

**30TH YEAR ANNIVERSARY** VICTORIAN INSTITUTE OF SPORT

# THANK YOU & CONGRATULATIONS

From a fledgling organisation in 1990 to one that has gained great respect nationally and internationally through the achievement of our athletes and contribution of our high performance experts, we are delighted to acknowledge our 30 years of history.

partners.

Congratulations and thank you to each and every one of you for your contribution to our wonderful organisation.

Sincerely,

(1990-01) **VIS CHAIRS** 

As past and present Chairs of the Board of the Victorian Institute of Sport we are proud to celebrate not only the wonderful achievement of our Olympic and Paralympic athletes from the Tokyo Games', but each and every athlete and person who has contributed to Victorian and Australian high performance sport. From our very first World Champions, the Oarsome Foursome in 1990 to an emerging athlete who is commencing their journey supported by our State and National Sporting Organisation

Over the past 30 years, the VIS has led the way by being the first to support athletes with a disability (now known as Parasport), developing programs around our motto of "success in sport and life" ensuring athletes had a career and education plan (Performance Lifestyle) and encouraging athletes as role models through our sports persons in schools program (Be Fit. Be Well).

Nataly Matijevic (VIS Chair 2017-Current), Nicole Livingstone OAM (2016-17), Kate Palmer AM (2010-16), Steve Moneghettit AM (2001-10) and Graham Duff AM (Decd)

# **OUR PARTNERS**



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0 2XU RISING STAR AWARD PARA ATHLETE AWARD VIS COACH AWARD WINNERS // VIS ALUMNI **OUA PERFORMANCE LIFESTYLE AWARD** 16. AWARD OF EXCELLENCE FINALISTS AWARD OF EXCELLENCE WINNER

- SARAH TAIT SPIRIT AWARD



The 2XU Rising Star Award is presented to an athlete who is eligible to compete in their sport's 'age grade' categories (maximum age U/23) who has achieved outstanding sporting results during the year, complemented by demonstrable success in other areas of their life.

> **Brendon Smith** Swimming

Col Pearse Para-Swimming

Isis Holt Para-Athletics

**Jaryd Clifford** Para-Athletics

This award is proudly presented by our partner, 2XU.







#### **JARYD CLIFFORD | PARA-ATHLETICS**

Legally blind, the 22-year-old produced one of the most courageous campaigns of distance running by a Paralympian in Tokyo, winning a medal in each of his three events; silver in both the Marathon and the 5000m, and a bronze in the 1500m. At the time his devastation was palpable- gold eluded him- but he has since realised that disappointment and immense pride can coexist.

Away from the track, Jaryd is studying a Bachelor of Law & Justice at the University of Melbourne and is a passionate advocate of the Paralympic movement.

## **JARYD CLIFFORD**

Jaryd Clifford is the recipient of the 2XU Rising Star Award after a tremendous few years on the track.

#### GOLD

2019 World Championships 1500m T13- World Record

2019 World Championships 5000m T13

2021 Canberra Track Classic 1500m T12- World Record

2021 Tokyo Qualifying Race Marathon T12- World Record

SILVER 2020 Tokyo Paralympics 5000m T13

2020 Tokyo Paralympics Marathon T12

#### BRONZE

2020 Tokyo Paralympics 1500m T13



The Para Athlete Award is presented to the Para athlete who has achieved outstanding sporting results during the year, complemented by demonstrable success in other areas of their life.

> **Dylan Alcott AO** Wheelchair Tennis

**Emily Petricola OAM** Para-Cycling

> Lina Lei OAM Para-Table Tennis

**Qian Yang OAM** Para-Table Tennis

# WINNER:



#### **DYLAN ALCOTT AO I WHEELCHAIR TENNIS**

The winner of the Para Athlete Award is long term VIS scholarship holder Dylan Alcott AO.

