

VIS Research 2023-25

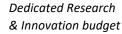
Our Research Mission:

To support research that drives high performance outcomes.

The VIS Research Council:

Our objective is to develop VIS research policies and resources, provide guidance on proposals, award funding, facilitate integration & implementation with sports, and promote projects at the VIS.

Our Commitment:



Crow the Tree

Plant the Seed Grow the Tree <\$10k >\$10k



Resource Allocation

Project Manager, Research Council & Staff project allocation Collaboration

VIS-driven questions, collaborative approach to outcomes Tell our story

Repository of VIS projects, promoting outcomes

VIS Research Priorities:

VIS Research aligns itself with the National High Performance Research Agenda. Below are the specific research priority areas that have been identified throughout the organisation. VIS will also place a high priority on research that is innovative, undertaken in Para or Indigenous athletes, and has female lead researchers. *VIS Research applications require a VIS Lead Researcher to be involved. Proposals should have program &/or discipline support, and NSO support (if applicable).

The Developing Athlete Long term athlete development Adolescent considerations Skill development	The Holistic Athlete Holistic profiling & monitoring Training Individualisation Psychology, health & wellbeing impact on performance
The Female Athlete	The Effective Coach
Female athlete performance,	Coach & performance support integration
training & health	Communication methods
Injury prevention	Leadership & skill development

How to apply:

Complete the <u>VIS Research Grant EOI</u> form, providing a brief project pitch and budget overview. The VIS Research Council will then provide feedback and guidance to assist in preparing Grant submissions, along with the VIS Research Grant Application link. Please check the VIS Website <u>VIS Research Council — Victorian Institute</u> <u>of Sport</u> for the next Research Grant submission dates. Please direct any enquiries to <u>research@vis.org.au</u>.