Manager)

VIS SPORTS ATHLETICS

In partnership with Athletics Australia (AA) and Athletics Victoria (AV), our program is dedicated to empowering Victorian-based athletes to become the world's best and to succeed on the international stage at major events, including the Olympics, Paralympics, Commonwealth Games, World Athletics and Para Athletics World Championships.

The Athletics State Performance Advisor and Athletics Performance Pathway Coordinator work collaboratively with the coaches and athletes to provide access to top-tier training facilities and performance support team members with an aim to provide a world-class daily training environment for the athletes in their pursuit of international success.

KEY ACHIEVEMENTS

2024 Olympic Games – Paris, France

- Jemima Montag – 3rd Women's 20km Walk, 3rd Marathon Walk Relay – Mixed Team
- Rhydian Cowley – 3rd Marathon Walk Relay – Mixed Team
- Kathryn Mitchell – 7th Women's Javelin

Australian Team Representation:

- Joel Baden
- Catriona Bisset
- Peter Bol
- Brooke Buschkuehl
- Abbey Caldwell
- Georgia Griffith
- Mia Gross
- Linden Hall
- Rebecca Henderson
- Claudia Hollingsworth
- Chris Mitrevski
- Celeste Mucci
- Stephanie Ratcliffe
- Adam Spencer
- Kyle Swan
- Declan Tingay
- Tayleb Willis

2024 World Athletics U20 Championships – Lima, Peru

- Claudia Hollingsworth – 2nd Women's 800m
- Jessica Milat – 4th Women's 200m
- Mia Scerri – 4th Women's Heptathlon

Australian Team Representation:

- Tiana Boras

2024 Paralympic Games – Paris, France

- Michal Burian – 3rd Men's F64 Javelin
- Dayna Crees – 3rd Women's F34 Javelin, 9th Women's F34 Shot Put
- Reece Langdon – 3rd Men's T38 1500m
- Jaryd Clifford – 4th Men's T13 1500m
- Ella Hose – 4th Women's F37 Shot Put, 11th Women's F38 Discuss Throw

- Nicholas Hum – 6th Men's T20 Long Jump
- Guy Henly – 8th Men's F37 Discuss Throw
- Maria Strong – 8th Women's F33 Shot Put

Australian Team Representation:

- Sam McIntosh
- Sam Rizzo

2024 Australian 35km Race Walk Championships – Melbourne, Australia

- Rhydian Cowley – 1st Men's 35km Walk

2025 Australian & Oceania 20km Race Walking Championships – Adelaide, Australia

- Rhydian Cowley – 1st Men's 20k Walk
- Jemima Montag – 1st Women's 20km Walk

2025 World Athletics Indoor Championships – Nanjing, China

- Georgia Griffith – 4th Women's 1500m

Australian Team Representation:

- Sarah Billings
- Abbey Caldwell
- Cooper Sherman

2025 Australian Athletics Championships – Perth, Australia

- Peter Bol – 1st Men's 800m
- Michal Burian – 1st Men's Para Javelin
- Abbey Caldwell – 1st Women's 800m
- Jessica Milat – 1st Women's 200m
- Cooper Sherman – 1st Men's 400m
- Declan Tingay – 1st Men's 10km Walk

2025 Diamond League Series

- Sarah Billings – 3rd Women's 1000m (Xiamen – China), 2nd Women's 800m (Shanghai – China), 2nd Women's 1500m (Rome – Italy)

- Abbey Caldwell – 2nd Women's 1000m (Xiamen – China), 3rd Women's 1500m (Rome – Italy)
- Yual Reath – 3rd Men's High Jump (Rabat – Morocco)

2025 World Athletics Relay Championships – Guangzhou, China

- Australia Team Representation:
- Thomas Reynolds
- Cooper Sherman

World Records

- Jaryd Clifford – 3:40.39 in the T12 1500m at the Meeting Nakaia (31.5.25)
- Reece Langdon – 3:36.83 in the T38 1500m at the 2025 Australian Championships (10.4.25)

Australian Records

- Peter Bol – 1:43.79 in the 800m at the 2025 Australian Championships (13.4.25)
- Abbey Caldwell – 2:32.94 in the 1000m at the Xiamen Diamond League Meet (26.4.25)
- Rhydian Cowley – 2:25.21 in the 35km Walk at the 2025 Asian Race Walking Championships (16.3.25)
- Dayna Crees – 17.65m in the F34 Javelin at the 2024 Paralympic Games (1.9.24)
- Dayna Crees – 6.32m in the F34 Shot Put at AV Shield League Meet (8.2.25)
- Ella Hose – 11.25m in the F37 Shot Put at the 2024 Paralympic Games (31.8.24)

PROGRAM STAFF

Hannah Every-Hall
General Manager High Performance

Nicky Frey
VIS/AA State Performance Advisor

Ben King
VIS/AA State Performance Pathways Coordinator

Alice Neill
Performance Coordinator (until April 2025)

Matthew Thompson
Performance Coordinator (from April 2025)

PERFORMANCE SUPPORT STAFF

Bryce Anderson
Sports Dietitian (parental leave cover until August 2024)

Dr Aaron Balloch
Performance Science Assistant Manager – Biomechanics

Lachlan Bromley
Physiotherapist

Laura Cosgrove
Performance Psychologist

Kevin Craigie
Sports & Exercise Physiotherapist

Cory Innes
Assistant Manager Physical Preparation

Dr Emily Meehan
Sports Dietitian (August to October 2024)

Stephanie Mundy
Physical Preparation Coach

Jessica Rothwell
Sports Dietitian (parental leave until October 2024)

Dr Avish Sharma
Performance Scientist – Physiology

Dr Patrick Sunderland
Sports Physician

Sam Waters
Performance Lifestyle Adviser

ATHLETES

Roman Anastasios
Joel Baden
Sarah Billings

Catriona Bisset
Peter Bol
Tiana Boras
Michal Burian
Brooke Buschkuehl
Abbey Caldwell
Jaryd Clifford
Alexander Colgan
Annabelle Colman
Rhydian Cowley
Dayna Crees
Sinead Diver
Georgia Griffith
Mia Gross
Linden Hall
Rebecca Henderson
Guy Henly
Aiden Hinson
Claudia Hollingsworth
Ella Hose
Nicholas Hum
Anthony Jordan
Elyssia Kenshole
Ebony Lane
Reece Langdon
Tim Logan
Jack Lunn
Sam McIntosh
Mackenzie Mielczarek
Jessica Milat
Daniel Milone
Kathryn Mitchell
Chris Mitrevski
Jemima Montag
Celeste Mucci
Bendere Oboya
Ellie Pashley
Alanna Peart
Stephanie Ratcliffe
Yual Reath
Thomas Reynolds
Sam Rizzo
Dhruv Rodrigues-Chico
Lauren Ryan
Mia Scerri
Mikaela Selaidinakos
Cooper Sherman
Adam Spencer
Maria Strong
Kyle Swan
Carley Thomas
Will Thompson
Declan Tingay
Lisa Weightman
Tayleb Willis

TRAINING VENUES

Lakeside Stadium
VIS Gymnasium

PARTNERS

Athletics Australia
Athletics Victoria

PHOTO: NICHOLAS HUM
CREDIT: GETTY IMAGES



"To have 20 athletes selected for the Paris Olympics along with ten for the Paralympics is a significant achievement for the program and a true reflection of the outstanding work the support team have put in over the past Olympic/Paralympic cycle with the athlete cohort and coaches. As we embark on a new cycle, we look forward to building on these numbers and results for LA."
—Ben King (VIS/AA State Performance Pathways Coordinator)

STATE



"VIS combat sport athletes have shown their strength on the global stage and continue to raise the bar internationally. In Paris, Caitlin Parker became the first Australian female to medal in boxing at the Olympics when she achieved bronze. Additionally, Aoife Coughlan's 5th place at World Championships, the best international result for the sport since 2003, was fantastic to see. Aoife is without doubt one of the best in the world and is a genuine medal prospect for L.A. in 2028."
—Dr Harry Brennan (General Manager High Performance)

PHOTO: CAITLIN PARKER
CREDIT: GETTY IMAGES

VIS SPORTS COMBAT SPORTS

In partnership with CombatAUS, the VIS supports athletes on their high performance journey in taekwondo, judo and boxing. Beginning in 2022, the VIS has supported athletes National Performance Centre (NPC) as well as categorised athletes from the taekwondo, judo and boxing National pathway programs. In January 2025, the program moved to supporting full-time athletes based at the NPC. Boxing athletes have now moved to the Individual Athlete Scholarship Program (IASP) to continue their VIS support.

KEY ACHIEVEMENTS

BOXING

2024 Olympic Games – Paris, France

- Caitlin Parker-3rd 75kg - Women

Australian Team Representation:

- Harry Garside
- Tyla McDonald
- Marissa Williamson

JUDO

2024 Olympic Games – Paris, France

Australian Team Representation:

- Aoife Coughlan
- Katharina Haecker

2025 Panamerican and Oceania Senior Championships – Santiago, Chile

- Aoife Coughlan-1st Women -70kg
- Tinka Easton-3rd Women -57kg
- Maria Swan-3rd Women -78kg

2025 Judo National Championships – Gold Coast, Australia

- Ryley Rametta-1st Women -63kg

2025 Judo World Championships – Budapest, Hungary

- Aoife Coughlan-5th Women -70kg

Australian Team Representation:

- Tinka Easton- Women -57kg
- Maria Swan- Women -78kg

TAEKWONDO

2024 Olympic Games – Paris, France

- Leon Sejanovic-7th Men -80kg

Australian Team Representation:

- Stacey Hymmer
- Bailey Lewis

2024 National Championships – Brisbane, Australia

- Rebecca Murray-1st Women 67-73kg

PROGRAM STAFF

Dr Harry Brennan
General Manager High Performance

Andrew Nolen
Acting Performance Director - CombatAUS (from January 2024)

Nick Sanders
Performance Program Manager - CombatAUS (until September 2024)

Nicole Tumblety
Performance Coordinator

COACHES

Ryan Carneli
National Taekwondo Program Coach - CombatAUS

Seokhun Lee
National Taekwondo Technical Lead - CombatAUS

Emilien Freund
National Judo Program Coach - CombatAUS (from March 2025)

Alex Haecker
National Judo Program Coach - CombatAUS (until December 2024)

Daniel Kelly
National Judo Head Coach - CombatAUS

Maria Pekli
National Judo Technical Lead - CombatAUS

PERFORMANCE SUPPORT STAFF

Amber Bennett
Sports Physiotherapist

Elaine Bo
Sports Dietitian

Dr Lauren Burns OAM
Athlete Wellbeing and Engagement Manager - CombatAUS (From March 2025)

Sarah Conlon
Athlete Wellbeing and Engagement Manager - CombatAUS (Until February 2025)

Siobhan Crawshaw
Sports Dietitian

Jacqueline Gurr
Sports Physiotherapist

Emma Hall
Performance Psychologist

Shenae Keleher
Performance Lifestyle Advisor (from January 2025)

Yosup Kim
Physical Preparation Coach

Sarina Lococo
Sports Dietitian (from May 2025)

Dr Alice McNamara
Sports Physician

Dr James Oii
Sports Physician (from February 2025)

Luke Neville
Physical Preparation Coach (until March 2025)

Luke Stevens
Physical Preparation PhD Scholar (from March 2025)

Pippa Temperley
Performance Lifestyle Advisor (until January 2025)

Bree Van Ryswyk
Performance Psychologist (from April 2025)

ATHLETES

Jessica Bagley
Carsten Beyers
Gabriella Blewitt
Jake Buhagiar
Jacob Cassar
Jamie Cefai

Aoife Coughlan
Maeve Coughlan
Tinka Easton
Anneleise Fielder
Katharina Haecker
Seth Healy

Stacey Hymmer
Rihari Iki
Bailey Lewis
Tyla McDonald

Saya Middleton
Damon Motta
Bianca Motta
Rebecca Murray
Xavier Nikolovski

Abigail Paduch
Caitlin Parker
Ryley Rametta
Leon Sejanovic
Reba Stewart
Aiden Stilley

Matthew Summerfield
Maria Swan
Liam Sweeney
Saffron Tambyrajah
Timeo Tournier

Anastasia Typou
Danny Vojnikovic
Marissa Williamson-Pohlman

TRAINING VENUES

CombatAUS National Performance Centre (NPC)

VIS Gymnasium

PARTNERS

CombatAUS

VIS SPORTS CYCLING

The VIS cycling program supports Track (Endurance & Sprint), BMX (Racing and Freestyle), Mountain Bike (MTB XCO) racing and Road athletes as categorised by AusCycling. Over the last 12 months, VIS athletes have featured prominently across a range of international competitions, including multiple selections to national teams for World Championships in Road, Track, Para Track and Road, BMX, and Mountain Bike. Domestically, several athletes claimed national championship titles, further reinforcing the program's depth and future potential.

These achievements reflect the VIS cycling program's unwavering commitment to excellence and its vital role in developing athletes capable of performing on the world stage.

KEY ACHIEVEMENTS

2024 Olympic Games – Paris, France

- Grace Brown OAM-1st Road Individual time trial - Women
- Kelland O'Brien OAM-1st Team Pursuit (4km) - Men

Australian Team Representation:

- Lucas Plapp
- Ruby Roseman-Gannon

2024 Paralympic Games – Paris, France

- Emily Petricola OAM-1st C4 - 3km Pursuit - Women, 4th C4 - Road Time Trial - Women
- Alistair Donohoe-2nd C5 - Road Time Trial - Men, 3rd C1-5 Team Sprint - Men, -6th C4-5 - Road Race - Men
- Jessica Gallagher-2nd Tandem B - 1000m Time Trial - Women, 7th Tandem B - 3km Pursuit - Women
- Alana Forster-3rd C5 - Road Time Trial - Women, 5th C5 - 3km Pursuit - Women, 7th C4-5 - Road Race - Women

2024 UCI Junior Track World Championships - Luoyang, China

- Lilyth Jones-2nd 2km Individual Pursuit - Women
- Oscar Gallagher-4th Team Pursuit (4km) - Men, 5th Scratch Race - Men

2024 UCI MTB World Championships - Pal Arinsal, Andorra

- Australian Team Representation:
- Harry Doye
 - Jack Ward

2024 UCI Road World Championships - Zurich, Switzerland

- Grace Brown OAM - 1st Road Individual time trial - Women, 1st Road Team time trial - Mixed
- Ruby Roseman-Gannon-1st Road Team time trial - Mixed, 6th Road Race - Women
- Neve Bradbury-2nd Road Race U23 - Women

Australian Team Representation:

- Max Goold
- Fergus Browning
- Sarah Gigante

2024 UCI Para Road World Championships - Zurich, Switzerland

- Alana Forster- 3rd C5 Road Race - Women, 4th C5 - Time Trial - Women,
- Emma Mickle-4th C3 Road Race - Women, 5th C3 - Time Trial - Women
- Carol Cooke AM-5th T2 - Time Trial - Women

2024 UCI Gravel World Championships - Germany/ Belgium

Australian Team Representation:

- Neve Bradbury
- Sarah Gigante

2024 AusCycling BMX Racing National Championships - Perth, Australia

- Joshua Jolly-1st BMX Racing Junior - Men
- Bella May-1st BMX Racing U23 - Women

2024 UCI Track World Championships- Ballerup, Denmark

- Alessia McCaig-3rd Team Sprint - Women
- Kelland O'Brien OAM-8th Scratch Race - Men

Australian Team Representation:

- Blake Agnoletto

2025 AusCycling Road Nationals - Perth, Australia

- Tahlia Clayton-Goodie-1st C2 - Road Time Trial - Women, 1st C2 - Road Race - Women
- Alana Forster-1st C5 - Road Time Trial - Women
- Max Goold-1st Road Race Time Trial U19 - Men
- Emma Mickle-1st C3 - Road Time Trial - Women, 1st C3 - Road Race - Women
- Lucas Plapp-1st Road Time Trial - Men
- Lucinda Stewart-1st Road Race - Women (Elite & U23)

2025 UCI Oceania BMX Racing Continental Championships - New Plymouth, New Zealand

- Bella May-1st BMX Racing U23 - Women
- Joshua Jolly-3rd BMX Racing U23 - Men

2025 Oceania Track Championships - Brisbane, Australia

- Blake Agnoletto-1st Elimination - Men, 2nd Madison - Men
- Sharon Boyd-1st C4 - Individual Pursuit - Women, 3rd C1-5 - Scratch Race - Women, 3rd C1-5 Kilo - Women, 3rd C4 - Sprint - Women
- Alana Forster-1st C1-5 - Scratch Race - Women
- Oscar Gallagher-1st Team Pursuit (4km) - Men
- Alessia McCaig-1st Sprint - Women, 2nd Team Sprint - Women
- Erin Normoyle-1st C1-5 Kilo - Women, 1st C4 - Sprint - Women, 1st C1-5 Team Sprint - Women
- Lilyth Jones-3rd Team Pursuit (4km) - Women

2025 Mountain Bike National Championships - Mt Buller, Australia

- Harry Doye-1st Mountain Bike XCC - Elite Men, 1st Mountain Bike XCC - U23 Men, 1st Mountain Bike XCO - U23 Men

2025 UCI Track Nations Cup - Konya, Turkey

- Blake Agnoletto-1st Team Pursuit (4km) - Men

2025 Track National Championships - Brisbane, Australia

- Tahlia Clayton-Goodie-1st C2 - Elimination - Women, C2 - Scratch Race - Women, 1st C2 - Individual Pursuit - Women
- Alana Forster-1st C5 - Elimination - Women, 1st C5 - Scratch Race - Women, C5 - Individual Pursuit - Women
- Jessica Gallagher-1st Tandem B - Sprint - Women
- Lilyth Jones-1st Team Pursuit (4km) - Women
- Sophie Marr-1st Team Pursuit (4km) - Women
- Alessia McCaig-1st Sprint - Women, 1st Keirin - Women
- Erin Normoyle-1st C1-5 Team Sprint - Mixed
- Emily Petricola OAM-1st C4 - Elimination - Women, 1st C4 - Sprint - Women

