



POSITION DESCRIPTION

Revision Date:

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Prepared by:

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Position Title:	VIS Physiotherapist – Cycling and Sailing
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Incumbent:	Vacant – new position
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Program/Dept:	Performance Pathways Team	Reports to:	Lead Physiotherapist
Functional Budget		Direct Reports:	Nil
Location/s:	VIS and sports venues as required		
Employment Status:	Part time (0.4 FTE) - 12 month contract initially		

Primary Purpose of Position

A VIS Physiotherapist will.....

Provide clinical physiotherapy services to VIS athletes focusing on three main areas:

1. Injury prevention - including screening and ongoing athlete monitoring within the DTE and in conjunction with the inter-disciplinary team
2. Performance optimisation – as part of an inter-disciplinary team with the aim of customising athlete programs to suit the needs of the individual and the sport program
3. Injury management – with accurate and timely assessment, diagnosis and rehabilitation planning, including return to sport planning involving the inter-disciplinary team

Promote an integrated, collaborative, inter-disciplinary approach within the performance support team.

Qualifications

Essential

Bachelor or Masters degree in Physiotherapy

Titled APA Sports and Exercise Physiotherapist

Current AHPRA registration

Current First-Aid certificate

Current Drivers Licence

Current Working with Children Check (WWCC)

Current Safeguarding Children Certification



VIS Physiotherapist

Responsibilities and Measures	
Task	Measures and Outcomes
1. Provide world class physiotherapy services to VIS athletes	<p>Delivery in line with AIS SSSM Best Practice Guidelines at all times.</p> <p>High levels of satisfaction from athletes, coaches and performance support team regarding standard of care.</p>
2. Maintain accurate treatment records via AMS, as per the AIS Data Dictionary (version 2), "The definition and use of the injury record within the Athlete Management System."	AMS records kept up to date and accurate with regular review of records for the purpose of appropriate injury recording and closure.
3. Review injury trends and data, utilising AMS and other sources, to proactively identify opportunities for collaborative intervention to minimise injury and maximise athlete performance	Systems and programs established, monitored and reviewed accordingly.
4. Consistently communicate with coaches and support staff regarding athletes' physical capacity for training and competition.	High levels of athlete, coaching and support staff satisfaction as a result of seamless sharing of appropriate information. Integrated rehabilitation programs established and constantly reviewed and refined, including documented return to play plans as necessary
5. Ongoing personal and professional development both within the VIS and via external sources	Consistent and sustained improvement in levels of service delivery throughout tenure
6. Maintain AHPRA registration at all times and notify Lead Physiotherapist immediately of any change to registration status	Evidence of AHPRA registration and certificate of currency (Indemnity insurance) to be provided on an annual basis
7. Carry out servicing at agreed times by negotiation with Lead Physiotherapist. Notification of leave periods to be provided at least four weeks in advance (except in the case of unforeseen illness)	Present for agreed sessions at all times
8. Refer athletes, as appropriate or necessary, to other members of the support team, including Medical, Soft Tissue Therapy, Dietitian, Sport Psychologist, Performance Lifestyle (AWE), Strength & Conditioning or Sports Science	Athletes directed to appropriate staff in a timely and efficient manner, promoting a proactive care model and a strong interdisciplinary approach
9. Continuously create opportunities to develop professionally the VIS Physiotherapy service	Personal/ Professional satisfaction for physiotherapist within VIS setting
10. Other duties as required	Tasks completed



VIS Physiotherapist

General Performance Indicators
Delivery of world leading sports physiotherapy services resulting in a positive performance impact on athletes and sport programs
Ability to work within a team environment and to relate with athletes, coaches and staff
Seeking continuous improvement in the outcomes of the services through critical evaluation & implementation of agreed actions resulting in improved results year on year
Effective relationships with sport program stakeholders to leverage maximum impact for embedded physiotherapy servicing within the program

Relationships	
With	Purpose
Lead Physiotherapist	Maintain the efficient, effective running of the VIS physiotherapy service
Program coaches/managers	Promote the efficacy and potential performance benefits of a proactive utilisation of the physiotherapy service
Program support staff	Encourage an interdisciplinary approach to athlete care
VIS athletes	Develop rapport and establish trusting professional relationships to achieve maximum impact from physiotherapy servicing
SSSM staff within the NIN, NSOs and SSOs	Encourage consistency and efficacy in the delivery of proactive physiotherapy servicing to athletes across multiple daily training environments.

Core Competencies & Personal Qualities			
Essential			
Competencies			Qualities
Innovation	Learning	Initiative	Passion for high performance sport Personal commitment to excellence Contribution to high performance culture Inter-disciplinary, proactive mindset
Interaction	Flexibility		
Job Skill/ Knowledge	Communication	Ethics	
Time Management	Athlete Welfare	Reflection	
Collaboration	Attention to Detail	Team Work	



VIS Physiotherapist

Experience and Skills	
Essential	
At least 5+ years' experience working in a high performance sport environment	
Demonstrated knowledge of injury epidemiology and management in elite sport	
Demonstrated ability to provide world class physiotherapy services to athletes and sport programs	
Demonstrated a strong grasp of injury prevention strategies, including the use of load monitoring tools	
Demonstrated ability to exercise sound judgement, observe confidentiality and use discretion and initiative	
Demonstrated desire for skill and knowledge improvement across career	
Proven experience of working within an integrated/inter-disciplinary program environment	
Demonstrated ability to work within a team and deliver high level communication standards	
Proven personal and professional skills related to dealing with a variety of stakeholders	
Desirable	
Experience using the Smartabase AMS platform	
Positive, flexible and optimistic approach	
Ability to contribute to the development of the VIS high performance culture and environment	

CORE COMPETENCIES

No	Competence	Description
1.	Innovation	Continually employs originality and inventiveness to generate new ideas, alternatives, processes and solutions; always challenges the status quo
2.	Learning	Always willing to look for and participate in learning opportunities; extremely curious to broaden and enrich skills and field of expertise
3.	Initiative	Enthusiastic and energetic self-starter; seeks greater responsibilities; originates actions rather than responding to events
4.	Interaction	Demonstrates exceptional ability to achieve results through effectively working with others; always sensitive and responsive to the needs and views of others; excellent at establishing goodwill and win-win relations
5.	Flexibility	Complete understanding of how to manage change and help others through the transition; adapts personal style to the individual and the demands of the situation
6.	Job Skill/ Knowledge	Always displays a complete and extremely high level of knowledge and skills specific to all areas of responsibility and tasks of their position

7.	Communication	Extremely efficient in the clear expression of both written and verbal communication; always able to structure ideas in an articulate manner and adapt the message to the audience; ensures that the message is understood
8.	Ethics	Always treats superiors, athletes and colleagues with honesty, respect and fairness; makes decisions within an ethical context; always protects values, confidentiality and organisational information where appropriate
9.	Time Management	Extremely good at prioritising time and resources in maximising effectiveness; constantly looking for indications that resources and time are not being used to best advantage; deadlines are always met
10.	Athlete Welfare	Demonstrates a sincere commitment to meeting relevant athlete needs; intrinsic desire to help others; ensures problems are solved as soon as possible
11.	Attention to Detail	Can always be relied upon to produce completely accurate data and documentation; attention to detail is never compromised
12.	Collaboration	Has a complete understanding of their role within their own and associated organisations; effectively collaborates within and outside the organisation to achieve common goals
13.	Reflection	Demonstrates the ability to reflect on a body of work carried out as well as the athlete's progress or lack thereof
14.	Teamwork	Displays a willingness to work with others towards a common goal; highly motivated to achieve the objectives of the team; builds team spirit and motivates the team