Alcott declared 2021 was going to be his fourth and final Paralympic appearance, finishing his Paralympic campaigns with four gold and two silver medals from his tennis and basketball competitions. He successfully defended his wheelchair Quad Paralympics singles gold medal in Tokyo and won silver with Quad Doubles partner and fellow VIS scholarship holder, Heath Davidson.

The wheelchair tennis ace and well-recognised disability advocate, also became the first man in any form of tennis to win a Golden Slam – all four major titles and a Paralympic gold medal in the same calendar year.

## **DYLAN ALCOTT AO**

#### GOLD

2020 Australian Open-Singles & Doubles

2020 Roland Garros-Singles

2021 Australian Open-Singles & Doubles

2021 Roland Garros-Singles

2021 Wimbledon-Singles

Tokyo Paralympics- Singles

2021 US Open Singles - Golden Slam

SILVER 2020 US Open-Singles

Tokyo Paralympics- Doubles

2021 US Open- Doubles

# COACH AWARD

The Coach Awards are presented to the most deserving athlete in each of the VIS' sporting programs within the calendar year. This year will be the second time that athletes from the Individual Scholarship Program and the Future Talent Program will receive a Coach Award.

> Laura Peel Aerial Skiing Program

Nicholas Hum Athletics Program

Emily Petricola OAM Cycling Program

> Nina Phan Diving Program

Aiden Didone Golf Program

Josh Simmonds Hockey - Men's Program

Aisling Utri Hockey - Women's Program Taylah Brown Netball Program

Alexandra Viney Rowing Program

Tess Lloyd Sailing Program

Col Pearse Swimming Program

Penny Smith Shooting Program

Shae Graham Individual Scholarship Program

> Kipp Smith Future Talent Program

# JOIN OUR Inni

Continuing the athletic journey of "Success in Sport and Life", the VIS Alumni will aim to engage our former athlete and staff community. We will connect and support each other, and to pay it forward - guided by our VIS values of Excellence, Courage, Community, Simplicity, Success and Passion.





# **OPEN UNIVERSITIES AUSTRALIA PERFORMANCE LIFESTYLE**

Awarded to the athlete who has achieved personal excellence in their studies, career ambitions, and/or work setting whilst pursuing their dual sporting career.

This award epitomises the VIS motto of 'Success in Sport and Life'.

Elena Galiabovitch Shooting

**Gabrielle Coffey** Netball

**Nicholas Hum** Para-Athletics

This award is proudly presented by our partner, Open Universities Australia (OUA)







#### **ELENA GALIABOVITCH I SHOOTING**

Dr Elena Galiabovitch has been awarded the Open Universities Australia (OUA) Performance Lifestyle Award for achieving success in her working life and with her sporting ambitions. Galiabovitch epitomises the VIS' motto of 'Success in Sport and Life.'

For the past 2 years Elena has been working on two frontlines. Dr Galiabovitch has been busy working on Melbourne's medical front line, caring for some of the most seriously ill COVID-19 patients. While as an elite athlete living in Victoria's extended lockdowns, she was forced to adapt, and then re-adapt her training remotely, shooting via a simulator.

### **ELENA GALIABOVITCH**

Despite the long training hours and unpredictable workload, Elena was rewarded with her second Olympic berth in Tokyo, where she competed in the women's 10m Air Pistol and the 25m Pistol events.

She was also recognised for her frontline efforts, chosen by the International Olympic Committee (IOC) to carry the Olympic flag at the Opening Ceremony - an honour she describes as the "greatest in her sporting career."



The Sarah Tait Spirit Award recognises the athlete who most encompasses the spirit of the VIS. This athlete has demonstrated courage, commitment and persistence to achieve their sporting goals, whilst showing the ability to inspire and bring out the best in others, engage with and bring pride to their community.

> **Anabelle Smith** Diving

Elizabeth (Lizzy) Watson Netball

> **Rachael Lynch** Hockey





#### **ANABELLE SMITH I DIVING**

is an inspiration in life as well as diving and is the recipient of the very special Sarah Tait Spirit Award.