- Alyssa Polites-1st 4km Individual Pursuit - Women, 1st Team Pursuit (4km) - Women, 1st Elimination - Women

2025 UCI Para-Cycling Road World Cup #1 - Ostend, Belgium

- Tahlia Clayton-Goodie-1st C1 - Road Time Trial - Women, -1st C1 Road Race - Women
- Alana Forster-1st C5 - Road Time Trial - Women, 3rd C5 Road Race - Women

2025 UCI Para-Cycling Road World Cup #2 - Maniago, Italy

- Alana Forster-2nd C5 - Road Time Trial - Women

2025 UCI BMX Racing World Cup Rounds 1-4 - Papendal, Netherlands and Sarriens, France

- Joshua Jolly-1st BMX Racing U23 - Men (Rd 4)

PROGRAM STAFF

Dr Harry Brennan
General Manager High Performance

Nicole Tumblety
Performance Coordinator

COACHES

Vanessa Bof
Endurance Coach

Samantha de Riter
National Generation 2032 Coach - Cycling (from January 2025)

Shane Kelly
Sprint Coach

PERFORMANCE SUPPORT STAFF

Dean Cooper
Performance Psychologist

Kylie Andrew
Sports Dietitian (until January 2025)

Allison Low
Sports Physiotherapist

Rachael Lynch OAM
Performance Lifestyle Advisor

Dr Tom Topham
Performance Scientist - Physiology

Dr Emily Meehan
Sports Dietitian

Dr Alice McNamara
Sports Physician

Ben Willey
Physical Preparation Coach

ATHLETES

Blake Agnoletto
Talia Appleton
Julian Baudry
Sharon Boyd
Neve Bradbury
Grace Brown OAM
Fergus Browning
Isaac Burne
Tahlia Clayton-Goodie
Carol Cooke AM
Alistair Donohoe
Harry Doye
Alana Forster
Graeme Frislie
Cameron Gatt
Jessica Gallagher
Oscar Gallagher
Sarah Gigante
Max Goold
Jack Haig
Lucas Hamilton
Georgie Howe
Cohen Jessen
Ollie Jirovec
Joshua Jolly
Lilyth Jones
Sophie Marr

Bella May
Alessia McCaig
Emma Mickle
Erin Normoyle
Kelland O'Brien OAM
Samuel O'Grady
Emily Petricola OAM
Lucas Plapp
Jensen Plowright
Alyssa Polites
Brodie Quick
Ruby Roseman-Gannon
Lucinda Stewart
Ruby Taylor
Bodi Turner
Jack Ward
Cooper Wilson

TRAINING VENUES

Darebin International Sports Centre (DISC)
VIS Gymnasium

PARTNERS

AusCycling



GRACE BROWN

"Over the past 12 months, the VIS cycling program has delivered exceptional results, highlighted by outstanding performances on both national and international stages. At the Paris 2024 Olympic and Paralympic Games, eight VIS athletes were selected to represent Australia. Grace Brown OAM claimed Olympic gold in the Individual Time Trial and went on to win two world titles at the UCI World Championships in Switzerland. Emily Petricola OAM continued her dominance in Para-cycling, winning gold in the C4 Individual Pursuit and setting a new world record. Kelland O'Brien OAM also won gold in the Men's team pursuit in Paris, setting a World Record during their qualifiers."
—Vanessa Bof (VIS Endurance coach)

PHOTO: GRACE BROWN OAM
CREDIT: GETTY IMAGES



PHOTO: ANABELLE SMITH
CREDIT: GETTY IMAGES

VIS SPORTS DIVING

The VIS diving program aims to create an optimal training environment for athletes competing at the international level, while also supporting emerging junior athletes with the potential to achieve success on the world stage. Working in partnership with Diving Australia (DA) and Diving Victoria (DV), the VIS divers receive elite coaching and support services to help them achieve their goals.

The current VIS squad is a blend of youth and experience, featuring several promising junior divers, including four athletes in DA's National Junior Squad and nine athletes in DA's National Senior Squad.

KEY ACHIEVEMENTS

2024 Olympic Games – Paris, France

- Anabelle Smith – 5th Women's 3m Springboard Synchro
- Domonic Bedggood – 6th Men's 10m Platform Synchro

2024 Australian Elite Junior Championships – Adelaide, Australia

- Lucy Dovison – 1st Girls A 1m Springboard, 1st Girls A/B 3m Springboard Synchro
- Jonah Mercieca – 1st Boys A 3m Springboard, 1st Boys A/B 10m Platform Synchro
- Ben Wilson – 1st Boys A 1m Springboard, 1st Boys A/B 3m Springboard Synchro

2024 World Aquatics Junior Diving Championships – Rio de Janeiro, Brazil

- Lucy Dovison – 2nd Mixed A/B 3m & 10m Team Event, 6th Girls A/B 3m Springboard Synchro, 11th Girls A 3m Springboard
- Jonah Mercieca – 2nd Mixed A/B 3m & 10m Team Event, 5th Boys A/B 10m Platform Synchro, 9th Boys A 10m Platform
- Ben Wilson – 2nd Mixed A/B 3m & 10m Team Event, 4th Boys A/B 3m Springboard Synchro

Australian Team Representation:

- Keira Wang

2025 World Aquatics Diving World Cup 1 – Guadalajara, Mexico

- Australian Team Representation:
- Laura Hingston (Women's 10m Platform)
 - Jonah Mercieca (Men's 10m Platform Synchro)
 - Hudson Skinner (Men's 3m Springboard & Mixed 3m & 10m Team)

2025 World Aquatics Diving World Cup 2 – Windsor, Canada

- Australian Team Representation:
- Laura Hingston (Women's 10m Platform)
 - Jonah Mercieca (Men's 10m Platform Synchro)
 - Hudson Skinner (Men's 3m Springboard & Mixed 3m and 10m Team)

2025 World Aquatics Diving World Cup Super Final – Beijing, China

- Australian Team Representation:
- Laura Hingston (Women's 10m Platform)

2025 Australian Open Diving Championships – Sydney, Australia

- Lucy Dovison – 1st Women's 3m Springboard Synchro
- Jonah Mercieca – 1st Men's 10m Platform Synchro
- Natalie Phan – 1st Women's 1m Springboard, 1st Women's 3m Springboard Synchro
- Georgia Sheehan – 1st Women's 3m Springboard
- Hudson Skinner – 1st Men's 3m Springboard Synchro
- Ben Wilson – 1st Men's 1m Springboard, 1st Men's 3m Springboard Synchro

PROGRAM STAFF

Rebekah Webster
General Manager High Performance (until April 2025)

Hannah Every-Hall
General Manager High Performance (from April 2025)

Matthew Thompson
Performance Coordinator

COACHES

Mathew Helm
National Diving Coach – Melbourne (DA)

Harriet Jones
Head Coach

PERFORMANCE SUPPORT STAFF

Caroline Anderson
Performance Psychologist (until November 2024)

Andrew Cameron
Sports & Exercise Physiotherapist

Grace Claringbold
Performance Lifestyle Advisor (from February 2025)

Louise Cato
Sports Dietitian

Laura Cosgrove
Performance Psychologist (from November 2024)

Sarah Thompson
Performance Lifestyle Advisor (until February 2025)

Matthew Vassie
Physical Preparation Coach

Dr Susan White AM
Chief Medical Officer / Director Performance Health Services

ATHLETES

- Domonic Bedggood (retired December 2024)
- Frank Burton
- Emily Chinnock
- Lucy Dovison
- Laura Hingston
- Jonah Mercieca
- Charli Petrov
- Natalie Phan
- Olivia Roche
- Georgia Sheehan
- Hudson Skinner
- Anabelle Smith (retired December 2024)
- Keira Wang
- Ben Wilson

TRAINING VENUES

- Melbourne Sports and Aquatic Centre
- Aquanation
- VIS Gymnasium

PARTNERS

- Diving Australia
- Diving Victoria

"The athletes have had a very busy year and have achieved some outstanding results, which is a testament to the work they have put in and dedication to wanting to continually improve. Dom and Belle represented the VIS so well at the Olympics, and as a program, we are so proud of all they have achieved throughout their careers and the lasting legacy they have left on diving in Australia."
— Mathew Helm (National Diving Coach – Melbourne)

MEN'S HOCKEY

The VIS men's hockey program, which underpins the national men's program based in Perth, is an elite program designed to provide a world-class daily training environment that enables athletes to continually progress and gain selection in Australia's senior and junior development squads.

During the reporting period, seven VIS athletes represented Australia, including five making their international debut. Additionally, twenty athletes were members of national squads over the past 12 months.

KEY ACHIEVEMENTS

2024 Olympic Games – Paris, France

- Australia - 6th (Quarter Finals)

Team Representation - Nathan Ephraums, Johan Durst (travelling reserve)

2024 Sultan of Johor Cup – Johor, Malaysia

- Australia (U21's) - 2nd

Team Representation - Liam Henderson, Sam Lowndes, Nye Roberts

2024 Hockey One League – Various, Australia

- Hockey Club Melbourne Men - 1st

Team Representation - Ollie Will, Nye Roberts, Nathan Ephraums, Liam Henderson, Kade Leigh, Johan Durst, Craig Marais, Cooper Burns, Connor Otterbach, Ben White

2025 Oceania Junior World Cup Qualifier (U21's) – Auckland, New Zealand

- Australia 3 def. New Zealand 1 (3 Match Series)

Team Representation - Sam Lowndes, Ollie Will

2025 FIH Pro League

- Australia - 5th

Team Representation - Cooper Burns*, Nathan Ephraums, Liam Henderson*, Craig Marais, Connor Otterbach*, Jed Snowden*, Ben White*

*Made their Australian debuts through the 2025 FIH Pro League season

2025 Australia U21's (Burras) European Tour – Europe

- Duncan Jackson, Ollie Will

Hockey Australia National Senior Squad

- Cooper Burns
- Johan Durst
- Nathan Ephraums
- Liam Henderson
- Craig Marais
- Jed Snowden

Hockey Australia National Development Squad

- Connor Otterbach
- Nye Roberts
- Ben White

Hockey Australia National Junior Squad

- Duncan Jakson
- Kade Leigh
- Sam Lowndes
- Ollie Will

Hockey Australia Futures Squad

- George Eaves
- Benjamin Graven
- Lachlan Hodgson
- Henry Laussen
- Oliver Thompson
- Freddy Waters
- Jacob Yacono

PROGRAM STAFF

Rebekah Webster
General Manager High Performance (until April 2025)

Dr Harry Brennan
General Manager High Performance (from April 2025)

Matthew Thompson
Performance Coordinator

COACHES

Jay Stacy
Head Coach

PERFORMANCE SUPPORT STAFF

Leesa Gallard
Performance Lifestyle Manager

Emma Hall
Performance Psychologist

Mathew Harris
Performance Science Assistant Manager - Performance Analysis

Dr Philippa Inge
Sports Physician (parental leave from April 2025)

Ben King
Physical Preparation Coach

Sarina Lococo
Sports Dietitian

Kane Spagnolo
Physiotherapist (from November 2024)

Katherine Taylor
Physiotherapist (until November 2024)

Dr Susan White AM
Chief Medical Officer / Director Performance Health Services (parental leave cover from April 2025)

ATHLETES

Cooper Burns
Johan Durst
George Eaves
Nathan Ephraums
Benjamin Graven
Liam Henderson
Lachlan Hodgson
Duncan Jackson
Henry Laussen
Kade Leigh
Sam Lowndes
Craig Marais
Connor Otterbach
Nye Roberts
Jed Snowden
Oliver Thompson
Freddy Waters
Ben White
Ollie Will
Jacob Yacono

TRAINING VENUES

State Netball and Hockey Centre
VIS Gymnasium

PARTNERS

Hockey Australia
Hockey Victoria

"It has been a great year for the VIS athletes. We've seen several players progress into the Senior National Squad based in Perth, and seven athletes took part in the 2025 FIH Pro League throughout the season. It was particularly special to see five athletes make their international debuts together in Sydney, and to be on hand to witness them take the field as a group. It's a well-deserved reward for the effort they've put in over the course of their careers to date, and I'm confident they have long futures ahead in the green and gold."
—Jay Stacy (VIS Men's Hockey Head Coach)

PHOTO: COOPER BURNS
CREDIT: HOCKEY AUSTRALIA

MEN'S HOCKEY

WOMEN'S HOCKEY



“It has been great to see several younger players get the opportunity to showcase their talents through the Jillaroos program over the past twelve months, including at the Junior World Cup Qualifier and the European Tour. There is some exciting talent emerging in the program, and several of these athletes will soon be pushing for Hockeyroos selection in the coming years.”
—Stacia Strain (VIS Women’s Hockey Head Coach)

PHOTO: CHARLOTTE HODGSON (LEFT), BIANCA ZURRER (RIGHT)

VIS SPORTS

WOMEN’S HOCKEY

Underpinning the national women’s program in Perth, the VIS women’s hockey program is responsible for preparing and developing Victorian-based athletes for national and junior squad selection. The VIS serves as the daily training environment for the Victorian-based athletes and provides world class hockey coaching, strength and conditioning, sport science, performance lifestyle, nutrition, psychology and medical services along with exposure to high level competition opportunities.

Amy Lawton was the sole VIS athlete selected for senior national duties in 2024/25, being selected for her second Olympics. Additionally, five athletes represented the Jillaroos (U21’s) and 15 athletes were selected in national squads below the senior squad with many of them expected to push towards national senior squad selection in the coming years.

KEY ACHIEVEMENTS

2024 Olympic Games - Paris, France

- Australia - 5th (Quarter Finals)
- Team Representation - Amy Lawton

2025 Oceania Junior World Cup Qualifier (U21’s) - Auckland, New Zealand

- Australia 3 def. New Zealand 0 (3 Match Series)
- Team Representation - Charlotte Hodgson, Josie Lawton, Samantha Love, Evie Stansby, Bianca Zurrer

2025 FIH Pro League

- Australia - 5th
- Team Representation - Amy Lawton

2025 Australia U21 (Jillaroos) European Tour - Europe

- Charlotte Hodgson, Josie Lawton, Samantha Love, Bianca Zurrer

Hockey Australia National Senior Squad

- Amy Lawton

Hockey Australia National Development Squad

- Olivia Downes
- Rene Hunter
- Bridget Laurance
- Josie Lawton
- Aisling Utri

Hockey Australia National Junior Squad

- Charlotte Hodgson
- Samantha Love
- Evie Stansby
- Bianca Zurrer

Hockey Australia National Futures Squad

- Daisy Caink
- Zara Geddis
- Maya Hilford
- Trinity Woodward
- Candelaria Wortley

PROGRAM STAFF

Rebekah Webster
General Manager High Performance (until April 2025)

Dr Harry Brennan
General Manager High Performance (from April 2025)

Matthew Thompson
Performance Coordinator

COACHES

Stacia Strain
Head Coach

Daniel Mitchell
Assistant Coach

PERFORMANCE SUPPORT STAFF

Tyson Basford
Physical Preparation Coach (from April 2025)

Leesa Gallard
Performance Lifestyle Manager

Emma Hall
Performance Psychologist

Mathew Harris
Performance Science Assistant Manager - Performance Analysis

Dr Philippa Inge
Sports Physician (parental leave from April 2025)

Ben King
Physical Preparation Coach (until March 2025)

Sarina Lococo
Sports Dietitian

Kane Spagnolo
Sports Physiotherapist (from November 2024)

Dr Anik Shawdon
Sports Physician (parental leave cover from April 2025)

Katherine Taylor
Sports Physiotherapist (until November 2024)

ATHLETES

Daisy Caink
Olivia Downes
Zara Geddis
Emily Hamilton-Smith
Maya Hilford
Charlotte Hodgson
Rene Hunter
Bridget Laurance
Amy Lawton
Josie Lawton
Samantha Love
Evie Stansby
Aisling Utri
Zali Ward
Trinity Woodward
Candelaria Wortley
Bianca Zurrer

TRAINING VENUES

State Netball and Hockey Centre
VIS Gymnasium

PARTNERS

Hockey Australia
Hockey Victoria

VIS SPORTS

NETBALL

The primary aim of the VIS netball program is to prepare Victorian athletes for competition at the elite domestic level, both within the Suncorp Super Netball and the Super Netball Reserves competition and to prepare athletes for selection into senior national teams and underage squads.

The VIS Vixens program works in partnership with Netball Victoria (NV) to provide coaching and performance service support to the Melbourne Vixens for their Suncorp Super Netball campaign. In 2024, the Vixens returned to the Grand Final but were narrowly defeated by the Adelaide Thunderbirds by two goals, finishing as runners-up in a tough and closely contested match.

The VIS development program works in partnership with Netball Australia and Netball Victoria to offer a foundational program that delivers world-class coaching, training, and performance support. This program targets nationally identified underage squad athletes, assisting them in enhancing their competitive performance and achieving their full potential on and off the court.

