VICTORIAN INSTITUTE OF SPORT COMMUNITY PROGRAMS - PRICING



PROGRAM	VIC GOV SCHOOL	NON VIC GOV SCHOOL / OTHER ORGANISATION	DURATION	LOCATION	LINK TO MORE INFO
BE FIT. BE WELL	FREE		1 hour	At school or event	<u>Learn more</u>
BE FIT. BE WELL - PLAY ON	1 free booking per year, additional bookings \$250.		1 hour	At school or event	Watch a VIS athlete's Be Fit. Be Well visit
ATHLETE EXPERT SPEAKER	Fees determined by client. Please submit your budget when booking online.		Client preference	Client preference	<u>Learn more</u>
VIS TOURS	Groups up to 20 students \$500 (+GST) Groups 21 - 40 students \$700 (+GST) Groups 41 - 60 students \$920 (+GST) Discounts available for multiple bookings.		2 hours Includes a presentation and facility tour with a VIS athlete	VIS HQ at Albert Park	<u>Learn more</u>
VIS ADVANCEMENT SERIES					
SPORT SCIENCE ADVANCEMENT	FREE Secondary only		1.5 hours Includes an education session and facility tour with a VIS Performance Scientist	VIS HQ at Albert Park	<u>Learn more</u> <u>Download Sport Science</u> <u>Advancement info sheet</u>
PERFORMANCE NUTRITION ADVANCEMENT (Y7 - 10)	FREE		4 hours Includes an education session with a VIS Sports Dietitian / Doctor, plus a VIS Tour with a VIS athlete.	VIS HQ at Albert Park	<u>Learn more</u> <u>Download Nutrition Advancement</u> <u>info sheet</u>
SPORT NUTRITION & SPORTS MEDICINE ADVANCEMENT (VCE, UNITS 1-4)	Secondary only			VIS HQ at Albert Park	