The triple Olympian is one of the most giving athletes within the Australian sporting community and will always put her hand up to give back to her sport and the community in general to inspire the next generation of athletes and leaders.

Hidden beneath her bright, bubbly and unassuming demeanour, Smith is an extremely tough, gritty and resilient athlete. To be able to handle everything

## **ANABELLE SMITH**



Like the Award's namesake, Anabelle Smith

that has been thrown her way in the last two years, from cancelled events to several interstate relocations, has been nothing short of remarkable, and she always continues to do so with a positive mindset on life.

Smith throughout her career has been involved in various committees shaping Australian elite sport alongside public speaking initiatives and ambassadorial roles with various charities and companies.

In addition, Smith has also managed to complete a Bachelor of Exercise and Sport Science at ACU and has coached at various schools across Melbourne over the last ten vears.



# AWARD OF EXCELLENCE

The Award of Excellence (AOE) is the Pinnacle of VIS Awards and is awarded to the athlete who has achieved outstanding sporting results at major events during the year, while contributing to the promotion and development of their sport and/or making a significant contribution to society beyond pure sporting performance.











### **JOINT WINNER: DYLAN ALCOTT AO**



#### **DYLAN ALCOTT AO I WHEELCHAIR TENNIS**

For the third time in our 31-year history we have joint winners of the coveted Award of Excellence, with Tokyo gold medallists Dylan Alcott AO and rowers Lucy Stephan OAM, Jessica Morrison OAM and Rosie Popa OAM

Long term VIS scholarship holder Alcott declared 2021 was going to be his fourth and final Paralympic appearance, finishing his Paralympic campaigns with four gold and two silver medals from his tennis and basketball competitions. He successfully defended his wheelchair Quad Paralympics singles gold medal in Tokyo and won silver with Quad Doubles partner and fellow VIS scholarship holder, Heath Davidson.

The wheelchair tennis ace and well-recognised disability advocate, also became the first man in any form of tennis to win a Golden Slam – all four major titles and a Paralympic gold medal in the same calendar year.

Alcott is the sixth VIS athlete to be named Award of Excellence winner for a second time, having also won in 2015. Alcott was also awarded the VIS' Para Athlete Award for 2021.

#### GOLD

2020 Australian Open-Singles & Doubles

2020 Roland Garros-Singles

2021 Australian Open- Singles & Doubles

2021 Roland Garros-Singles

2021 Wimbledon-Singles

Tokyo Paralympics- Singles

2021 US Open Singles - Golden Slam

SILVER 2020 US Open-Singles

Tokyo Paralympics- Doubles

2021 US Open- Doubles

### **JOINT WINNER: WOMEN'S FOUR**



#### LUCY STEPHAN OAM, JESSICA MORRISON OAM & ROSIE **POPA OAM I ROWING**

Victorian Institute of Sport scholarship holders Lucy Stephan OAM, Jessica Morrison OAM and Rosie Popa OAM were three of the four members that won gold in the Women's Coxless Four event at the Tokyo Olympic Games. As a result of their incredible feat, they've been acknowledged as joint winners of the 2021 Award of Excellence.

The 2020 Games saw the return of the Women's Four event to the Olympic rowing program after a 30-year absence. Australia topped the podium after narrowly holding off the Netherlands by less than half a second to win gold with a time of 6:15.37 - an Olympic record - while Ireland came third.

Stephan and Morrison were both part of the Women's Eight crew who received a late call up for the 2016 Rio Olympics, and have since used their experiences to help lead the Australian rowing team. Popa complimented the team nicely, making her Olympic debut at Tokyo, after a stress fracture prevented her from being selected for Rio.

#### GOLD

2020 Tokyo Olympic Games Women's Four

Myrell



#### The Official 2021 Award of Excellence Event Program

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