KEY ACHIEVEMENTS

2024 Suncorp Super Netball Season

- Melbourne Vixens – Runners Up

2024 Australia v England Test Match Series (3 Match Series) – Australia

- Series Champions – AUS 2 – NZL 1
- Team Representation – Keira Austin, Rudi Ellis, Sophie Garbin, Kate Moloney

2024 Constellation Cup (4 Test Match Series) – New Zealand/Australia

- AUS 1 – NZL 3
- Team Representation – Keira Austin, Rudi Ellis, Sophie Garbin, Kate Moloney, Jo Weston

2025 U17 National Championships – Sydney, Australia

- Victoria – 3rd
- Team Representation – Allie Davidson, Amalani Fauonuku, Alice O'Callaghan

2025 U19 National Championships – Sydney, Australia

- Victoria – Runners Up
- Team Representation – Mia Aitken, Charli Hoey, Mia Lavis, Eliza Molino, Mackenzie O'Dwyer

2025 Super Netball Reserves – Australia

- Melbourne Mavericks Reserves – Runners Up
- Team Representation – Charli Hoey, Mackenzie O'Dwyer, Leila Simpson, Mia Van Wyk

- Melbourne Vixens Academy – 6th
- Team Representation – Tepaea Hobson, Mia Lavis, Charli Nicol, Charlotte Sexton, Ruby Shannon, Tara Watson

PROGRAM STAFF

Hannah Every-Hall
General Manager High Performance

Lyndsay Clarke
Acting Netball Development Program Manager (from May 2025)

Alice Neill
Performance Coordinator (until April 2025)

Matthew Thompson
Performance Coordinator (from April 2025)

COACHES

Di Honey
Assistant Coach – VIS/Vixens Netball

Elissa Kent
Netball Development Coach

Simone McKinnis
Head Coach – VIS/Vixens Netball

Caitlin Thwaites
Specialist Coach – Netball Development

PERFORMANCE SUPPORT STAFF

Kylie Andrew
Nutrition Manager, Advanced Sports Dietitian

Emily Athanasiou
Soft Tissue Therapist (Vixens)

Milli Bilson
Performance Analysis (Development Program)

Dr Peter Browne
Performance Scientist – Performance Analysis & Skill Acquisition (Vixens)

Lyndsay Clarke
Physical Preparation Coach (Development Program)

Kim Gray
Performance Lifestyle Adviser

Steve Hawkins
Physiotherapist / SST Manager

Emma Iacovou
Physiotherapist (Vixens) (until May 2025)

Dr. Samantha May
Sports Physician (Vixens)

Amber Ross
Performance Psychologist (Development Program)

Katie Sandford
Physiotherapist (Development Program) (from May 2025)

Dr. Susan White AM
VIS Chief Medical Officer

Dave Veli
Physical Preparation Coach (Vixens)

ATHLETES

Vixens Squad and Training Partners

Emily Andrew
Keira Austin
Ruby Barkmeyer
Maggie Caris
Gabby Coffey
Kate Eddy
Rudi Ellis
Sophie Garbin
Lily Graham
Mwai Kumwenda
Mia Lavis
Emily Mannix
Hannah Mundy
Kate Moloney
Charlotte Sexton
Ruby Shannon
Zara Walters
Tara Watson
Jo Weston

Development Program

Mia Aitken
Tully Bethune
Allie Davidson
Amalani Fauonuku
Harriet Gall
Tepaea Hobson
Charli Hoey
Eliza Molino
Charli Nicol
Alice O'Callaghan
Mackenzie O'Dwyer
Eva Ryan
Leila Simpson
Mia Van Wyk
Olivia Wilkinson

TRAINING VENUES

Melbourne Sports and Aquatic Centre
State Netball and Hockey Centre
VIS Gymnasium

PARTNERS

Netball Australia
Netball Victoria

"It has been a strong year for the Netball program as a whole. At the top end of the program, the Vixens had a strong 2024 season, falling just short to the Adelaide Thunderbirds in the Suncorp Super Netball final. Several athletes also represented the Diamonds, including Rudi Ellis, who made her international debut during the England series. In the development program, the Super Netball Reserves players performed exceptionally well, and the strong showings from the Victorian U17 and U19 teams highlight the wealth of young, up-and-coming talent in Victoria."

—Lyndsay Clarke (Acting Netball Development Program Manager)

PHOTO: SOPHIE GARBIN (GS)
CREDIT: LIGHT KNIFE



SAILING



PHOTO: LAURA HARDING (RIGHT) WITH TEAMMATE ANNIE WILMOT
CREDIT: SAILING AUSTRALIA - BEAU OUTERIDGE

VIS SPORTS SAILING

The VIS sailing program worked in close partnership with Australian Sailing's (AS) high performance pathway, spanning AS Futures, the Australian Sailing Squad and the Australian Sailing Team to deliver world-class coaching, performance services, and a strong domestic training base for athletes across the Olympic classes. By collaborating with state network coaches, national coaches and VIS support staff, the program consistently adapted to new Olympic classes and broadened participation while exposing sailors to elite national and international competition.

Following an end-of-cycle strategic review of VIS's high performance programs, the dedicated sailing program formally concluded at the end of March 2025. The VIS remains committed to supporting Victorian sailors and will now provide eligible athletes with the Individual Athlete Scholarship Program, ensuring they continue to receive tailored services and resources on their journey to the podium.

KEY ACHIEVEMENTS

2024 U21 ILCA World Championships – Viana do Castelo, Portugal

Australian Team Representation:

- Jack Eickmeyer
- Thomas Holmes

2024 U23 IQ Foiling World Championship – Silvaplana, Switzerland

Australian Team Representation:

- Anna Cripsey

2025 470 National Championships – Sydney, Australia

- Sophie Jackson – 1st Mixed 470

Australian Sailing Team

- Laura Harding – 49er FX

Australian Sailing Pathways Team

- Casey Imeneo – ILCA 6

PROGRAM STAFF

Hannah Every-Hall

General Manager High Performance

Alice Neill

Performance Coordinator

COACHES

Carrie Smith

Head Coach

PERFORMANCE SUPPORT STAFF

Josh Ferguson

Physiotherapist

Kim Gray

Performance Lifestyle Adviser

Dr Philippa Inge

Sports Physician

Michael Inglis

Performance Psychologist

Sarina Lococo

Sports Dietitian

Ben Willey

Physical Preparation Coach

ATHLETES

Anna Cripsey

Philip Cripsey

Tana Deyell

Jack Eickmeyer

Laura Harding

Thomas Holmes

Casey Imeneo

James Jackson

Sophie Jackson

Lily Richardson

TRAINING VENUES

VIS Gymnasium

Royal Brighton Yacht Club

Sorrento Sailing and Couta Boat Club

PARTNERS

Australian Sailing

Royal Brighton Yacht Club

Sorrento Sailing and Couta Boat Club

“Even though the standalone VIS sailing program has wrapped up and our sailors are now supported through the Individual Athlete Scholarship Program, their progress has never been stronger. Carrie Smith’s outstanding leadership leaves an enduring legacy of excellence, and our dedicated, innovative performance support team continues to provide world-class, tailored services that propel every athlete toward success.”

—Hannah Every-Hall, General Manager High Performance

VIS SPORTS SHOOTING

In partnership with Shooting Australia, the VIS shooting program aims to develop and deliver a high performance program and a National Centre of Excellence program. Until December 2024, the program supported both Shotgun and Pistol disciplines. In 2025, the VIS will continue supporting Shotgun athletes. The program is fortunate to have a team of skilled and experienced coaches and support staff who play an important role in helping athletes with their training and competition performances.

KEY ACHIEVEMENTS

2024 Olympic Games – Paris, France

- Penny Smith-3rd Trap - Women
- James Willett-6th Trap - Men

Australian Team Representation:

- Sergei Evglevski
- Mitchell Iles
- Aislin Jones
- Catherine Skinner OAM

2024 ISSF Junior World Championships – Lima, Peru

- Molly Bretag-8th Trap - Team - Mixed

Australian Team Representation:

- Marco Corbo

2025 ACTA National Championships - Commonwealth Title – Sydney, Australia,

- Aislin Jones-1st Skeet - Women
- Penny Smith-1st Trap - Women

2025 ACTA National Championships - National Title – Sydney, Australia,

- Aislin Jones-1st Skeet - Women
- Penny Smith-1st Trap - Women

2025 ISSF World Cup (Buenos Aires) - Buenos Aires, Argentina

- Penny Smith-1st Trap - Women, 2nd Trap - Team - Mixed
- Mitchell Iles-2nd Trap - Team - Mixed

2025 ISSF World Cup (Lima) – Lima, Peru

- Penny Smith-1st Trap - Team - Mixed
- Mitchell Iles-1st Trap - Team - Mixed

2025 ISSF Junior World Cup (Suhl) – Suhl, Germany

- Australian Team Representation:
- Ben De Pedro

PROGRAM STAFF

Adam Hosking

Shotgun Program Manager - Shooting Australia (from April 2025)

Hannah Every-Hall

General Manager High Performance

Kathryn Periac

High Performance Program Manager – Shooting Australia (until February 2025)

Alice Neill

Performance Coordinator (until April 2025)

Nicole Tumblety

Performance Coordinator (from April 2025)

COACHES

Renae Birgan

Olympic Athlete Coach (Shotgun) - Shooting Australia

Vladimir Galiabovitch

National Pistol Coach - Shooting Australia (until December 2024)

PERFORMANCE SUPPORT STAFF

Elaine Bo

Sports Dietitian

Lyndsay Clarke

Physical Preparation Coach (until February 2025)

Daniel Dymond

Performance Psychologist

Josh Ferguson

Sports Physiotherapist

Shenae Keleher

Performance Lifestyle Adviser (from February 2025)

Rachael Lynch OAM

Performance Lifestyle Adviser (until February 2025)

Dr James Ooi

Sports Physician (from March 2025)

Dr Patrick Sunderland

Sports Physician (until March 2025)

ATHLETES

Nathan Argiro

Molly Bretag

Marco Corbo

Ben De Pedro

Kiara Dean

Lucas Furlan

Sergei Evglevski

Elena Galiabovitch

Mitchell Iles

Aislin Jones

Laetisha Scanlan

Gabriel Sensi

Catherine Skinner OAM

Penny Smith

James Willett

TRAINING VENUES

Melbourne Gun Club

VIS Gymnasium

Various shooting ranges throughout Victoria

PARTNERS

Shooting Australia

PHOTO: PENNY SMITH
CREDIT: GETTY IMAGES



“The Shotgun Program had its most successful Olympic Campaign since Rio in 2016, with Penny Smith securing the Bronze Medal for Australia and James Willett making the Men’s Trap final and finishing in 6th place. The success of the program was underpinned by a hardworking team of passionate and resilient athletes, coaches and performance team staff working together as one.”

—Renae Birgan – Olympic Athlete Coach (Shooting Australia)

SHOOTING

SWIMMING



PHOTO: AHMED KELLY
CREDIT: GETTY IMAGES

VIS SPORTS SWIMMING

The VIS swimming program supports both able-bodied and Para athletes. With the support of Swimming Australia and Swimming Victoria, the program works collaboratively with coaches to provide a high performance environment. Via a dedicated and expert support team, the program aims to prepare athletes for national and international success. This year, four VIS athletes competed in Paris across the Olympic and Paralympic Games.

KEY ACHIEVEMENTS

2024 Olympic Games – Paris, France

Australian Team Representation:

- William Petric
- Sam Williamson

2024 Paralympic Games – Paris, France

- Ahmed Kelly-2nd 150m Individual Medley SM3 - Men
- Col Pearse- 2nd 200m Individual Medley SM10 - Men, 4th 100m Butterfly S10 - Men

2024 World Aquatics Championships (25m) – Budapest, Hungary

- Tara Kinder-7th 400m Individual Medley (SC) - Women

2025 Para Swimming World Series – Melbourne, Australia

- Col Pearse-1st 50m Butterfly - Multi-Class - Men, 2nd 4 x 100m Medley 34 Points - Mixed, 3rd 200m Individual Medley - Multi-Class - Men

2025 Australian Age & MC Age Championships – Brisbane, Australia

- Nicholas Stoupas-1st 50m Breaststroke - Men

2025 Australian Open Championships – Brisbane, Australia

- Tara Kinder-1st 400m Individual Medley - Women, 1st 200m Breaststroke - Women
- Sam Williamson-1st 100m Breaststroke - Men, 1st 50m Breaststroke - Men

2025 Australian Swimming Trials – Adelaide, Australia

- Ahmed Kelly-1st 150m Individual Medley S3 - Men's

PROGRAM STAFF

Dr Harry Brennan
General Manager High Performance

Nicole Tumblety
Performance Coordinator

COACHES

Seb Bettiol
Melbourne Propulsion Coach

Jol Finck
Nunawading Swimming Club Head Coach

Craig Jackson
Melbourne Vic Centre Head Coach

Alex Hirschauer
Yarra Plenty Waves Head Coach

Kenrick Monk
Caulfield Aquatics Coach

Nick Veliades
Nunawading Swimming Club Coach

PERFORMANCE SUPPORT STAFF

Dr Victoria Brackley
Performance Scientist – Biomechanics + Learning Design

Andrew Cameron
Sports Physiotherapist

Louise Cato
Sports Dietitian

Alex Jovanovski
Performance Lifestyle Advisor (April to June 2025)

Samantha McLeod
Performance Psychologist

Dr Alice McNamara
Sports Physician

Dr Lachlan Mitchell
Performance Science - Physiology

Jono Wallace-Smith
Physical Preparation Coach

Sam Waters
Performance Lifestyle Advisor

ATHLETES

- Isabella Boyd
- Tamsin Cook
- Hamish Keenan
- Ahmed Kelly
- Tara Kinder
- Tommy Lane
- Col Pearse
- William Petric
- Nicholas Sloman
- Nicholas Stoupas
- Sam Williamson
- Jessica Wilson

TRAINING VENUES

- VIS Gymnasium
- Melbourne Sports and Aquatic Centre

PARTNERS

- Swimming Australia
- Swimming Victoria

"It is quite often that swimming gets pigeonholed as an 'individual sport'; however, with the team at the VIS working alongside me, never once have I felt like I am doing it alone. Through all the pitfalls and triumphs sport has to offer, there isn't a team of people I would rather share this journey with. They are my rock; they are my family."
—Sam Williamson (athlete)

TRIATHLON

In partnership with AusTriathlon, the VIS triathlon program supports Para athletes and facilitated the National Talent Transfer Program. The VIS triathlon talent transfer program was created to identify, recruit and develop talented single-sport and multi-disciplinary athletes into elite-level triathletes. On June 30, 2025, the talent transfer program concluded after two successful years of supporting new athletes in the sport. Under the leadership and coaching of Jarrod Evans, athletes benefited from expert support provided by staff, resulting in significant achievements within the sport, including national representation and selection across multiple Asian Cups, World Cups, Oceania Championships and Junior World Championships. The VIS also proudly supports elite able-bodied and Para athletes via a range of services. At the 2024 Paris Paralympic Games, three VIS Para athletes competed.

KEY ACHIEVEMENTS

World Triathlon Para Cup – Tata, Hungary

- Liam Twomey-1st PTS4 - Men

World Triathlon Mixed Relay Championships – Hamburg, Germany

- Australian Team Representation:
- Callum McClusky

2024 World Triathlon Aquathlon Championships – Townsville, Australia

- Claire Spicknall-1st Junior Women (2nd place - Elite Women)
- Isla Watson-1st U23 Women
- Kiara Mooney-2nd Junior Women (3rd place - Elite Women)

2024 Paralympic Games – Paris, France

- Jeremy Peacock-8th PTS4 - Men

- Australian Team Representation:
- Justin Godfrey
 - Liam Twomey

2024 World Triathlon Championship Finals – Torremolinos, Spain

- Australian Team Representation:
- Callum McClusky
 - Isla Watson

2024 World Triathlon Para Championships – Torremolinos, Spain

- Jeremy Peacock-7th PTS4 - Men

- Australian Team Representation:
- Liam Twomey

2024 World Triathlon Cup – Brasilia, Brazil

- Callum McClusky-2nd Elite Men - Sprint

2025 World Triathlon Cup – Napier, New Zealand

- Callum McClusky-3rd Elite Men - Sprint

2025 World Triathlon Para Series – Devonport, Australia

- Jeremy Peacock-1st PTS4 - Men
- Maggie Sandles-2nd PTVI - Women
- Hannah MacDougall-3rd PTS4 - Women
- Liam Twomey-3rd PTS5 - Men

2025 Oceania Triathlon Championships – Devonport, Australia

- Claire Spicknall-1st Team Relay - Mixed, 2nd Junior Women - Sprint

2025 Oceania Triathlon Para Championships – Mooloolaba, Australia

- Maggie Sandles-1st PTVI - Women
- Hannah MacDougall-2nd PTS4 - Women
- Jeremy Peacock-2nd PTS4 - Men
- Liam Twomey-3rd PTS4 - Men

2025 World Triathlon Para Series – Yokohama, Japan

- Maggie Sandles-3rd PTVI - Women

PROGRAM STAFF

Hannah Every-Hall

General Manager High Performance

Alice Neill

Performance Coordinator (until April 2025)

Nicole Tumblety

Performance Coordinator (from April 2025)

COACHES

Jarrod Evans

Triathlon Talent Transfer Head Coach

Brendan Sexton

Paratriathlon Pathways Coach – AusTriathlon (from June 2025)

PERFORMANCE SUPPORT STAFF

Grace Claringbold

Performance Lifestyle Adviser (from January 2025)

Amber Bennett

Sports Physiotherapist

Dr Victoria Brackley

Performance Scientist – Biomechanics + Learning Design (projects)

Dr Ana Holt

Performance Scientist - Physiology

Stephanie Moorhouse

Performance Lifestyle Adviser (until September 2025)

Amber Ross

Performance Psychologist

Dr Anik Shawdon

Sports Physician

Rachel Stentiford

Sports Dietitian

Matthew Vassie

Physical Preparation Coach

ATHLETES

Zoe Clarke
 Christopher Deegan
 Justin Godfrey
 Hannah MacDougall
 Callum McClusky
 Kiara Mooney
 Jeremy Peacock
 Maggie Sandles
 Claire Spicknall
 Liam Twomey
 Isla Watson

TRAINING VENUES

VIS Gymnasium

PARTNERS

Australian Triathlon
 Triathlon Victoria
 Paralympics Australia

“The VIS triathlon talent transfer program will conclude on June 30 as AusTriathlon refines its national strategy, marking a fond farewell to founding coach Jarrod Evans, who in just three years elevated single-discipline talents to World Cup starts, junior world teams, and pathway categorisation. Looking ahead, the VIS remains firmly committed to the sport—continuing support for Para-hub camps and individual triathletes while spearheading the next generation of Para-triathletes on the road to LA 2028.”
 —Hannah Every-Hall – General Manager High Performance

PHOTO: ZOE CLARKE
 CREDIT: CON CHRONIS

TRIAATHLON

VIS SPORTS

WHEELCHAIR BASKETBALL

The VIS wheelchair basketball program operates in partnership with Basketball Australia (BA) and Basketball Victoria (BV) to deliver the high performance program for wheelchair basketball in Victoria.

The program aims to maximise the development of elite Victorian wheelchair basketball athletes to achieve national and international success, aligned with the national program's direction and targets. Athletes are supported through a world-class daily training environment, including access to facilities and comprehensive support services as they pursue international excellence.

KEY ACHIEVEMENTS

2024 National Wheelchair Basketball League – Various, Australia

- Jaylen Brown - 1st Darwin Salties

2024 Paralympic Games – Paris, France

- Jaylen Brown - 5th Australia

2025 IWBF Europe Champions Cup Final – Istanbul, Turkey

- Jaylen Brown, Tomas Klein - 2nd Amicacci Abruzzo

2025 IWBF U23 World Championships – Sao Paulo, Brazil

- Mitchell Bond, Jaylen Brown, Rhys Higgins - 4th Australia

2025 Men's 3x3 Asia Oceania Championships – Hangzhou, China

- Tomas Klein, Jeremy Tyndall - 4th Australia

2025 Women's 3x3 Asia Oceania Championships – Hangzhou, China

- Laura Davoli - 4th Australia 1
- Isabel Martin - 7th Australia 2

PROGRAM STAFF

Rebekah Webster

General Manager High Performance (until April 2025)

Hannah Every-Hall

General Manager High Performance (from April 2025)

Matthew Thompson

Acting Program Manager (December 2024 - April 2025)
Performance Coordinator

COACHES

Craig Campbell

Wheelchair Basketball Head Coach (until December 2024)

Jeremy Synot

Wheelchair Basketball Head Coach (from April 2025)

PERFORMANCE SUPPORT STAFF

Elaine Bo

Sports Dietitian

Nathan Lee

Physical Preparation Coach

Shenae Keleher

Performance Lifestyle Adviser (from February 2025)

Rachael Lynch OAM

Performance Lifestyle Adviser (until January 2025)

Amber Ross

Performance Psychologist

Kane Spagnolo

Physiotherapist (from November 2024)

Dr Patrick Sunderland

Sports Physician

Katherine Taylor

Physiotherapist (until November 2024)

Dr Tom Topham

Performance Scientist - Physiology

ATHLETES

Ethan Anderson

Mitchell Bond

Jaylen Brown

Sarah Calati

Harriet Caldwell

Brady Cochrane

Ricky Cox

Laura Davoli

Will Firth

Rhys Higgins

Tomas Klein

Chithic Machar

Isabel Martin

Shelley Matheson

Oscar Mugerwa

Jack Thomas

Jeremy Tyndall

TRAINING VENUES

Melbourne Sports and Aquatic Centre

The Hangar

VIS Gymnasium

PARTNERS

Basketball Australia

Basketball Victoria

"I've only been in the role for a few months, and the work the support team does within the program is incredible. I feel very fortunate to have such a great group of staff around me. The talent within the program is both exciting and diverse, with several athletes who are either young or relatively new to the sport already showing a great deal of potential."

—Jeremy Synot - VIS Wheelchair Basketball Head Coach

PHOTO: TOMAS KLEIN
CREDIT: GEOFF ADAMS

WHEELCHAIR BASKETBALL



PHOTO: SCOTTY JAMES
CREDIT: GETTYIMAGES

2024/2025

INDIVIDUAL ATHLETE SCHOLARSHIP PROGRAM

The Individual Athlete Scholarship Program (IASP) aims to provide comprehensive performance support for athletes not involved in Tier 1 Sporting Programs.

From podium-level athletes, who are all achieving excellent results in senior national and international competition, to emerging athletes taking their initial steps into high performance support, athletes can access the full range of performance services, as well as utilise the outstanding training and recovery facilities at the VIS headquarters at Lakeside Stadium. The program features a range of Australia's leading high performance athletes across numerous Olympic, Paralympic and Commonwealth sports.

Over the past 12 months, sports that have athletes within the IASP have continued to adapt and effectively use the support provided by the VIS.

The Paris Olympic and Paralympic Games provided the aspirational crescendo for many IASP in 2024. From those who made their Olympic debut to those who called time on their Olympic and Paralympic journeys – congratulations.

KEY ACHIEVEMENTS

ARTISTIC SWIMMING (until December 2024)

2024 Olympic Games – Paris, France

- Australian Team Representation:
- Margo Joseph-Kuo
 - Anastasia Kusmawan

Team Australia Squad

- Margo Joseph-Kuo
- Anastasia Kusmawan

BADMINTON

2024 YONEX U15/19 Australian National Individual Championships – Madeira, Australia

- Jazmine Lam - 1st Women's Doubles
- Bethany Li - 1st Women's Doubles

2024 Olympic Games – Paris, France

- Australian Team Representation:
- Angela Yu

2024 Paralympic Games – Paris, France

- Celine Vinot - 7th SL3 Women's Singles

2024 YONEX BWF World Junior Mixed Team & Individual Championships – Nanchang, China

- Australian Team Representation:
- Shrey Dhand
 - Jazmine Lam
 - Bethany Li

2025 Victor Oceania Individual & Teams Championships – Auckland, New Zealand

- Angela Yu – 1st Women's Doubles, 1st Mixed Teams

2025 YONEX Australian National Championships – Hobart, Australia

- Angela Yu – 1st Women's Doubles

Australian Badminton Falcons National Squad

- Shrey Dhand
- Kayson Goh
- Angela Yu

Australian Para Badminton Falcons National Squad

- Mischa Ginns
- Celine Vinot

Australian Badminton Junior Falcons Development Squad

- Jazmine Lam
- Bethany Li

BASEBALL (from April 2025)

Team Australia Squad

- Jarryd Dale
- Darryl George
- Jon Kennedy
- Blake Townsend
- Aaron Whitefield

BASKETBALL

2024 Olympic Games – Paris, France

- Tess Madgen – 3rd Women's Team
- Kristy Wallace – 3rd Women's Team

Opals National Squad

- Chloe Bibby
- Sara Blicavs
- Tess Madgen
- Maddison Rocci
- Kristy Wallace

CANOEING

2024 ICF Junior and U23 Canoe Slalom World Championships – Liptovsky Mikulas, Slovakia

- Mark Crosbee – 7th Men's U23 C1 Team
- Sarah Crosbee – 7th Women's Junior C1 Team

Australian Team Representation:

- Riley Galea
- Sebastian Montalto
- Georgia O'Callaghan
- James Stamp

2024 Olympic Games – Paris, France

- Australian Team Representation:
- Tristan Carter

2024 ICF Wildwater Canoeing World Championships – Sabero, Spain

- Australian Team Representation:
- Riley Galea

2025 PA Canoe Slalom Age National Championships – Forth River, Australia

- James Stamp – 1st Boys' U18 K1, 1st Boys' U18 CSLX

2025 Oceania Canoe Slalom Championships – Penrith, Australia

- Tristan Carter – 1st Men's C1

CURLING

2025 World Mixed Doubles Curling Championship – Fredericton, Canada

- Dean Hewitt – 3rd Mixed Doubles

2025 Curling Australia National Championships – Naseby, New Zealand

- Dean Hewitt – 1st Mixed Doubles

EQUESTRIAN

2024 Paralympic Games – Paris, France

- Bridget Murphy – 7th Dressage Freestyle Grade II, 7th Dressage Championship Grade II
- Stella Barton – 7th Dressage Freestyle Grade I, 8th Dressage Championship Grade I

Australian Team Representation:

- Dianne Barnes

INDIVIDUAL ATHLETE SCHOLARSHIP PROGRAM

FOOTBALL

2024 Olympic Games – Paris, France

Australian Team Representation:

- Stephanie Catley

Matildas National Squad

- Stephanie Catley

GYMNASTICS

2024 Olympic Games – Paris, France

Australian Team Representation:

- Brock Batty
- Alexandra Kiroi-Bogatyreva
- Kate McDonald
- Breanna Scott
- Emily Whitehead

FIG Apparatus World Cup 2025 – Osijek, Croatia

- Kate McDonald – 3rd Uneven Bars

FIG Apparatus World Cup 2025 – Doha, Qatar

- Kate McDonald – 1st Uneven Bars

FIG Apparatus World Cup 2025 – Varna, Bulgaria

- Marcus Casamento – 3rd Floor

LAWN BOWLS

2024 Para National Championships – Broadbeach, Australia

- Joshua Barry – 1st Open Pairs Multi-Disability
- Lucas Protopapas – 1st Men's 14-point Pairs

2024 Oceania Challenge – Auckland, New Zealand

- Sophie Kurzman – 1st Women's Triples

Australian Jackaroos Squad

- Cassandra Millerick
- Kylie Whitehead

Australian Para Jackaroos Squad

- Joshua Barry
- Alison East

Australian Emerging Jackaroos Squad

- Samantha Atkinson
- Sophie Kurzman

Australian Emerging Para Jackaroos Squad

- Lucas Protopapas

ROWING

2024 Olympic Games – Paris, France

- Jessica Morrison OAM – 3rd Women's Pair
- Paige Barr – 4th Women's Eight
- Simon Keenan – 4th Men's Pair
- Lucy Stephan OAM – 4th Women's Eight
- Hayley Verbunt – 4th Women's Eight
- Katrina Werry – 4th Women's Eight

- Timothy Masters – 6th Men's Four, 6th Men's Eight
- Benjamin Canham – 6th Men's Eight
- Fergus Hamilton – 6th Men's Four
- Jack Robertson – 6th Men's Four
- Angus Widdicombe – 6th Men's Eight

2024 Paralympic Games – Paris, France

- Alexandra Viney – 5th PR3 Mixed Coxed Four

2024 World Rowing Senior, Under 23 and Under 19 Championships – St Catherines, Canada

- Dominic Frederico – 2nd U23 Men's Double Sculls
- Austin Reinehr – 2nd U23 Men's Four
- Sarah Marriott – 4th U23 Women's Eight
- Romy Cantwell – 6th U23 Women's Double Sculls

2025 Australian Rowing Championships – Tasmania, Australia

- Paige Barr – 1st Women's Quadruple Sculls
- Nick Bartlett – 1st PR3 Men's Pair
- Charlie Batrouney – 1st Men's Eight
- Romy Cantwell – 1st U23 Women's Quadruple Sculls, 1st Women's Eight, 1st U23 Women's Double Sculls

- Laura Foley – 1st Women's Eight
- Tom Foley – 1st U23 Men's Eight, 1st Men's Eight
- Emmie Frederico – 1st Women's Quadruple Sculls, 1st Women's Pair
- Eliza Gaffney – 1st Women's Eight
- Georgie Gleeson – 1st Women's Eight
- Fergus Hamilton – 1st Men's Eight, 1st Men's Four, 1st Men's Pair
- Winston Hooper – 1st U23 Men's Eight
- Zara Kfoury – 1st U23 Women's Single Sculls
- Rohan Lavery – 1st Men's Eight
- Zara Lavery – 1st Women's Eight
- Susannah Lutze – 1st PR3 Women's Pair, 1st PR3 Women's Single Sculls
- Austin Reinehr – 1st Men's Four
- Sophie Reinehr – 1st Women's Double Sculls, 1st Women's Quadruple Sculls
- Jack Robertson – 1st Men's Eight
- Nick Smith – 1st Men's Eight, 1st Men's Four
- Lucy Stephan OAM – 1st Women's Eight
- Alexandra Viney – 1st PR3 Women's Pair
- Angus Widdicombe – 1st Men's Eight, 1st Men's Four

2025 World Cup I – Varese, Italy

- Fergus Hamilton – 1st Men's Four
- Austin Reinehr – 1st Men's Four
- Eliza Gaffney – 2nd Women's Four
- Paige Barr – 3rd Women's Eight
- Emmie Frederico – 3rd Women's Eight
- Eliza Gaffney – 3rd Women's Eight

- Georgie Gleeson – 3rd Women's Eight
- Hayley Verbunt – 3rd Women's Eight

2025 World Cup II – Lucerne, Switzerland

- Fergus Hamilton – 1st Men's Four
- Austin Reinehr – 1st Men's Four
- Emmie Frederico – 2nd Women's Four
- Eliza Gaffney – 2nd Women's Four
- Jack Robertson – 2nd Men's Eight
- Angus Widdicombe – 2nd Men's Eight
- Georgie Gleeson – 3rd Women's Eight
- Hayley Verbunt – 3rd Women's Eight

SAILING (from April 2025)

2025 ILCA 6 Women's & ILCA 7 Men's World Championship – Qingdao, China

Australian Team Representation:

- Casey Imeneo

SHORT TRACK SPEED SKATING (from December 2024)

2025 ISU World Short Track Championships – Beijing, China

- Brendan Corey – 5th Men's 1500m

SKATEBOARDING

2024 Olympic Games – Paris, France

- Keefer Wilson – 8th Men's Park

Australian Team Representation:

- Shane O'Neill

World Skate Games Italia 2024 – Rome, Italy

Australian Team Representation:

- Charlotte Heath
- Aaliyah Wilson
- Keefer Wilson

SNOWBOARDING

2024 Snowboard World Cup – Secret Garden, China

- Scotty James – 2nd Men's Halfpipe

2025 Snowboard World Cup – Laax, Switzerland

- Scotty James – 1st Men's Halfpipe

2025 Snowboard World Championships – Engadin, Switzerland

- Scotty James – 1st Men's Halfpipe

Australian Team Representation:

- Camilla Bongiorno

SOFTBALL

2025 Aussie Spirit Squad

- Hannah Scott

SPORT CLIMBING

2024 Olympic Games – Paris, France

- Oceana Mackenzie – 7th Women's Boulder & Lead

Australian Team Representation:

- Campbell Harrison

2024 IFSC Youth World Championships – Guiyang, China

- Maya Stasiuk – 7th Youth A Female Boulder

2024 IFSC World Cup – Koper, Slovenia

- Oceana Mackenzie – 3rd Women's Boulder

SQUASH

2024 WSF World Junior Individual & Team Championships – Texas, USA

Australian Team Representation:

- Joanne Joseph

2024 World Squash Team Championships – Hong Kong, China

Australian Team Representation:

- Sarah Cardwell
- Dylan Molinaro

National Junior Talent Squad

- Darcy Hayes
- Joanne Joseph

National Senior Squad

- Sarah Cardwell
- Dylan Molinaro

SURFING

2024 WSL World Junior Championships

Australian Team Representation:

- Ellie Harrison

TABLE TENNIS

2024 National Championships – Para, Senior, Youth and Junior – Mandurah, Australia

- Christopher Addis – 1st Open Class 1-5 Wheelchair Singles, 1st Class 3-5 Singles, 1st Open Class 1-5 Wheelchair Doubles, 1st Class 1-5 Mixed Teams
- Jake Ballestrino – 1st Class 7 Singles, 1st Class 6-7 Mixed Teams
- Hasali (Sanaya) Buddhadasa – 1st U19 Girls' Doubles, 1st U19 Mixed Doubles
- Daniela Di Toro – 1st Open Class 1-5 Wheelchair Doubles, 1st Open Class 1-5 Wheelchair Mixed Doubles, 1st Class 1-5 Mixed Teams
- Xavier Dixon – 1st Men's Doubles
- Trevor Hirth – 1st Class 6 Singles, 1st Class 6-7 Mixed Teams
- Yi-Jen Hsu – 1st U21 Women's Doubles, 1st U17 Girls' Doubles, 1st U17 Girls' Teams
- Lina Lei OAM – 1st Open Class 6-10 Women's Standing Doubles, 1st Open Class 6-10 Mixed Standing Doubles, 1st Class 8-11 Mixed Teams
- Yangzi Liu – 1st Women's Singles, 1st Women's Doubles, 1st Mixed Doubles, 1st Women's Teams
- Finn Luu – 1st Mixed Doubles
- Lin Ma – 1st Class 8-10 Men's Singles, 1st Open Class 6-10 Men's Standing Doubles, 1st Open Class 6-10 Mixed Standing Doubles

- Melissa Tapper – 1st Class 9-10 Women's Singles, 1st Women's Doubles, 1st Women's Teams

- Qian Yang OAM – 1st Open Class 6-10 Women's Standing Doubles, 1st Class 8-11 Mixed Teams
- Victoria Zhang – 1st U17 Girls' Teams

2024 Olympic Games – Paris, France

Australian Team Representation:

- Nicholas Lum
- Finn Luu
- Melissa Tapper

2024 Paralympic Games – Paris, France

- Qian Yang OAM – 1st Class 10 Women's Singles, 1st Class 20 Women's Doubles
- Lina Lei OAM – 1st Class 20 Women's Doubles, 3rd Class 9 Women's Singles
- Lin Ma – 3rd Class 9 Men's Singles
- Melissa Tapper – 5th Class 10 Women's Singles

Australian Team Representation:

- Christopher Addis
- Daniela Di Toro
- Trevor Hirth
- Nathan Pellissier

2024 ITTF Oceania Youth Championships – Melbourne, Australia

- Hasali (Sanaya) Buddhadasa – 1st U19 Girls' Singles

2024 ITTF Oceania Senior Championships – Auckland, New Zealand

- Hasali (Sanaya) Buddhadasa – 1st U21 Women's Singles, 1st U21 Women's Doubles, 1st U21 Mixed Doubles, 1st U21 Women's Teams
- Yi-Jen Hsu – 1st U21 Women's Teams
- Yangzi Liu – 1st Women's Doubles, 1st Mixed Doubles, 1st Women's Teams
- Nicholas Lum – 1st Men's Doubles, 1st Mixed Doubles, 1st Men's Teams
- Finn Luu – 1st Men's Doubles, 1st Men's Teams
- Aditya Sareen – 1st Men's Teams
- Melissa Tapper – 1st Women's Teams

2024 ITTF World Youth Championships – Helsingborg, Sweden

- Nicholas Lum – 5th U19 Boys' Singles, 5th U19 Boys' Teams
- Aditya Sareen – 5th U19 Boys' Teams

Australian Team Representation:

- Hasali (Sanaya) Buddhadasa

2025 ITTF World Table Tennis Championships – Doha, Qatar

Australian Team Representation:

- Nicholas Lum
- Finn Luu
- Aditya Sareen

2025 ITTF Oceania Senior Championships – Christchurch, New Zealand

- Yangzi Liu – 1st Women's Singles, 1st Women's Doubles, 1st Mixed Doubles, 1st Women's Teams
- Nicholas Lum – 1st Men's Singles, 1st Men's Doubles, 1st Mixed Doubles, 1st Men's Teams

- Finn Luu – 1st Men's Doubles, 1st Men's Teams
- Aditya Sareen – 1st Men's Teams

2025 ITTF Oceania Junior Championships – Christchurch, New Zealand

- Aditya Sareen – 1st U19 Boys' Singles, 1st U19 Mixed Doubles, 1st U19 Men's Teams

2024/25 National Senior Squad

- Hasali (Sanaya) Buddhadasa
- Dillon Chambers
- Xavier Dixon
- Jian Lay
- Yangzi Liu
- Nicholas Lum
- Finn Luu
- Aditya Sareen
- Melissa Tapper

2024/25 National Junior Squad

- Yi-Jen Hsu
- Victoria Zhang

2025 National Squad (Para)

- Christopher Addis
- Daniela Di Toro
- Lina Lei OAM
- Lin Ma
- Nathan Pellissier
- Qian Yang OAM

WATER POLO

2024 Olympic Games – Paris, France

- Blake Edwards – 8th Men's Team
- Lachlan Edwards – 8th Men's Team

2025 World Aquatics U20 Men's Water Polo Championships – Zagreb, Croatia

Australian Team Representation:

- Daniel Magasanik
- Oliver Purcell

Aussie Sharks National Squad

- Blake Edwards
- Lachlan Edwards

2025 20&U Female Squad

- Jemma Potts

2025 20&U Male Squad

- Daniel Magasanik

2024 20&U Male Squad

- Pavle Macic
- Oliver Purcell

WHEELCHAIR RUGBY

2024 Paralympic Games – Paris, France

- Ben Fawcett – 3rd Australia
- Shae Graham – 3rd Australia
- James McQuillan – 3rd Australia

2025 Wheelchair Rugby World Challenge – Adelaide, Australia

- Ben Fawcett – 2nd Australia
- Shae Graham – 2nd Australia

INDIVIDUAL ATHLETE SCHOLARSHIP PROGRAM

PROGRAM STAFF

David Madigan
General Manager High Performance - IASP / FTP

Dr Harry Brennan
General Manager High Performance (Rowing)

Olivia Jarvis
Performance Coordinator

Tess Lloyd
Performance Coordinator (until March 2025)

Emily Hamilton-Smith
Performance Coordinator (from April 2025)

Nicole Tumblety
Performance Coordinator (Rowing)

PERFORMANCE SUPPORT STAFF

Sports Physicians

Dr Philippa Inge
(Parental Leave from April 2025)

Dr Alice McNamara

Dr James Ooi (from February 2025)

Dr Anik Shawdon

Dr Patrick Sunderland

Dr Susan White AM

Performance Psychologists

Caroline Anderson

Dean Cooper

Daniel Dymond

Emma Hall

Michael Inglis

Amber Ross

Physiotherapists

Amber Bennett (from March 2025)

Kevin Craigie

Josh Ferguson

Andrew Fooks

Jacqueline Gurr

Steve Hawkins

Tamara Lidums

Dr Ebonie Rio

Kane Spagnolo (from November 2024)

Katherine Taylor (until November 2024)

Soft Tissue Therapists

Emily Athanasiou

Anne Davies (until October 2024)

Gillian Niven

Physical Preparation Coaches

Lyndsay Clarke

Cate Gifford

Farhan Juhari (until December 2024)

Ben King (from April 2025)

Nathan Lee

Will Morgan

Stephanie Mundy

Luke Neville (until March 2025)

Luke Stevens (PhD Scholar)

Matthew Vassie (from March 2025)

Jarrold Vos

Jono Wallace-Smith

Ben Willey (from April 2025)

Performance Scientists/Analysts

Milli Bilson

Dr Victoria Brackley (from May 2025)

Kristal Hammond (until December 2024)

Mathew Harris

Dr Tom Topham (from January 2025)

Samuel Wells

Sports Dieticians

Kylie Andrew

Elaine Bo

Louise Cato

Siobhan Crawshay (from April 2025)

Sarina Lococo

Dr Emily Meehan

Rachel Stentiford

Performance Lifestyle Advisors

Eloise Boyle (until December 2024)

Grace Claringbold (from January 2025)

Kim Gray (from April 2025)

Alex Jovanovski (from March 2025)

Shenae Keleher (from January 2025)

Rachael Lynch OAM (until December 2025)

Stephanie Moorhouse (until September 2024)

Brooke Penfold (from March 2025)

Pippa Temperley (until January 2025)

Sarah Thompson (until January 2025)

Sam Waters

ATHLETES

Christopher Addis / Para Table Tennis

Miyabi Akiya / Gymnastics

Rebecca Allen / Basketball

Samantha Atkinson / Lawn Bowls

Jessica Bagley / Boxing

Jake Ballestrino / Para Table Tennis

Dianne Barnes / Para Equestrian

Paige Barr / Rowing

Joshua Barry / Para Lawn Bowls

Nick Bartlett / Rowing

Stella Barton / Para Equestrian

Amanda Bateman / Rowing

Charlie Batrouney / Rowing

Brock Batty / Gymnastics

Asher Bayles / Gymnastics

Alicia Berryman / Canoe Slalom

Chloe Bibby / Basketball

Layla Bloom / Weightlifting

Sara Blicavs / Basketball

Camilla Bongiorno / Snowboarding

Louisa Bongrain / Rowing

Emma Booth / Para Equestrian

Miella Brown / Gymnastics

Romi Brown / Gymnastics

Hasali (Sanaya) Buddhadasa / Table Tennis

Tyson Bull / Gymnastics

Chris Burke / Baseball

Benjamin Canham / Rowing

Romy Cantwell / Rowing

Sarah Cardwell / Squash

Tristan Carter / Canoe Slalom

Marcus Casamento / Gymnastics

Jacob Cassar / Boxing

Stephanie Catley / Football

Dillon Chambers / Table Tennis

Maddison Cooke / Para Equestrian

Brendan Corey / Short Track Speed Skating

Anna Cripsey / Sailing

Philip Cripsey / Sailing

Tyson Cromie / Lawn Bowls

Mark Crosbee / Canoe Slalom

Sarah Crosbee / Canoe Slalom

Jarryd Dale / Baseball

Sara DeUray / Rowing

Shrey Dhand / Badminton

Daniela Di Toro / Para Table Tennis

Xavier Dixon / Table Tennis

Willis Droomer / Surfing

Alison East / Para Lawn Bowls

Blake Edwards / Water Polo

Lachlan Edwards / Water Polo

Jack Eickmeyer / Sailing

Keira Ellis / Skateboarding

Ben Fawcett / Wheelchair Rugby

Laura Foley / Rowing

Tom Foley / Rowing

Harrison Fox / Rowing

Dominic Frederico / Rowing

Emmie Frederico / Rowing

Eliza Gaffney / Rowing

Riley Galea / Canoe Slalom

Harry Garside / Boxing

Darryl George / Baseball

Mischa Ginns / Para Badminton

Georgie Gleeson / Rowing

Kayson Goh / Badminton

Claire Graham / Para Equestrian

Shae Graham / Wheelchair Rugby

Xavier Hall-Sullivan / Rowing

Fergus Hamilton / Rowing

Laura Harding / Sailing

Campbell Harrison / Sport Climbing

Ellie Harrison / Surfing

Jake Harvey / Skateboarding

Connor Hayes / Squash

Darcy Hayes / Squash

Charlotte Heath / Skateboarding

Dean Hewitt / Curling

Melanie Hilton / Para Equestrian

Trevor Hirth / Para Table Tennis

Thomas Holmes / Sailing

Winston Hooper / Rowing

Nicholas Howard / Gymnastics

Yi-Jen Hsu / Table Tennis

Xavier Huxtable / Surfing

Casey Imeneo / Sailing

Scotty James / Snowboarding

Joanne Joseph / Squash

Margo Joseph-Kuo / Artistic Swimming

Cameron Keenan / Lawn Bowls

Simon Keenan / Rowing

Jon Kennedy / Baseball

Zara Kfoury / Rowing

Jayden Kim / Baseball

Alexandra Kiroi-Bogatyreva / Gymnastics

Sophie Kurzman / Lawn Bowls

Anastasia Kusmawan / Artistic Swimming

Caitlin Laird / Softball

Jazmine Lam / Badminton

Sarah Lacombe / Para Sport Climbing

Rohan Lavery / Rowing

Zara Lavery / Rowing

Kylie Lavis / Lawn Bowls

Jian Lay / Table Tennis

Emerson Leffler / Gymnastics

Lina Lei OAM / Para Table Tennis

Bethany Li / Badminton

Yangzi Liu / Table Tennis

Tara Logan / Water Polo

Dallas Loughridge / Basketball

Nicholas Lum / Table Tennis

Finn Luu / Table Tennis

Lin Ma / Para Table Tennis

Pavle Macic / Water Polo

Oceana Mackenzie / Sport Climbing

Tess Madgen / Basketball

Daniel Magasanik / Water Polo

James Mann-Segal / Gymnastics

Sarah Marriott / Rowing

Timothy Masters / Rowing

Lukas Matic / Rowing

Kate McDonald / Gymnastics

Tyla McDonald / Boxing

James McQuillan / Wheelchair Rugby

Cassandra Millerick / Lawn Bowls

Fraser Miscamble / Rowing

Jean Mitchell / Rowing

Dylan Molinaro / Squash

Sebastian Montalto / Canoe Slalom

Jessica Morrison OAM / Rowing

Bridget Murphy / Para Equestrian

Tyson Mutsch / Water Polo

Archie Nelson / Canoe Slalom

Georgia O'Callaghan / Canoe Slalom

Felix Oliver / Rowing

Shane O'Neill / Skateboarding

Caitlin Parker / Boxing

Nathan Pellissier / Para Table Tennis

Zac Perillo / Gymnastics

Jemma Potts / Water Polo

Lucas Protopapas / Para Lawn Bowls

Oliver Purcell / Water Polo

Sophie Reinehr / Rowing

Austin Reinehr / Rowing

Jack Robertson / Rowing

India Robinson / Surfing

Maddison Rocci / Basketball

Livia Rosaia / Rowing

Benjamin Ross / Canoe Slalom

Emma Ross / Gymnastics

Aditya Sareen / Table Tennis

Lauren Scherf / Basketball

Breanna Scott / Gymnastics

Hannah Scott / Softball

Nick Smith / Rowing

Robinson Smith / Baseball

Declan Speirs / Baseball

James Stamp / Canoe Slalom

Maya Stasiuk / Sport Climbing

Lucy Stephan OAM / Rowing

Melissa Tapper / Table Tennis & Para Table Tennis

Glen Todd / Para Sport Climbing

Blake Townsend / Baseball

Nikki van Dijk / Surfing

Hayley Verbunt / Rowing

Alexandra Viney / Para Rowing

Celine Vinot / Para Badminton

Zoe Vorenas / Para Equestrian

Alex Vuillermin / Para Rowing

Kristy Wallace / Basketball

Jayden Warn / Wheelchair Rugby

Katrina Werry / Rowing

Aaron Whitefield / Baseball

Emily Whitehead / Gymnastics

Angus Widdicombe / Rowing

Marissa Williamson / Boxing

Aaliyah Wilson / Skateboarding

Keefer Wilson / Skateboarding

Harriet Wingrove / Gymnastics

Hamish Wynn-Pope / Rowing



Brock Batty was the youngest male Olympic trampoliner athlete to ever compete when he represented Australia at the 2024 Paris Olympic Games.

The Future Talent Program continues the successful relationship of the VIS and the Carbine Club, with the vision of 'fast tracking' the next generation talent and supporting athletes with the greatest potential for success at the highest level. The delivery of the program sees a handful of promising VIS athletes receive grants for specifically designed and exciting performance-enhancing projects.

KEY ACHIEVEMENTS

2024 Olympic Games – Paris, France

Australian Team Representation:

- Brock Batty (Gymnastics)
- Alexandra Kiroi-Bogatyreva (Gymnastics)
- Kate McDonald (Gymnastics)
- Keefer Wilson (Skateboarding)

GYMNASTICS

2025 FIG Apparatus World Cup – Osijek, Croatia

- Kate McDonald - 3rd Uneven Bars

2025 FIG Apparatus World Cup – Doha, Qatar

- Kate McDonald - 1st Uneven Bars

SKATEBOARDING

2024 World Skate Games Italia – Rome, Italy

Australian Team Representation:

- Keefer Wilson

SURFING

2024 WSL World Junior Championships

Australian Team Representation:

- Ellie Harrison

TABLE TENNIS

2024 ITTF Oceania Senior Championships – Auckland, New Zealand

- Aditya Sareen – 1st Men's Teams

2024 ITTF World Youth Championships – Helsingborg, Sweden

- Aditya Sareen - 5th U19 Boys' Teams

2025 ITTF World Table Tennis Championships – Doha, Qatar

Australian Team Representation:

- Aditya Sareen

2025 ITTF Oceania Senior Championships – Christchurch, New Zealand

- Aditya Sareen - 1st Men's Teams

2025 ITTF Oceania Junior Championships – Christchurch, New Zealand

- Aditya Sareen - 1st U19 Boys' Singles, 1st U19 Mixed Doubles, 1st U19 Men's Teams

PROGRAM STAFF

David Madigan

General Manager High Performance – IASP / FTP

Olivia Jarvis

Performance Coordinator

PERFORMANCE SUPPORT STAFF

Sports Physicians

Dr Alice McNamara

Dr James Ooi (from February 2025)

Dr Susan White AM

Performance Psychologists

Caroline Anderson

Daniel Dymond

Physiotherapists

Josh Ferguson

Dr Ebonie Rio

Soft Tissue Therapists

Emily Athanasiou

Physical Preparation Coaches

Lyndsay Clarke

Jarrod Vos

Sports Dietitians

Kylie Andrew

Elaine Bo

Louise Cato

Rachel Stentiford

Performance Lifestyle Advisors

Shenae Keleher (from January 2025)

Rachael Lynch OAM (until December 2025)

Pippa Temperley (until January 2025)

Sam Waters

ATHLETES

Brock Batty / Gymnastics

Willis Droomer / Surfing

Ellie Harrison / Surfing

Alexandra Kiroi-Bogatyreva / Gymnastics

Kate McDonald / Gymnastics

Aditya Sareen / Table Tennis

Keefer Wilson / Skateboarding

TRAINING VENUES

VIS Gymnasium

Cheltenham Youth Club Gymsports

LOOPS Table Tennis

Melbourne Sports and Aquatic Centre

The Shed Skatepark

SPONSORS

Carbine Club

The VIS Performance team delivers high-level, integrated support to our sport programs and athletes through a collaborative, interdisciplinary approach. In 2024, a key focus was driving and supporting performance at the Paris Olympic and Paralympic Games. VIS proudly contributed 83 athletes across 21 sports to the Olympic team—18% of the Australian contingent—securing eight medals and 13 Top eight finishes. At the Paralympics, 39 VIS athletes competed in 11 sports, making up 25% of the national team and achieving 16 medals and 18 Top eight results. Our efforts were bolstered by 31 dedicated VIS staff supporting athletes in Paris.

This year also marked the launch of Victoria's first Para Sport Unit, in partnership with the Australian Sports Commission (ASC) and PA, led by Paralympian and VIS alumnus Jack Swift.

Heading into the LA2028 Games Cycle, the VIS has partnered with the following sports to deliver programs: aerial skiing, athletics, combat, cycling, diving, hockey (Men & Women's), netball (Melbourne Vixens & Development Program), rowing, shooting, swimming, triathlon – Para hub, wheelchair basketball.

ATHLETE ENVIRONMENT

At the VIS, we are dedicated to empowering our scholarship athletes to achieve excellence both on and off the field. Our world-class training environment at Lakeside Stadium supports athletes in reaching their sporting potential while prioritising wellbeing, personal growth, and community engagement. Through innovation and research initiatives and in collaboration with our Sports Partners, our performance teams continually refine support systems and maximise resources for athletes, coaches, and staff. Alongside the performance health services at Lakeside Stadium, the VIS continues to create opportunities for athletes to train and compete across home-based, central, regional, interstate, and international environments.

COACHING

The VIS remains committed to world-class coaching by partnering with National and State Sporting Organisations to identify, recruit, and develop top coaching talent. Professional development is supported through targeted initiatives, guided by an embedded AIS Coach Development Lead. Annual Coach Away Days foster collaboration and social learning among VIS coaches and those working with VIS athletes. In January, the new AIS Gen32 Coach program cohort began, with seven Victorian coaches participating, including new Cycling Coach Sam De Riter.

KEY ACHIEVEMENTS

- 2 Olympic Gold Medals at the 2024 Paris Games, Grace Brown OAM (Women's Individual Time Trial) & Kelland O'Brien OAM (Men's Team Pursuit), Cycling.
- 3 Paralympic Gold Medals at the 2024 Paris Games, Emily Petricola OAM (Women's 3000m Individual Pursuit B – Cycling), Qian Yang OAM & Lina Lei OAM (Women's Doubles WD20-, Table

Tennis), Qian Yang OAM (Women's Singles WS10-, Table Tennis).

- In June 2025, three VIS coaches—Elissa Kent, Rebecca Stafford, and Rowie Webster—graduated from Gen32, all securing ongoing roles in their sports.

PERFORMANCE TEAM

Dave Crosbee

Director High Performance (until January 2025)

Rebekah Webster

General Manager High Performance (until March 2025)

Director High Performance (from April 2025)

Dr. Harry Brennan

General Manager High Performance

Hannah Every Hall

General Manager High Performance

Emily Hamilton-Smith

Performance Coordinator (from February 2025)

Laine Heidenreich

Data Scientist (From March 2025)

Olivia Jarvis

Performance Coordinator

Claire Lambe

AIS Coach Development Lead – VIS (returned from parental leave March 2025)

Richard Little

Data Intelligence Manager (until December 2024)

David Madigan

General Manager High Performance

Emily Martin

AIS Coach Development Lead – VIS (Parental leave cover July 2024- March 2025)

Demis Maslo

Data Scientist (until December 2024)

Data Intelligence Manager (from January 2025)

Will Morgan

General Manager Performance Services (from April 2025)

Alice Neill

Performance Coordinator (until April 2025)

Executive & Projects Officer (from April 2025)

Jack Swift

VIS Para Sport Unit Manager (From March 2025)

Stacia Strain

AIS Coach Development Lead – VIS (Part-time parental leave cover from April 2025)

Matthew Thompson

Performance Coordinator

Nicole Tumblety

Performance Coordinator

Sylvie Withers

Project Manager – Innovation & Research (until March 2025)

DATA INTELLIGENCE

The objective of the Data Intelligence team is to enable our sports to effectively collect, analyse, and understand their training and competition data. This work directly enhances athlete development and informs future training strategies. This year, the team has focused on refining these support processes, with key achievements including:

- Deploying automated reporting processes and data pipelines across 12 sports: archery, athletics, curling, cycling, judo, netball, rowing, sailing, shooting, swimming, taekwondo, and wheelchair basketball
- Developing and deploying new tools for data processing and dashboard reporting across four performance science disciplines: biomechanics, performance analysis, physiology and skill acquisition
- Developing and deploying new reporting streams to deliver key organisational information to the Executive Team, VIS Board, Performance Committee, and the Victorian Government
- Continually developing and enhancing existing data collection platforms to streamline competition reporting and athlete categorisation processes for the Performance Coordinators and GMHPs
- Launching a dedicated platform to showcase VIS athletes competing at the Paris Olympic and Paralympic Games, providing staff and stakeholders with real-time alerts for event schedules and results
- Redesigning the Research & Innovation platforms, providing stakeholders with greater visibility of all internal and external projects occurring at the VIS

INTERESTING FACT

Multi-talented VIS athlete Jess Gallagher has proudly represented Australia in not one, but four sports: alpine skiing, athletics, track cycling, and rowing. In 2010, Jess made history at the Vancouver Winter Paralympics by becoming the first Australian woman to win a Winter Paralympic medal, taking home bronze in the slalom. In 2024 she added another medal to her tally with a Silver in the Women's 1000m Tandem Time Trial (C4), Para Cycling Track. Talk about a trailblazer.



INTERESTING FACT
 Current PA trainee Liam Drowley concluded his time in the VIS Trainee Program early as he gained employment with our partners PA & Para Table Tennis in a Data Science role.

PERFORMANCE SCIENCE

The Performance Science department strives to support VIS athletes and coaches by applying scientific principles and the latest research to optimise preparation and performance at competition. The team seeks to understand, measure and monitor the critical performance factors at an individual level, recommend interventions and track these over time to enhance the athletes' capacities and capabilities to execute on the world stage, with a mixture of first principles science, research and innovation.

Performance projects have delivered support and provided solutions to VIS sport programs that have had no previous performance science support. Projects delivered throughout 2025, have experienced an increase in engagement, leading many programs to discuss embedding performance science into the performance support model of these sports in the future. Key projects included Milli Bilson in curling, Victoria Brackley in wheelchair basketball, Ryan Hatfield in shooting and Pete Brown in boxing.

Performance science staff members have played significant roles in the preparation of athletes towards benchmark events. Staff who have supported NSOs:

- Dr Avish Sharma – Athletics Australia
- Dr Aaron Balloch – Athletics Australia
- Dr Lachlan Mitchell – Swimming Australia
- Mathew Harris – Hockey Australia

Staff who have travelled with national teams for major competitions:

- Dr Aaron Balloch and Dr Avish Sharma – athletics
- Mathew Harris and Milli Bilson – hockey
- Milli Bilson – curling
- Dr Victoria Brackley – swimming
- Dr Tom Topham – cycling
- Dr Pete Browne – netball and boxing

Our Performance Science Traineeship Program continues its success, providing opportunities for aspiring performance scientists to learn from our world class staff within a high performance environment, whilst contributing meaningfully to the programs themselves. Many of these trainees have gone on to secure roles within the VIS or elsewhere in high performance sport, as well as go on to embedded higher degree research projects within our programs.

Performance science honour student achievements:

- Athletics honours student Hannah Scott (supervised by Aaron Balloch & Victoria Brackley) completed her data collection and will submit her thesis in early October.
- Honours student Brooke Thwaites (supervised by Victoria Brackley & Ryan Hatfield) commenced in August within the Wheelchair Basketball program.

PERFORMANCE SUPPORT STAFF

- Dr Rod Siegel**
 Performance Science Manager (until April 2025)
- Dr Aaron Balloch**
 Performance Science Assistant Manager – Biomechanics
- Milli Bilson**
 Performance Scientist – Performance Analysis
- Dr Victoria Brackley**
 Performance Scientist – Biomechanics
- Dr Peter Browne**
 Performance Scientist – Performance Analysis / Skill Acquisition
- Mathew Harris**
 Performance Science Assistant Manager – Performance Analysis
- Ryan Hatfield**
 Performance Scientist – Skill Acquisition
- Dr Ana Holt**
 Performance Scientist – Physiology
- Dr Lachlan Mitchell**
 Performance Scientist Assistant Manager – Physiology
- Dr Avish Sharma**
 Performance Scientist – Physiology
- Dr Tom Topham**
 Performance Scientist – Physiology
- Sam Wells**
 Performance Scientist – Performance Analysis (until Feb 2025)
- PERFORMANCE SCIENCE TRAINEES**
- Chanel Vettori
 Liam Drowley
 Jason Churches
 Caitlin Huell
 Joshua Nanayakkara

PHYSICAL PREPARATION

The Physical Preparation department works closely with program coaches as well as other performance services and performance health services to help prepare VIS athletes for their sport.

This year, our department staff have played pivotal roles in supporting elite athletes on their journey to major international competitions. Their expertise has been recognised through formal appointments with NSOs (Cory Innes – Australian Athletics, Steph Mundy – Australian Athletics) and through direct involvement in national team camps and tours across a wide range of sports (Cory Innes and Steph Mundy – athletics, Ben King – hockey, Jarrod Vos – archery, Yosup Kim – taekwondo & judo, Jono Wallace-Smith – swimming, Nathan Lee – basketball, wheelchair basketball, Matt Vassie – diving and Cate Gifford - winter).

The team has two members participating in the AIS Practitioner Development Program (Cate Gifford & Tyson Basford).

Our Physical Preparation Traineeship has been recognised as the benchmark for developing future physical preparation coaches across the National Institute Network (NIN). Trainees are embedded within high performance environments and receive direct mentorship from our experienced staff.

PERFORMANCE SUPPORT STAFF

- Lyndsay Clarke**
 Physical Preparation Coach
- Cate Gifford**
 Physical Preparation Coach
- Cory Innes**
 Performance Services Assistant Manager – Physical Preparation
- Farhan Juhari**
 Physical Preparation Coach (until December 2024)
- Yosup Kim**
 Physical Preparation Coach
- Ben King**
 Physical Preparation Coach
- Nathan Lee**
 Performance Services Assistant Manager – Physical Preparation
- Steph Mundy**
 Physical Preparation Coach
- Luke Neville**
 Physical Preparation Coach (until March 2025)
- Tyson Basford**
 Physical Preparation Coach (from April 2025)
- Luke Stevens**
 Physical Preparation PhD Scholar
- Matt Vassie**
 Physical Preparation Coach
- Dave Veli**
 Physical Preparation Coach
- Jarrod Vos**
 Physical Preparation Coach
- Jono Wallace-Smith**
 Performance Services Assistant Manager – Physical Preparation
- Ben Willey**
 Physical Preparation Coach

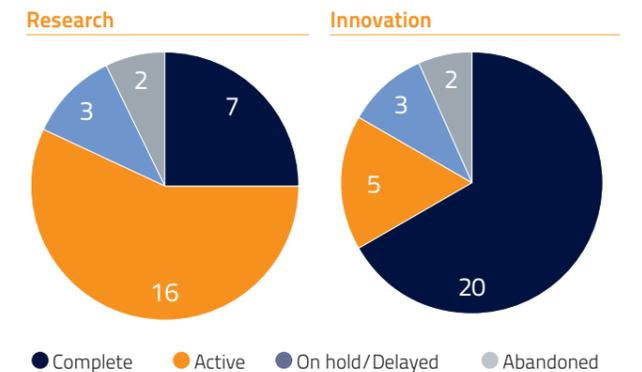
PHYSICAL PREPARATION TRAINEES

- 2024 TRAINEES**
- Tom Afonczenko
 Adele Boylen
 Shaun Campbell
 Alice Punaro
 Madison Tankey
 Will Tobin
 James Waldon
- 2025 TRAINEES**
- Bazil Tzunku
 Sienna Sleeth
 Peter Green
 Hana Glascow-Palmer
 Sam Dukic
 Eva Cavfolla

RESEARCH AND INNOVATION

The VIS is committed to providing funding and resources directed towards Research and Innovation (R&I) that aims to drive high performance outcomes and keep Victorian athletes ahead of the game.

In 2024/25, we approved four new funded research proposals (utilising external reviewers and a scoring matrix developed by the research council), bringing our total to 28 since the inception of VIS I&R in 2022. There were also four innovation projects approved, bringing the total to 30. We have filtered >70 research support requests (i.e. surveys) to select only those that we feel have the greatest benefit and impact to our athletes and coaches.



Projects have supported VIS athletes, aligned with our research pillars and have included; evaluation of the AIS female performance health modules and an implementation framework specific to VIS that will be used with the new athlete learning framework, the development and validation of calf strength testing and comparison with performance metrics in sprinting and change of direction (that involves mentoring and developing three research students, two universities and a collaboration across three disciplines). We developed an athlete education resource to empower athletes in their decision-making around participation in research and shared this with the wider NIN through the NIN research council.

The projects in both innovation and research have been spread across almost all VIS sports and a wide variety of scientific fields; biomechanics, medical, nutrition, performance analysis, performance lifestyle, physiology, physical preparation, physiotherapy, psychology and skills acquisition.

It was also a big year for expanding collaborations. Amongst the 20 different universities and organisational collaborations are the Australian Sports Tech Analytics & AI Research Hub (Ausistar), La Trobe Sport and Exercise Medicine (LASEM) IOC Research Centre, and Australian Sports Technology Network (ASTN).

In addition, we reviewed and updated our VIS Research Policy and improved the accessibility of forms, held our inaugural VIS Research Week, created resources to help staff direct inquiries easily to the research council, and launched the in-house innovation and research hub on Teams. Sylvie Withers, R&I lead, left the VIS in 2025, and the research council have done an amazing job stepping up to support the ongoing projects and automate processes. Our research council continues to have representation from each discipline and coaches, and we are looking forward to working with the new athlete advisory committee.

PERFORMANCE HEALTH SERVICES

The Performance Health Services (PHS) team is led by the Director Performance Health Services/Chief Medical Officer, Adj Prof Susan White AM. The team includes leading experts and consultants with extensive experience in the high performance sport environment and provides a wide range of services to VIS athletes in the areas of sports medicine, physiotherapy, soft tissue therapy, nutrition, performance lifestyle and performance psychology.

The PHS team takes a proactive approach to athlete support and works collaboratively with all members of the Performance team, including coaches, sport science and physical preparation professionals within each sport.

The team delivers an innovative and proactive program of support aimed at the prevention, early detection and management of injuries and illness. They provide individualised sport-specific nutrition advice and performance psychology that targets athletes' capacity to thrive in sporting environments.

Performance lifestyle professionals assist athletes to live out the VIS motto: Success in Sport & Life, with an innovative and proactive program that empowers VIS athletes to strive for success in the high performance sport environment within a holistic framework of work and study.

Services are delivered onsite at the VIS, as well as via telehealth and other remote communication strategies. The team continues to promote an embedded model of servicing that is tailored to the requirements of athletes and sports aiming to maintain healthy athletes that can produce optimal performance.

95% OF VIS ATHLETES HAVE A DUAL CAREER
89 ATHLETES ARE STUDYING
175 ATHLETES ARE EMPLOYED
190 ATHLETES ARE BOTH STUDYING AND EMPLOYED

ATHLETES WHO ARE STUDYING

54 AT SECONDARY SCHOOL
204 AT UNIVERSITY
21 AT TAFE/VET VOCATIONAL

PERFORMANCE LIFESTYLE

The VIS Performance Lifestyle (PL) team empowers athletes to create a lifestyle conducive to achieving success in both sport and life, ensuring holistic wellbeing is central to enabling performance, and personal and dual-career growth is fostered throughout their journey. Adopting a system-leading approach, the PL team are aligned, collaborative and innovative, and demonstrate this via being embedded within sport programs and individual athlete performance planning.

A team of eight, the PL team brings a diverse range of expertise, including backgrounds in education, organisational psychology, career development, elite athlete and high performance backgrounds. This diversity enables the team to deliver initiatives and support in line with best practice approaches.

The VIS Strategic Plan guides the direction of annual activities, and in 2024/25, key priority projects tabled for focus included:

- Drive and develop a clear Athlete Learning Framework for all VIS athletes
- Continue development of strong VIS, NSO, AIS, wider high performance sport system, and key stakeholder relationships
- Implement technology use to support PL practices and support the overall athlete development experience by leveraging technology for better practice and informed decision-making
- Ingratiating PL into Project Teams to drive new initiatives, review current processes/programs and ensure wellbeing remains core to performance
- Support the end-of-cycle transition of athletes, coaches and staff who participated in the Paris 2024 Olympic and Paralympic Games

KEY ACHIEVEMENTS

- The PL team has actively driven the development and implementation of the VIS Athlete Learning Framework (ALF) in collaboration with key stakeholders across the VIS, including High Performance staff. This organisation-wide initiative establishes a foundational learning pathway designed to educate and support VIS athletes, equipping them for sustained success in both sport and life. Significant progress has been made with the ALF since its conception - a dedicated Project Officer has been appointed, and with this resource now in place, the ALF is positioned for execution, with a Pilot program scheduled for July 2025
- Continued development, engagement and provision of PL services for VIS athletes (current and Alumni), Sport Programs, and staff, including refinement of internal and external resources (Individual Life Plans, PL Wellbeing Model), support provision and athlete communications (Notion and App), and revitalising PL Consult room with wellbeing supplies
- Promoting and reinforcing Wellbeing as a key performance enabler and essential for

long-term sustainability in HP Sport – this is supported by delivering a range of engaging activities for athletes and staff including facilitating Wellbeing Month initiatives (RUOK Day Convey and Gratitude Wall) and delivering bespoke education sessions to boost wellbeing (Personal Strengths, Living Out of Home, and VIS Leadership program)

- PL's contribution to the VIS' position as a network leader for collaboration and mutual opportunity within Australian HP sport. This has been demonstrated by VIS supporting both Sam Waters and Sarah Thompson to be seconded as Athlete Wellbeing and Engagement Managers on a contract-basis to Skate Australia and Diving Australia respectively and reciprocally providing future wellbeing providers like Alex Jovanovski from the AIS and Brooke Penfold (Alumni OLY athlete) the opportunity to undertake contracted roles as PL Advisers, and gain experience in the field. PL continue to represent the VIS on national platforms – in 2024/25 this was demonstrated by presenting knowledge and insights on Transition and career development at the 2025 AIS Wellbeing and Engagement Network Summit, contributing to the development of National resources, and actively participating in the AIS Wellbeing Engagement and Advisory Group, AIS Wellbeing Best Practice group and AIS Wellbeing Measures working group.
- Successful recruitment, onboarding and embedding of a new PL team for the LA cycle, integrating four new PL Advisers following 4 departures. This team amendment has created an opportunity for new skillsets and expertise to be disseminated by PL across the wider VIS. Learning opportunities have been created internally with PL and Nutrition team undergoing Counselling Skills training, and externally the PL teams commitment to lifelong learning was demonstrated by Leesa Gallard and Kim Gray both completing a Graduate Certificate in Career Development, Sam Waters nearing completion of a Diploma of Positive Psychology, and Shenaë Keleher nearing completion of a Certificate 4 in Elite Athlete Wellbeing.

2024/2025
190
 PERSONAL DEVELOPMENT ATHLETE ENGAGEMENTS



PHOTO L-R: CHARLI HOEY, TULLY BETHUNE, KYLIE ANDREW, ANNA CRIPSEY

PERFORMANCE SUPPORT STAFF

- Leesa Gallard**
Performance Lifestyle Manager
- Kim Gray**
Senior Performance Lifestyle Advisor
- Grace Claringbold**
Performance Lifestyle Advisor (from January 2025)
- Alex Jovanovski**
Performance Lifestyle Advisor (March – June 2025)
- Shenaë Keleher**
Performance Lifestyle Advisor (from January 2025)
- Rachael Lynch OAM**
Performance Lifestyle Advisor
- Stephanie Moorhouse**
Performance Lifestyle Advisor (until September 2024)
- Brooke Penfold**
Performance Lifestyle Advisor (from March 2025)
- Eloise Southby-Boyle**
Performance Lifestyle Advisor (until December 2024)
- Pippa Temperley**
Performance Lifestyle Advisor (until January 2025)
- Sarah Thompson**
Performance Lifestyle Advisor (until February 2025)
- Sam Waters**
Performance Lifestyle Advisor

PERFORMANCE PSYCHOLOGY

The Performance Psychology team has been actively supporting athletes across the entire Australian high performance system. Their expertise has led many of them to take on pivotal roles in the lead-up to Paris and beyond.

Since 2020, the growth in the psychology space has been substantial. We now have eight psychologists servicing VIS programs, and many are playing key roles within the national sporting system. Caroline Anderson was appointed as the Australian Team Psychologist for Paris 2024, where she played a vital role in supporting athletes at both the Olympic and Paralympic Games. Daniel Dymond has also contributed significantly, supporting both Victorian and Australian athletes in Paris, particularly through his close work with the Shooting Team in Châteauroux. Back in Victoria, psychologists including Laura Cosgrove, Dean Cooper, Emma Hall and Amber Ross provided dedicated support to our Olympic and Paralympic athletes as they pursue podium success.

The psychological support and dedication shown by the team have been exceptional. Though often understated, as much of the work happens 'under the hood' and out of the spotlight. We are fortunate to have such a high-calibre team supporting VIS athletes.

More broadly, we are continuing to evolve our systems and processes. The team is committed to adopting leading and innovative approaches to support Victorian athletes both at home and abroad. This includes close collaboration with in-house experts such as skill acquisition specialists and the ongoing integration of cutting-edge performance psychology research into applied practice.

PERFORMANCE SUPPORT STAFF

- Daniel Dymond**
Performance Psychology Manager
- Caroline Anderson**
Performance Psychologist
- Dean Cooper**
Performance Psychologist
- Laura Cosgrove**
Performance Psychologist
- Emma Hall**
Performance Psychologist
- Sam McLeod**
Performance Psychologist
- Amber Ross**
Performance Psychologist
- Bree van Ryswyk**
Performance Psychologist (from April 2025)



128
ECGS PERFORMED IN
THE LAST 12 MONTHS
FOR ROUTINE CARDIAC
SCREENING OF
VIS ATHLETES

30
ATHLETES HAD
ADDITIONAL
CARDIOLOGY REVIEW
AND INVESTIGATIONS,
ALL WERE CLEARED
TO CONTINUE
THEIR SPORT

SPORTS MEDICINE

The VIS medical department consists of six Sport and Exercise physicians and a nurse.

The doctors and nurse provide medical support to all VIS athletes, including:

- Annual medical reviews that include biannual ECGs that are reported by a specialist sports cardiologist.
- Management of medical illnesses that impact performance.
- Injury consultation and management, including referrals for imaging and surgical management as required.
- Travel advice to prevent and manage illness and sleep disturbance.
- Anti-doping advice.
- Concussion assessment and management.
- Iron deficiency management, including iron infusions when required.
- The medical department has an extensive expert medical referral network that also contributes to the advice and management of VIS athletes.

The medical staff also provided support to the wider sporting network in:

- **Adj Professor Susan White AM** Chair Australian Sports Drug Medical Advisory Committee, Chair WADA TUE Expert Group, CMO Australian Team Glasgow Commonwealth Games
- **Dr Alice McNamara** Paris Olympic Games (Women's basketball team doctor, Paris Paralympic Games Para cycling team doctor), AIS Supplement Framework Committee
- **Dr Philippa Inge** Paris Olympic Games Deputy CMO, CMO Australian Women's Cricket Team
- **Dr James Ooi** Combat Australia CMO, Sports Climbing Australia CMO
- **Dr Anik Shawdon** AOC Medical Commission

- **Manna McLeod** Paris Olympic Games HQ staff, OWIA Nursing Lead

KEY ACHIEVEMENTS

- Presentations at National Sports Medicine Conferences on: Iron Management at VIS, Nursing at VIS, Antidoping Education.
- IOC research group partner, with AIS and Latrobe Sport and Exercise Medicine Research Centre.
- Female Athlete Education delivered to VIS athletes and coaches including, Menstrual Cycle, REDs and Fertility considerations.
- Providing in-house pathology, ECG, and iron infusions.
- Providing medical advice remotely while athletes travel and compete overseas.
- Para Athlete Nursing and Medical co-care for wounds and special requirements.

PERFORMANCE SUPPORT STAFF

Adj Professor Susan White AM Sports and Exercise Physician, Chief Medical Officer, Director of Performance Health Services

Dr Philippa Inge Sports and Exercise Physician

Dr Alice McNamara Sports and Exercise Physician

Dr James Ooi Sports and Exercise Physician (from March 2025)

Dr Anik Shawdon Sports and Exercise Physician

Dr Pat Sunderland Sports and Exercise Physician

Manna McLeod Nurse

Nerissa Byrne Medical Administrator (until May 2025)

SUPPORTING ORGANISATIONS

Victoria House Medical Imaging
St Vincents Heart Centre

NUTRITION

The VIS Nutrition Team is comprised of eight Sports Dietitians, embedded in sport programs to provide a comprehensive service to VIS scholarship athletes.

The Sports Dietitians work closely with coaches and other service providers to ensure that the nutrition programs delivered for each sport are in line with their health and performance goals. Various methods are used to educate and support athletes from screenings to one-on-one dietary consultations, periodised training and competition diet planning, travel nutrition advice and planning, hydration testing, physique assessment, supplement advice and protocols. There is also a significant focus on practical education to assist athletes in translating the theory into practice, via cooking sessions, supermarket tours and the like. The nutrition team also advise and support regarding catering needs for camps and events.

As embedded members of all VIS sports interdisciplinary teams, the dietitians work collaboratively with coaches and support staff and provide relevant nutrition advice and education as required.

The Dietitians also continue to provide nutrition education to external groups such as Regional Academies, specific sporting groups and schools.

KEY ACHIEVEMENTS

- The Nutrition team all worked closely with athletes to prepare them in the lead up to the Olympics and Paralympics. Several of the Dietitians attended the Paris Olympics or Paralympics. This includes Elaine Bo (Shooting Olympics subsite), Rachel Stentiford (Paralympic Triathlon Staging Camp), Siobhan Crawshay (Paralympics Performance

Services Lead) and Kylie Andrew (Paralympics Headquarters Dietitian).

- In early 2025, the Nutrition team completed an audit of supplement use by VIS athletes, including information about what they take, why, who advised them and where they obtained their supplement from. Together with ongoing education, this helps to ensure safe and appropriate supplement use amongst our athletes.
- As part of the Victorian Challenge and Enrichment Series, funded by the Department of Education, the nutrition team continues to deliver the Nutrition Advancement programs, with over 600 students attending sessions at the VIS in the past year.
- The Nutrition team have contributed to the broader nutrition network as part of various working groups, committees and roles, including the AMS Nutrition Working Group (Kylie Andrew, Chair), Nutrition Innovation Working Group (Kylie Andrew & Dr Emily Meehan), Physique Considerations in High Performance Sport Steering Committee and specific Physique Culture Project (Kylie Andrew), QA Technical Committee for Physique Assessment (Dr Emily Meehan), Nutrition Screening Working Group (Rachel Stentiford), Nutrition Lead Triathlon Australia (Rachel Stentiford), Nutrition Lead Athletics Australia (Jessica Rothwell).
- To keep up-to-date with research, the Nutrition team continue to invest in professional development, attending conferences and workshops. Of note, Louise Cato completed her Masters in Sports Nutrition in Research.

PERFORMANCE SUPPORT STAFF

Kylie Andrew Nutrition Manager, Advanced Sports Dietitian

Bryce Anderson Accredited Sports Dietitian (until August 2024)

Elaine Bo Accredited Sports Dietitian

Nerissa Byrne Performance Health Services Coordinator (until May 2025)

Louise Cato Accredited Sports Dietitian

Siobhan Crawshay Advanced Sports Dietitian

Sarina Lococo Accredited Sports Dietitian

Dr Emily Meehan Advanced Sports Dietitian

Jessica Rothwell Advanced Sports Dietitian (from November 2024)

Rachel Stentiford Advanced Sports Dietitian

SPONSORS / PARTNERS

Deakin University - DEXA scans

SPORTS PHYSIOTHERAPY / SOFT TISSUE THERAPY

The Sports Physiotherapy team have been focused on keeping athletes in peak physical condition in preparation for the pinnacle events of the cycle – the Paris Olympic and Paralympic Games.

In keeping with best practice evidence, the more athletes can be exposed to planned training and avoid injury interruptions, the more likely they are to succeed. This overarching principle has driven the team to interrogate epidemiological data and explore innovative methods on injury risk reduction and performance maximisation.

The team has invested heavily in broader VIS processes and support, Amber Bennett coordinating the VIS Female Athlete Resource group, Andrew Cameron sitting on the Diversity & Inclusion committee and Ebonie Rio heading up the Research & Innovation committee.

VIS Sports Physiotherapists also contributed to the high performance sport system with representation on national working groups (Kevin Craigie, Steve Hawkins, Ali Low, Amber Bennett), leading and participating in HP 2032+ projects (Dr Ebonie Rio, Steve Hawkins) and serving dual roles as NSO lead clinicians (Ali Low, Kevin Craigie, Josh Ferguson, Amber Bennett).

Andrew Fooks, Josh Ferguson, Kevin Craigie, Dr Ebonie Rio and Steve Hawkins all assisted Australian Athletes at the Paris Olympic Games, ably assisted by Emily Athanasiou and Gillian Niven in the STT space, with Gillian performing the ultimate double shift and staying on to support the Australian Paralympic team in Paris a couple of weeks later.

The team have now shifted their focus to resetting for the LA cycle – with immediate attention being paid to our Winter Olympic and Paralympic and Glasgow 2026 Commonwealth Games athletes – while continuing to provide key support to the ever-successful Melbourne Vixens netball athletes.

KEY ACHIEVEMENTS

- Dr Ebonie Rio has been appointed to the Oceania National Olympic Committee Medical Commission and the AOC Medical Commission.
- Josh Ferguson has co-ordinated the VIS systems for managing, monitoring and measuring concussion – in close conjunction with Dr Susan White.
- Steve Hawkins has been appointed as the Performance Support Lead for the Australian Commonwealth Games team at the Glasgow 2026 Commonwealth Games.

INTERESTING FACT

VIS Physiotherapists have used over 20 kilometres of strapping tape with VIS athletes in the past year – enough to tape around the outside of the MCG nearly 40 times

PERFORMANCE SUPPORT STAFF

PHYSIOTHERAPY

Steve Hawkins Manager, Physiotherapy and Soft Tissue Therapy
Sports & Exercise Physiotherapist

Nerissa Byrne Performance Health Services Coordinator (Until June 2025)

Alison Low Deputy Manager, Physiotherapy and Soft Tissue Therapy
Specialist Sports & Exercise Physiotherapist
Lead Physiotherapist, Netball Australia

Dr Ebonie Rio Deputy Manager, Physiotherapy and Soft Tissue Therapy
Sports & Exercise Physiotherapist

Amber Bennett Physiotherapist
Para-Triathlon Lead Physiotherapist, AusTriathlon

Lachlan Bromley Sports & Exercise Physiotherapist

Andrew Cameron Sports & Exercise Physiotherapist

Kevin Craigie Sports & Exercise Physiotherapist
Lead Physiotherapist, Australian Athletics

Joshua Ferguson Sports & Exercise Physiotherapist
Lead Physiotherapist, Shooting Australia

Andrew Fooks Sports & Exercise Physiotherapist

Jacqueline Gurr Sports & Exercise Physiotherapist

Emma Iacovou Physiotherapist (until April 2025)

Tamara Lidums Physiotherapist

Kate Macdermid Sports & Exercise Physiotherapist

Katie Sandford Sports & Exercise Physiotherapist (from April 2025)

Kane Spagnolo Sports & Exercise Physiotherapist (from November 2024)

Katherine Taylor Sports & Exercise Physiotherapist (until November 2024)

SOFT TISSUE THERAPISTS

Emily Athanasiou Soft Tissue Therapist

Anna Davies Soft Tissue Therapist (until October 2024)

Gillian Niven Soft Tissue Therapist

SPONSORS / PARTNERS

Club Warehouse

CORPORATE SERVICES

The Corporate Services team is responsible for the provision of the VIS corporate services, including finance and accounting, information & communication technology services, facilities management, strategic projects & partnerships, risk management, reception, travel co-ordination, asset management, payroll, purchasing, corporate clothing and general office administration.

BUSINESS SERVICES

The Business Services team continue to provide financial management services to our staff and stakeholders while ensuring compliance with all regulatory requirements. We have continued updating our budget management and reporting processes to ensure timely and accurate financial insight for management and programs. To achieve this, we utilise Calxa software in addition to XERO along with Elmo Payroll (Keypay), which integrates with Elmo HRCore, our people management software.

Regular government reporting, compliance and training is also undertaken with Sport & Recreation Victoria within the Department of Jobs, Skills, Industry and Regions.

Professional consultants are engaged as required. Our legal services are provided by Lander and Rogers Lawyers, and insurance is arranged by the Victorian Managed Insurance Authority. Travel management services are provided via an online booking tool with ATPi Travel. Our external audit services are conducted by RSD Audit on behalf of the Victorian Auditor-General's Office.

FACILITIES

The VIS facilities have continuously improved following our overall facility upgrade in 2023. The addition of a sauna, located on our pool deck, has begun planning stages and will make a great addition for our existing aquatic facilities, which already include a cold plunge, ice bath, spa and four-lane lap Pool. Completion of the project is due late 2025.

Our reception area has been upgraded with the addition of a digital sign-in system. This system provides real-time updates on the number of visitors

in the building, in conjunction with our facial recognition scanners. It also alerts VIS staff of visitor arrival times through Microsoft Teams integration and has eliminated the need for paper facilities waivers through digital forms automatically applied to the relevant visitors. It tracks all office deliveries and displays an assistance button, which automatically sends a notification to the reception team if they are away from the desk.

Signage outside the VIS has been updated to reflect our recent brand refresh and commitment to reconciliation through our First Nations' strategic plan, featuring Indigenous Art by Kamilaroi Woman, Katie Bugden.

ICT

The Information Technology team supports and maintains technology infrastructure integrated into key operations at the VIS, playing a crucial role in advancing strategic objectives and safeguarding services.

Key projects have included:

- Enhancing engagement with Victorian government schools through the redevelopment of the community programs app.
- Implementing the Cybersecurity Action Plan to strengthen the protection of data that underpin key operations and services.
- Supporting the development of the Nutrition culinary application, designed to improve athlete education around nutrition.

COMMERCIAL

In April 2025, a new commercial & partnerships role was established to specifically focus on the diversification and growth of commercial revenue streams for the VIS. Work is underway to identify areas of opportunity for the VIS over the current

cycle, leading into LA 2028 and beyond. This work will inform our commercial focus to ensure the VIS can continue to deliver high-quality services to athletes and sports, whilst striving for ongoing improvement and sustainability.

The VIS has commenced actively exploring new opportunities, including with the Victorian Government across a range of government strategies, and with new prospective corporates.

Expanding on previous work, the establishment of VIS Experiences enables a tailored approach to the delivery of high performance sport education and servicing of schools, universities and external sporting organisations.

A refresh of the VIS apparel range has also commenced with 2XU, engaging VIS staff and athletes to provide feedback and incorporating two bespoke apparel items including a new indigenous polo and a new VIS crew top. A roll-out of the new apparel is expected during 2025-26.

Alongside this activity, the VIS continues to receive strong support from the Victorian Government through Sport & Recreation Victoria within the Department of Jobs, Skills, Industry and Regions. The Department of Education further supports our community programs via School Sport Victoria and the Student Excellence Unit. The AIS, via national sporting organisations, supports our sport programs, along with our partnership with PA.

During 2024/25, the VIS enjoyed partnerships with 2XU, Open Universities Australia and Maribyrnong Sports Academy. The VIS greatly values financial and in-kind contributions from these partners, supporting our athletes both on and off the sporting field. The VIS also receives annual donations from

the Carbine Club, assisting the development of up-and-coming Victorian athletes.

DEPARTMENT STAFF

Simon Gardam
Director Corporate Services

Mark Brown
ICT Manager

Nathan Crozier
ICT Technician

Damien Herbert
Business Services Manager

Elsa Kwan
Accounts Officer

Miriam Keane
Accounts Payable Assistant

Jessica Li
Accounts Payable Assistant

Cathryn Pruscino
Strategic Projects & Partnerships Manager (until March 2025)
Commercial & Partnerships Manager (from April 2025)

Sophia Di Domenico
Facilities Manager

Abigail Paduch
Receptionist (until April 2025)

Charli Kappa
Receptionist

Saffron Tambyrajah
Receptionist

Tara Kinder
Receptionist

Emily Hamilton-Smith
Receptionist

Zara Walters
Receptionist

Maria Swan
Receptionist (from June 2025)

SPONSORS / PARTNERS

Victorian State Government
Australian Institute of Sport
Paralympics Australia
Australian Olympic Committee
Commonwealth Games Australia
2XU
Open Universities Australia
Maribyrnong Sports Academy

KEY ACHIEVEMENTS

Commenced a refresh of the VIS apparel range with 2XU.

Commenced the premium offering of 'VIS Experiences', incorporating fee-for-service delivery of tailored workshops across our performance services disciplines.

Actively exploring new commercial opportunities within the corporate and government sectors.



PHOTO: VIS SCHOLARSHIP HOLDER AND RECEPTIONIST SAFFRON TAMBYRAJAH, VIS FACILITIES MANAGER SOPHIA DI DOMENICO

PEOPLE & COMMUNITY

The People & Community team are responsible for all things, media, marketing, human resources, events, First Nations and community programs. The team centres their work around delivering amazing experiences for staff, athletes and the Victorian community through innovative engagement activities, learning opportunities and creative storytelling. From the daily training environment to the world stage, there's a staff or athlete story to be told – and the team prides itself on sharing VIS expertise and achievements to positively impact and inspire the Victorian community.

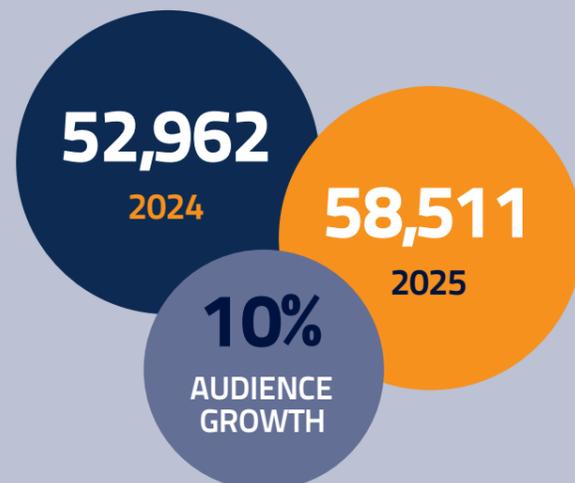
KEY ACHIEVEMENTS

- Appointment of Our Connection to Country Officer (proud Wadawurrung man Jamie McPherson) to deliver key First Nations initiatives in Victoria.
- 85% participation rate in the annual People Matter Survey.
- Inaugural VIS Yarning Circle held with Olympic and Paralympic Athletes, Sports Leaders and Key First Nations People.
- Completed organisation restructure to ensure sustainable operations through to LA 2028.
- Completion of all actions within the 2022-2025 Gender Equality Action Plan.
- 31 VIS staff members were selected to support AOC operations and Australian athletes at the Paris 2024 Olympics & Paralympics.
- Nominated an ASC Media Awards finalist in 'Best coverage of sport for people with disability' category for a VIS produced documentary – The Quest for Paris featuring Paralympic swimmer, Col Pearce.
- Nominated VicSport finalist for the VIS produced mini-series The Moment Series.
- Weekly VIS appearances on SEN Radio segments in the months leading into the Paris Games and various VIS athlete profiles written by media outlets (including Channel 10 and Nine Network).
- AOE highlights: Grace Brown OAM capped off a dream year as the VIS Award of Excellence winner, becoming the fifth cyclist in VIS history to win the award. Brown had a history-defining year on the bike, becoming the first Australian woman to win a Monument, taking Olympic gold in the Individual Time Trial (ITT), making her the first Australian to win gold in that Olympic event. Her golden glory continued at the UCI World Championships when she took home two world titles in the ITT and Mixed Road Team Time Trial.

SPONSORS / PARTNERS

School Sport Victoria

SOCIAL MEDIA TOTAL FOLLOWER GROWTH.



WEBSITE ACTIVITY HIGHLIGHT

16,893

Views on VIS athlete profiles during the Paris Games

@VICINSTSPORT



COMMUNITY PROGRAMS

The Community Programs consist of four distinct initiatives: **Be Fit. Be Well**, the **VIS Advancement Series**, the **Athlete and Expert Speaker Program**, and **VIS Tours**. Across the 2024/25 reporting period, a total of 20,651 students from 266 Victorian schools engaged with the VIS. Over 40 different VIS able-bodied athletes and Para athletes participated in the delivery of these programs during this period.

The **Be Fit. Be Well** program is proudly funded by School Sport Victoria and enables VIS athlete speakers to visit Victorian Government Schools across the state, free of charge. In 2024/25, our speakers reached over 13,000 students through 98 school visits. 37 regional schools and 61 metropolitan Victorian schools. We will continue to push for even more regional visits. With the 2024 Olympic & Paralympic Games buzz, the Australian team spirit was at its peak, making Term 3 our busiest period, after a significant surge in demand.

Additionally, during the Olympic/Paralympic period, we offered a digital download component that was downloaded 268 times by 219 individual schools. This was a huge success and exceeded all expectations. These featured athletes who had competed at the Olympic or Paralympic Games including Sam Williamson (Swimming), Shae Graham (Wheelchair Rugby), Liam Twomey (Para Triathlon), and Brooke Buschkuehl (Athletics – Long Jump).

The **VIS Advancement Series** provides free nutrition and and Sports Medicine Education sessions to Victorian Government secondary schools, drawing on the expertise of VIS professionals. It is an excellent enrichment opportunity for students. In 2024/25, 1,787 students from 48 schools participated in these sessions. Due to overwhelming demand, bookings were closed early, and a waitlist was introduced.

The **Athlete and Expert Speaker Program (AESP)** coordinates speaker engagements for clients outside of the Victorian Government school system. In 2024/25, this program reached 4,032 students. We believe this program is a valuable component of community outreach, extending its reach beyond schools to a broader audience.

VIS Tours offer a unique opportunity for students to connect with our athletes and explore our world-class facilities at the same time. In total, 1,105 students from 39 schools participated in VIS Tours. Feedback has been overwhelmingly positive, with many students expressing the inspiration they felt and their enjoyment of trialling the gym facilities after the experience. We remain committed to ensuring these tours stay engaging, interactive, and impactful. New athletes were introduced in 2025 as tour leaders, providing fresh perspectives and personal stories to further enrich the experience for visitors.



20,651

PRIMARY AND SECONDARY SCHOOL STUDENTS

266

VICTORIAN SCHOOLS ENGAGED



BE FIT. BE WELL.

158 School Visits*
13,083 Students Engaged
32 Athlete Speakers

ATHLETE AND EXPERT SPEAKER PROGRAM

4,032 Students were engaged with through this program.

ADVANCEMENT SERIES

1,787 Students from 48 schools participated in the sessions.

VIS TOURS

1,105 Students from 39 schools toured the world class facilities of the VIS.

*60 visits counting towards the 219 schools that downloaded the Paris digital package.



STEVE DIMOPOULOS MP

The VIS Open Day provides the Victorian public the opportunity to meet our Olympians, Paralympians and World Champion athletes, learn from high performance sport experts and experience the inner workings of our world-class facility.

Victorians flocked in on Wednesday 2 October 2024, to share in the unofficial welcome home for many of the 122 VIS athletes who competed in the Paris Olympic and Paralympic Games.

The 2024 Open Day was a free event held at VIS headquarters at Lakeside Stadium in Albert Park. Over 2400 tickets were registered, with fans attending from all over the state.

Visitors got to participate in demonstrations and activities conducted by VIS experts, athletes and sport and education partners.

The archery, wheelchair basketball and skateboarding stations were big hits. Photographs with Olympic and Paralympic athletes on the VIS podium and the chance to wear their medals and get their autographs were also extremely popular.

CONNECTED TO SPORT

TOP REASONS FOR CONNECTION

- 1 Improve physical and mental health
- 2 Social connection and for fun
- 3 For the competitive nature

73%

are inspired to continue participating or will pick up a new sport or recreation activity

GENERAL EVENT SATISFACTION

1500+
People attended

9/10
Event satisfaction

85%
Participated in VIS expert-led activity

99%
Would recommend the VIS Open Day

93%
Would come again

Social media and word of mouth were our biggest touchpoints for event awareness

DEMOGRAPHICS

6%
Were university students

87%
Attended with family

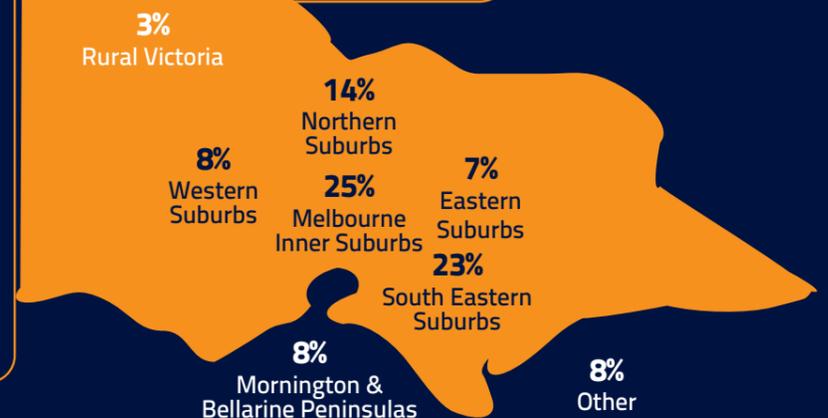
6%
Have a disability

ATTENDANCE

20
Sporting organisations were present



77%
Were from Melbourne suburbs



AWARD OF EXCELLENCE 2024

In an Olympic year that brought glory on the world's biggest stage, the 2024 Award of Excellence recognised the extraordinary athletes who brought pride to Victoria and inspired the nation.

Hosted by broadcast journalist and author Sam Lane, our night of nights unfolded on 26 November at Zinc, Federation Square, with 122 VIS athletes having proudly worn the green and gold in Paris.

The Award of Excellence, the most prestigious honour on the VIS calendar, was presented to Olympic and World Champion cyclist Grace Brown OAM, who became just the fifth cyclist to etch her name alongside legends such as Cadel Evans AM and Katie Mactier.

Brown's season was one for the history books. From her early win at the Australian nationals to conquering one of cycling's great one-day classics at Liège-Bastogne-Liège Femmes, she dominated every level of competition. After back-to-back stage wins and overall victory at the Bretagne Tour in May, she turned her sights to Paris.

In the French capital, the girl from Camperdown made history, winning Olympic gold in the Individual Time Trial, becoming the first Australian woman to medal in the event, and the first Australian of any gender to claim Olympic gold.

Weeks later, she added the World Championship title in Zurich, the first rider ever to win both the Olympic and World time trial crowns in the same year, whilst also helping secure Team Time Trial gold for Australia.

In recognition of her holistic approach to sport and life, Brown also received the Open Universities Australia Performance Lifestyle Award, having balanced her cycling career with an Arts degree and a Master of Marketing, while building her own business and stepping into a leadership role as President of The Cyclists' Alliance.

Two-time Paralympic champion Qian Yang OAM made a powerful statement in Paris, defending her women's singles title with a dominant win over Polish legend Natalia Partyka. She also teamed up with fellow VIS athlete Lina Lei OAM to win doubles gold, defeating the top-seeded Chinese Taipei.

Quietly driven and relentlessly consistent, Qian capped off a defining year with an OAM for service to sport. Away from the table, she completed an English language course and dedicated time to mentoring the next generation of Australian Para-table tennis players.

Also recognised among the finalists was cycling great Emily Petricola OAM, who continued her remarkable journey post-MS diagnosis with three medals at the 2024 World Championships and gold at the Paris Paralympics, defending her 3000m pursuit title and smashing her own world record in qualifying.

Courage, resilience and humility shone through in Jean Mitchell's Olympic journey. Diagnosed with brain cancer at 16, Jean fought her way back to elite rowing and fulfilled her dream of competing in the Women's Four in Paris.

A true embodiment of VIS values, Jean also serves as an ambassador for Connor's Run, studies design at Deakin University, and contributes her talents to Rowing Australia as a graphic designer.

At just 17, Brock Batty became the youngest trampolinist from any country to compete at the Olympic Games. His journey to Paris followed two Age Group world titles and a Senior national title in 2023, making him one of Australia's brightest emerging talents.

A Year 11 student at Frankston High, Brock is already planning his pathway toward LA 2028, supported by the VIS Performance Lifestyle team to explore work opportunities aligned with his passion for health and fitness.

One of Australia's most revered athletes, Sharelle McMahon, was honoured with the Frank Pyke Achievement Award for her impact on and off the court.

A former captain of the Diamonds and five-time national champion, Sharelle has remained a visible and influential figure in Australian sport through commentary, coaching, and leadership. In 2025, she returns to her roots as General Manager of High Performance & Pathways for Netball Victoria, continuing a career defined by integrity, excellence and legacy.

From gold medallists to quiet achievers, the 2024 VIS Award of Excellence celebrated far more than podium success. It honoured the journeys, resilience, and futures of athletes who continue to define what it means to succeed in sport and life.

AWARD WINNERS 2024

- Award of Excellence 2024 / Grace Brown OAM
- Para Athlete Award 2024 / Qian Yang OAM & Emily Petricola OAM
- 2XU Rising Star Award 2024 / Brock Batty
- Sarah Tait Spirit Award 2024 / Jean Mitchell
- OUA Performance Lifestyle Award 2024 / Grace Brown OAM

COACH AWARDS 2024

- Danielle Scott / Aerial skiing
- Laura Paeglis / Archery
- Michal Burian / Athletics
- Caitlin Parker / Combat Sports
- Lilyth Jones / Cycling
- Anabelle Smith / Diving
- Keefer Wilson / Future Talent Program (Skate)
- Jed Snowden / Men's Hockey
- Josie Lawton / Women's Hockey
- Tess Madgen / Individual Athlete Scholarship Program (Basketball)
- Charlotte Sexton / Netball
- Laura Harding / Sailing
- Penny Smith / Shooting
- Ahmed Kelly / Swimming
- Isla Watson / Triathlon
- Jaylen Brown / Wheelchair Basketball

PREVIOUS AWARD OF EXCELLENCE WINNERS

- 1991 / ROBERT ALLENBY / Golf
- 1992 / PETER ANTONIE OAM / Rowing
- 1993 / DANIELLE WOODWARD OAM / Canoeing
- 1994 / STEVE MONEGHETTI AM / Athletics
- 1995 / DANIEL KOWALSKI / Swimming
- 1996 / OARSOME FOURSOME / Rowing
- 1997 / CATHERINE FREEMAN OAM / Track & Field
- 1998 / SARAH FITZ-GERALD AM / Squash
- 1999 / CATHERINE FREEMAN OAM / Track & Field
- 2000 / CATHERINE FREEMAN OAM / Track & Field
- AARON BADDELEY / Golf
- TOM KING OAM & MARK TURNBULL OAM / Sailing
- 2001 / MATT WELSH OAM / Swimming
- 2002 / SARAH FITZ-GERALD AM / Squash
- 2003 / ALISA CAMPLIN AM / Aerial Skiing
- 2004 / JAMES TOMKINS OAM & DREW GINN OAM / Rowing
- 2005 / KATIE MACTIER / Cycling
- 2006 / GLENN ASHBY MNZM / Sailing
- 2007 / CADEL EVANS AM / Cycling
- 2008 / LEISEL JONES OAM / Swimming
- 2009 / LEIGH HOWARD / Cycling
- 2010 / LYDIA LASSILA OAM / Aerial Skiing
- 2011 / CADEL EVANS AM / Cycling
- 2012 / KIM CROW AM / Rowing
- KELLY CARTWRIGHT OAM / Track & Field
- 2013 / KIM CROW AM / Rowing
- 2014 / DAVID MORRIS / Aerial Skiing
- 2015 / DYLAN ALCOTT AO / Wheelchair Tennis
- 2016 / MACK HORTON OAM / Swimming
- 2017 / CAROL COOKE AM / Para-Cycling
- 2018 / SCOTTY JAMES / Snowboarding
- 2019 / SCOTTY JAMES / Snowboarding
- 2020 / *Performance period was included in the 2021 AOE awards
- 2021 / DYLAN ALCOTT AO / Wheelchair Tennis
- LUCY STEPHAN OAM, JESS MORRISON OAM & ROSIE POPA OAM / Women's Four – Rowing
- 2022 / JEMIMA MONTAG / Athletics
- 2023 / AUSTRALIAN DIAMONDS (LIZ WATSON, JO WESTON, KEIRA AUSTIN) / Netball



1. Nicole Livingstone AO, Steve Dimopoulos MP, Nina Taylor MP
2. Sam Lane
3. Brock Batty
4. Qian Yang OAM (left), Lina Lei OAM (right)
5. (L-R) Sharelle McMahon, Brock Batty, Grace Brown OAM, Emily Petricola OAM, Jean Mitchell, Qian Yang OAM
6. (L-R) Louise Cato, Tara Kinder, Isabella Boyd, Jessica Wilson
7. Rebecca Henderson, Jemima Montag
8. Emily Petricola OAM & Jean Mitchell
9. Sharelle McMahon
10. Nicholas Hum & Tess Madgen

ATHLETE SUMMARY

SUMMARY OF VIS ATHLETES

	Male	Female	Total
Tier 1	126	165	291
Individual Athletes	85	101	186
Future Talent	5	3	8
TOTAL	216	269	485

NUMBER OF PARA ATHLETES

	Male	Female	Total
Tier 1	29	18	47
Individual Athletes	14	20	34
Future Talent	0	0	0
TOTAL	43	38	81

TIER 1 SPORTS

	Male	Female	Total
Aerial Skiing	1	10	11
Athletics	17	28	45
Cycling	18	13	31
Diving	5	9	14
Hockey	20	17	37
Judo	4	9	13
Netball	0	34	34
Sailing	5	5	10
Shooting	8	7	15
Swimming	6	4	10
Taekwondo	10	7	17
Triathlon	3	4	7
Para Athletics	10	3	13
Para Cycling	1	8	9
Para Swimming	3	0	3
Para Triathlon	3	2	5
Wheelchair Basketball	12	5	17
TOTAL	126	165	291

INDIVIDUAL SPORTS

	Male	Female	Total
Archery	3	4	7
Artistic Swimming	0	2	2
Badminton	2	3	5
Baseball	10	0	10
Basketball	0	11	11
Boxing	2	4	6
Canoeing	6	3	9
Curling	1	0	1
Football	0	1	1
Gymnastics	5	8	13
Lawn Bowls	2	4	6
Rowing	21	21	42
Skateboarding	2	3	5
Snowboard	1	1	2
Softball	0	2	2
Speed Skating	1	0	1
Sport Climbing	1	2	3
Squash	3	2	5
Surfing	1	2	3
Table Tennis	4	5	9
Water Polo	6	2	8
Weightlifting	0	1	1
Para Archery	1	0	1
Para Badminton	0	2	2
Para Equestrian	0	8	8
Para Lawn Bowls	2	1	3
Para Rowing	2	3	5
Para Sport Climbing	1	1	2
Para Table Tennis	5	4	9
Wheelchair Rugby	3	1	4
TOTAL	85	101	186

FUTURE TALENT SPORTS

	Male	Female	Total
Canoeing	1	0	1
Gymnastics	1	2	3
Skateboarding	1	0	1
Surfing	1	1	2
Table Tennis	1	0	1
TOTAL	5	3	8

SUPPORT PARTNERS





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